



# VISION BOARD BRAINSTORMING

What type of person do you want to live into in the New Year? \_\_\_\_\_

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What do you look like? Act? Feel? Live? Taste? \_\_\_\_\_

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What do your days look like? \_\_\_\_\_

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What do you want to welcome in more of into your life? \_\_\_\_\_

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What simple (or grand!) pleasures bring you joy? \_\_\_\_\_

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What have you always wanted to do, be, or have that you've never started or finished? \_\_\_\_\_

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What words, phrases, visuals embody the life you want to live into? \_\_\_\_\_

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WHAT ARE 1-2 GOALS YOU HAVE FOR EACH OF THESE KEY AREAS:

BUSINESS/CAREER

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HEALTH

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FAMILY

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RELATIONSHIPS

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LOVE & MARRIAGE

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CREATIVITY, SKILLS & SELF-DEVELOPMENT

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TRAVEL

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WEALTH

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#### PLACES TO GO

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#### VERY IMPORTANT PEOPLE

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#### PHRASES

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#### FAVORITE QUOTES

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#### WORD OF THE YEAR

Abundance  
Achievement  
Action  
Adventure  
Affection  
Ambition  
Available  
Balance  
Beauty  
Belonging  
Bliss  
Bold  
Brave  
Calm  
Capable  
Careful

Challenge  
Clarity  
Confidence  
Conviction  
Crafty  
Creative  
Daring  
Delight  
Devout  
Diligence  
Diversity  
Dreaming  
Drive  
Eager  
Education  
Effective  
Elegance

Expertise  
Exploration  
Fair  
Faith  
Family  
Focus  
Freedom  
Friendly  
Fun  
Generous  
Grace  
Grateful  
Happy  
Harmony  
Healthy  
Hopeful  
Humble

Imagination  
Independent  
Integrity  
Intimate  
Investing  
Justice  
Kindness  
Knowledge  
Love  
Loyalty  
Mindful  
Modest  
Noble  
Open-minded  
Optimistic  
Original  
Passion

Perfection  
Perserverance  
Pleasant  
Pleasure  
Power  
Prepared  
Proactive  
Productive  
Quiet  
Relax  
Resourceful  
Respect  
Rest  
Selfless  
Service  
Sharing  
Significance

Simple  
Skillful  
Spiritual  
Stable  
Strength  
Structure  
Success  
Support  
Sympathy  
Traditional  
Tranquil  
Trustworthy  
Truth  
Vision  
Warmth  
Wealth  
Wisdom  
Wonderful



(MY WORD OF THE YEAR)

