**SWELLING**

**MOISTURE**

**AVOID**

**UNTIL HEALED**

**TAKE NOTICE**

**\*\*\*\*\*\*Any Concerns or Questions Call A Nu Yu 203-453-1112 or text 203-415-6047 ASAP**

•Avoid Eye makeup, Retin-A & glycolic acids on pigmented areas while healing.

•Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas.

•Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers.

•Avoid extreme perspiration for the first week to prevent possible infection or pigmentation loss.

•If slight crust appears on pigmented area, do not force removal by picking, scratching. Procedures are not considered healed until all crusting has exfoliated.

•Don’t be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.

•Don’t be alarmed by fading after first application. Final color can’t be judged until 2 weeks post procedure.

**•Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.**

•Use a good sunscreen daily on eyebrows, once healed.

•If planning an MRI, some heat or tingling on tattoo site may occur during MRI, this sensation will dissipate after MRI .

•If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black

**A Nu Yu Studio Post Care** **Recommendations**

1100 Boston Post Road, Guilford, CT 06437

[www.A-Nu-Yu.com](http://www.A-Nu-Yu.com)

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**Eyebrows**

**and/or**

**Camouflage**

•Slight redness, minimal swelling, this will regulate within 24 hours.

•Within 1-4 hours after eyebrows use sterile guaze and distilled water to blot the eyebrows, (or pre packed cloths in kit) this is DAY OF ONLY, and will help brows heal with little to no exfoliation or scabbing.

•Keep area slightly moist using Q-tip with After Inked (white tube DAY) 2X daily for a minimum of 1 week or until healed.

•Apply After Ink

Black tube prior to water exposure and/or use plastic visor to shield brows during shower/bath for minimum of 5 days to 1 week or until healed.

•Avoid all vitamin C or AHA moisturizers around the brow while healing, Retin-A, soaps, facial cleansers, and water on pigmented area. Wash around eyebrow using a magic mitt or disposable facial cloths.

•Light redness is normal but if a red ring appears around the area, seek medical attention.

 **Lips**

•Moderate swelling. An ice compress can be applied for the first few hours and next morning.

•Be sure to apply Liprotek antiviral pre-medicated stick (for cold sore history only) followed by Vaseline

 Use only lip products provided in kit for two weeks.

• Keep lips moist using Vaseline for 14 days. .DO NOT PEEL EXFOLIATING SKIN OFF!

•Lips tend to fade 60% and color can hide for a 4 week period before resurfacing. This is referred to as the bloom of lip color.

•Very moist lipstick/lip gloss may be worn over a coat of Vaseline. Preferring for 1st week post treatment, use the lip stain in your after kit.

• Avoid soaps, facial cleansers, and water on pigmented area. Wash around lips.

•Extended wear lipsticks (only use from home kit)

•Teeth bleaching for a minimum of 3 weeks.

•For 2 weeks, just pat your lips lightly with a napkin while eating. •Drink through a straw- even hot coffee or tea for one week.

•If you have a history of sores or fever blisters on the lips, chin or nose**, you will require a prescription of 500 mg Valtrex.** Take 2X a day, 2 days **before** tattoo and 4 days **after** or as otherwise prescribed.

 **Eyeliner**

•Moderate to severe swelling, depending on how you respond to crying. If you swell after crying, expect some swelling following procedure, generally for the first few mornings.

•Use the Eye drops in aftercare kit the night of procedure to rinse each eye and remove any pigment collecting in tear duct with a Q-tip. Apply after ink black packet with Q-Tip, not fingers. Do this 2-3 times daily for one week.

•Sleep propped up or on your back to reduce swelling.

•A sealed ice bag can be lightly applied for the first 24 hours. DO NOT PRESS ICE PACK AGAINST EYES!

•Wash eyes the first morning following the procedure with mild soap and water. Rinse well and pat dry lightly.

•After which eye area should avoid contact with water for 5-7 days.

•. Apply AfterInk in black packet in your kit prior to water exposure or shower/bath and at least twice daily with q-tip or clean fingers.

•Avoid Mascara (use only the deluxe sample in kit after one week time).In addition, avoid eye cream, lash tinting, lash extensions and false lashes for 7-10 days after eyeliner procedure. **NO LATISSE THREE WEEKS PRIOR AND TWO WEEKS AFTER EYELINER PROCEDURE AND RETOUCHES.**

•Eyelid may have a slight pink or redness above eyeliner immediately following the procedure. This will dissipate with 24-48 hours. Usually occurs in very sensitive skin.

•EYEBALL SHOULD NOT BE RED! You must seek medical attention immediately if you see signs of bloodshot eyes or puss in the corners of your eye/eyes. This may be an infection. This is extremely rare, usually only occurring if you touch eyes with fingers without washing hands, or pet animals then touch eyes while they are healing, or if you are prone to conjunctivitis.