



MINNESOTA FLYERS

GYMNASTICS AND FITNESS



FEBRUARY 2026
NEWSLETTER

Calendar

February 7 Legacy Luau
Team Competition Levels 7-8 in Shakopee

February 12 Giving Hearts Day - see below!

February 12 2:00 - 3:55 pm: Early Out Open Gym

February 13-16 No school for some districts - Classes are in session

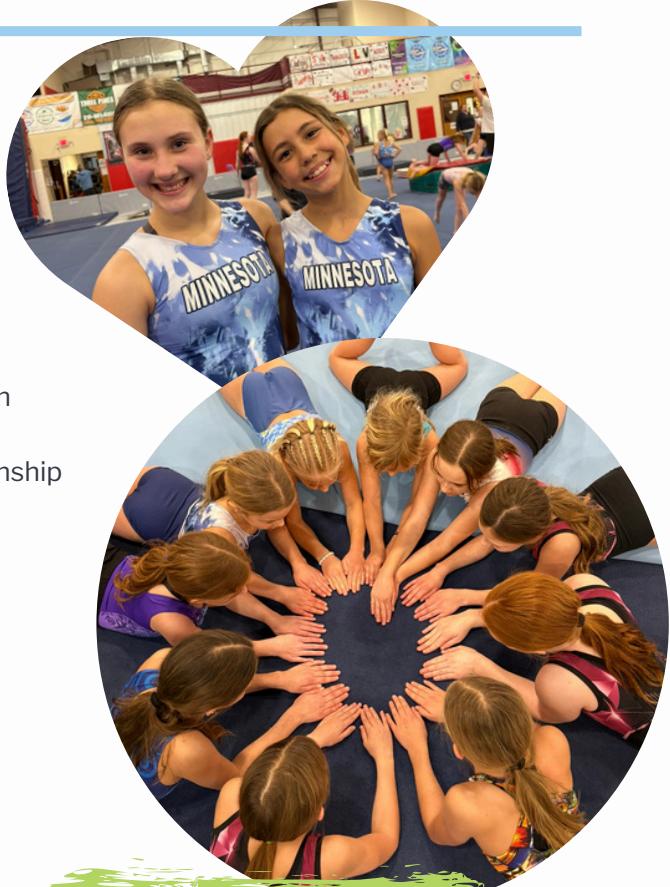
February 14 5:00 pm: Laker Gymnastics Host Section Championship
Detroit Lakes High School - come cheer on the Lakers!

February 16 Spring Session Registration Opens at 8:30 am

February 16 10 am - Noon: President's Day Open Gym

February 20 Winter Session Ends
Spring Session Begins March 16

Feb 28 Rising Stars Invitational
Team Competition Levels 6-9 in North St. Paul



Open Gym

Saturdays 10 am - Noon
(Closed Feb 14)

Giving Hearts Day



Thursday, February 12th is Giving Hearts Day. Each year we raise money to support our special needs program, FlyTime. FlyTime is free of charge to area schools and adult programs and is 100% funded by generous donors and grants. Our goal this year is to raise \$25,000!

We currently have over 130 athletes ranging in age from 5 to 63 in FlyTime this school year from 7 area schools and adult programs.

Give now through February 12th at www.givingheartsday.org and search for **Minnesota Flyers**. Gifts by check must be dated on or before February 12, 2026 and written to MFGF.





We hope you're excited to see the progress on the expansion! As construction continues, please be sure to check our social media pages and your email for any updates or changes that may affect your athlete.

Our capital project is nearly 75% funded. Can you help us reach the finish line? Visit our website or contact Leesa@mnflyersgym.org to find out how to give!



Spring Session Begins March 16th!



Staff Spotlight Coach Goldina

Coach Goldina is a team coach for our Level 3 & 4 gymnasts.

Outside of the gym, she likes to write and her favorite books are the Percy Jackson series.

Goldina loves the energy and positivity that MFGF brings out. She can tell the kids love gymnastics, and while they work hard, they also have fun! Her best MFGF moments are seeing kids learn a skill and the excitement that it brings!

Thank you, Coach Goldina, for sharing your love of gymnastics with the team!

FEBRUARY BIRTHDAYS!



Join us in wishing Happy Birthday to these students and staff!

Remi A	Presley H	Isaiah N
Walker B	Abe H	Matthew N
Octavia B	Kora H	Brock O
Morgan B	Brock H	Derek O
Creedyn B	Teddy H	Odelia P
Malachi B	Ellinor J	Stella R
Isaac B	Ivan J	Neelah S
Samuel B	Eden K	Maverick S
Lydia B	Charli L	Lili S
Colton C	Sandra L	Samantha S
Kallem C	Braizelyn L	Easton S
Simaryana C	Grace L	Elijah S
Felicity D	Alora L	Evelyn S
Trivan E	Penny M	Abrial T
Lexi F	Hayes M	Peyton T
Lincoln F	Lily M	Sebastian V
Tara G	Wynonna M	Branson W
Emmie G	Emily M	Betsy W
Arya H	Anja N	Elizabeth W
Nicky H	Klara N	Annie Y
Harper H		

STAFF BIRTHDAYS: Tyler

