

# Culinary Herb Guide

LAB

## Basil



**USES:**

Pesto, Caprese, Vinegars

**SUN:**

At least 6 hours

**DAYS TO GERMINATE:**

5-10

**GROWING:**

Cover seeds with 1/4-inch of soil and keep warm and moist.

## Thyme



**USES:**

Compliments most meats (chicken, beef, pork and game) and roasted vegetables

**SUN:**

At least 6 hours

**DAYS TO GERMINATE:**

10-15

**GROWING:**

Sprinkle a pinch of the small seeds on the soil surface and mist lightly, takes a long while to sprout, mist frequently.

## Oregano



**USES:**

Compliments Greek and Italian food: stews, grilled meats, pizza, salads, soups

**SUN:**

At least 6 hours

**DAYS TO GERMINATE:**

7-14

**GROWING:**

Sprinkle a pinch of the small seeds on the soil surface and mist lightly, mist frequently.

## Sage



**USES:**

Compliments sausage, stuffing, pork, poultry, vegetables

**SUN:**

At least 6 hours

**DAYS TO GERMINATE:**

10-20

**GROWING:**

Sage prefers well-drained, sandy or loamy soil, water young plants regularly until they are fully-grown.

## Chives



**USES:**

Potatoes, omelettes, pasta, soup, salad, chicken, spreads

**SUN:**

4-6 hours

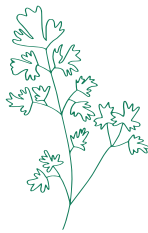
**DAYS TO GERMINATE:**

10-20

**GROWING:**

Chives grow best in rich, well-drained soil, work in a slow-release fertilizer into the soil before planting, water frequently when plants are young.

## Parsley



**USES:**

Compliments meats, salads, soups and roasts

**SUN:**

At least 6 hours

**DAYS TO GERMINATE:**

14-28

**GROWING:**

Soak seeds in warm water for up to 24-hours before planting, cover seeds with 1/8-inch of soil and keep moist, do not let the plants dry out completely.

## Cilantro



**USES:**

Compliments Mexican, Asian and Indian foods: curries, soups and stews

**SUN:**

At least 6 hours

**DAYS TO GERMINATE:**

10-15

**GROWING:**

Doesn't respond well to transplanting and root disturbance - use soil blocks to direct sow seeds outdoors 2 weeks before average last frost date, cover seeds with 1/2-inch of soil, keep moist.

## Rosemary



**USES:**

Compliments most meats, potatoes, vegetables, salad dressing, bread

**SUN:**

At least 6 hours

**DAYS TO GERMINATE:**

14-28

**GROWING:**

Cover seeds with dusting of soil, mist seeds frequently, cover with plastic wrap, remove plastic wrap when they sprout.