

# IDENTITY MISSION VOLUNTEER HANDBOOK

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# **SECTION I: INTRODUCTION**

Welcome to the Identity Mission Volunteer Handbook. We are so excited about your interest in volunteering with us and serving with Identity Mission; partnering with us in our efforts to impact at-risk children and families throughout Honduras! We have opportunities for you to join our team in such a way that will allow you to use your unique giftings, learn the ins and outs of orphan care ministry, and develop an understanding of best practices on the mission field! In this handbook, you will find the basic information needed to decide if serving with us is the correct decision for you and if so, then assist you in making your plans for volunteering! Identity Mission has two separate volunteer opportunities throughout the year: summer volunteers and individual long-term volunteers. We will describe each in detail throughout the handbook, so you can easily decide in what aspect you will begin your volunteer journey with Identity Mission.

### **OUR HISTORY**

When I personally began working in Honduras in 2004, it was the second poorest country in Latin America. During my first year of mission work, I discovered a destitute orphanage on the island of Roatan, Honduras, and due to the poverty level, it wasn't surprising that the local church that was operating the orphanage desperately needed a helping hand. It was quite a surprise though to find just one town over a children's home that was running in excellence with so much support that they gave supplies out of their closets to the local schools. It was through volunteering in both of these strikingly different orphanages that I discovered my life's purpose: to work on behalf of the orphan cause. For the eight years that followed, our family lived the majority of our time in Honduras and strove to walk alongside orphanages; equipping, networking, and empowering them to provide an atmosphere of excellence.

It was during these years that my husband, Jorge Garcia, and I began to assist in one of Honduras' government-run orphanages. There we witnessed unfathomable horrors, but it was our work in that public orphanage that led to a very organic foster care program. And in 2014, we awoke to a call even dearer to God's heart than serving vulnerable children in orphanages; it was to see orphans, the lonely, placed into families. So, in 2015, we launched Identity Mission and thus began one of the first formal foster care programs in Honduras. Now, partnered with other NGOs, the local church, and DINAF (Honduras' welfare system), we are determined to see the majority of Honduras' children placed into biological, foster, or adoptive families instead of into orphanages. It is a great feat, and we couldn't be more thrilled to have the privilege to be a part of such a task, fully knowing Jesus already completed the work at the cross. We are simply walking it out to fruition.

Tara Boshart Garcia Co-founder/CEO

#### **OUR MISSION**

Identity Mission supports vulnerable children by providing family-based care solutions alongside the local church.

#### **OUR VISION**

To see a nation where every child has the opportunity to develop their identity in Christ within a loving family.

# **SECTION II: SUMMER VOLUNTEERS**

The summer volunteer program is a two month program that is designed for anyone over the age of eighteen. This program provides a community environment with other volunteers while allowing for chances to learn about all of Identity Mission's programs, the importance of family based care, Honduran culture, and Spanish. This program is designed for college-aged adults who are excited about continuing to grow in their knowledge of Honduras, orphan care, and are interested in making a long-term impact through the work of Identity Mission.

### A. SCHEDULE

A typical day will start with a group devotional time at 8:30 am, at 9:00 am the volunteer team will begin the activity or work project of the day. The normal week schedule will also consist of approximately 2-3 days of 3 hours of Spanish language classes. The expected end time each day will be around 4-5pm.

Every week there will be a community night where we will invite Identity Mission staff, or local Honduran friends to join in a night of games, movies, eating, or other group activities. Throughout your time in Honduras, you will have the opportunity to network with many people serving in Honduras; as well as, many Hondurans that you will have the chance to serve alongside of. Community nights are open to these friendships as well! The community nights will give you the opportunity to grow in these friendships, learn more about and from them, and have fun.

The volunteer team will also get to experience Honduran church culture together and weekly attend a worship service. In addition to this, we strongly encourage that each volunteer makes their personal devotional time a daily priority throughout the span of their time volunteering. We believe that taking time to think and process the cultural, personal, and spiritual lessons throughout your time serving is very important.

#### **MISSION TEAMS**

During the summer, Identity Mission has the honor of hosting different mission teams from the USA. The Volunteer Coordinator will look over the team's agenda ahead of time and decide when the summer volunteers will join them for specific activities. In general, the summer volunteer program will continue on in the normal schedule, but during the weeks that Identity Mission is hosting a mission team, additional activities may be added as determined to be beneficial for both the volunteers and mission team alike.

#### **B. TEAM EXCURSION DAYS**

At Identity Mission, we like to prioritize fun! Each month, there will be one team excursion day. Honduras is a beautiful country with so much to experience, we want to make sure that you are not only exposed to the work that is going on here, but also that you are able to experience the beauty and excitement of Honduras and contribute to supporting their tourist industry! When planning your trip with the Volunteer Coordinator, you will talk about what excursions will be available for you

and create an expected budget for those activities since excursions are an additional cost to the base cost of volunteering!

# C. EDUCATION I ANGUAGE

During your time here we want you to learn as much as you can about the importance of family-based care, the Honduran culture, and the Spanish language. Part of the programing of your time here includes spanish classes 2 or 3 times a week for 3 hours.

The cost of group classes are included in the summer volunteer cost, if you are interested in taking individual classes please inform the Volunteer Coordinator during your pre-trip conversations, as individual classes come with an extra fee. Learning how to speak the language is very important and will aid you in being able to communicate with those you will be serving and serving with. Spanish classes will come with the commitment of attending the class as well as time commitment of completing homework. The weekly schedule will be mindful of this and will provide time available for completing homework and studying Spanish.

#### FAMILY-BASED CARE

Throughout your time here you will expand your knowledge of the importance of family-based care through experiences, a family-based care essentials course, and conversations with different Identity Mission staff.

#### HONDURAN CUI TURF

We believe it's really important to further learn the Honduran culture. Therefore there will be scheduled cultural classes, in addition to the exposure you will have through your work. Learning more about the Honduran culture will equip you to better serve alongside Hondurans in their communities.

### D. HOUSING

All of the summer volunteers will stay in the same house with a house director. The house director has applied and been selected by the volunteer coordinator to lead the house in devotions, meal planning, and to cultivate the feeling of community amongst the volunteers. Our goal and expectation is that as a group of volunteers you will bond and serve together as a family in Christ.

# E. FOOD

Each week, the volunteer coordinator will give you your food allowance and as a group you will meal plan and cook for yourselves in the house. Your food allowance is included in the price of your volunteering. You will have the freedom to experience Honduras' typical food plates and have opportunities to learn how to cook alongside of Hondurans!

# F. FINANCES INCLUDED COSTS

The cost for the summer program is \$1200. This includes your lodging, food, group Spanish classes, work related transportation, project expenses, bank fees, and an

administration fee for thee two months. During your planning meetings with the volunteer coordinator you will discuss options for fundraising. All money being fundraised using Identity Mission bank needs to include a note with your name on it and all of your money needs to have arrived to Identity Mission at least a month before your arrival date.

# EXTRA COSTS / SUGGESTED SPENDING AMOUNTS

For any addition tourist outings or extra activities you will need to bring extra, personal money. This includes eating out, excursions, going to the movies, coffee shops, buying gifts, etc. The amount that you bring really depends on how many extra activities you want to do. We suggest at least \$50-\$100 extra per month.

### **SECTION III: LONG TERM VOLUNTEERS**

We understand that often the summer months may not be ideal for schedules, so we make internships available throughout the year and more custom to the area of study or line of work that you are in. When you come outside of the scheduled summer volunteer times you take on the role of being an assistant to the Identity Mission team. Your tasks and responsibilities can change depending on what time of year you come, based on the needs of Identity Mission, and based on your skill set. Below you will see a list of internship options. As a part of each internship we incorporate cultural classes, Spanish classes, teach you about each program, and family-based care essentials.

#### A. SCHEDULE

As a long-term volunteer your work day will start around 8:30 am and will end around 4:30pm.

During your time here we want you to learn as much as you can about the importance of family-based care, the Honduran culture, and the Spanish language. Every week you will be given tasks that best suit your skills as well as being willing to serve where needed to help further the work Identity Mission is doing. During your time in Honduras we encourage you to invest fully, create new friendships, find a Church, be all in! This will lead to plans and outings, just be sure to let the Volunteer Coordinator know!

# **B. PRACTICAL WORK EXAMPLES**

Below are some possible areas of work, you will most likely be involved in all. If there is one area that you would prefer please let the Volunteer Coordinator know and they will do their best to focus on that area. Although we ask that you come willing to serve in whatever manner is most needed during your time.

ADMINISTRATION: Aid the administration team in maintaining a smooth running office through organizations, filing, printing, etc.

PROJECTS: Help the Project Director advance in whatever projects are the priority during your trip.

SOCIAL MEDIA, PHOTOS, AND VIDEOS: Use your creative skills to work alongside the Identity Mission Staff in creating videos and posts to help expand the Identity Mission network.

EVENTS: Identity hosts camps, trainings, an orphan care conference, and other events throughout the year. Use your skills to help the Identity team host these events with excellence.

# C. EDUCATION LANGUAGE

Part of the programming of your time here includes full time Spanish classes. Learning how to speak the language is very important and will aid you in being able to communicate with those you will be serving and serving with. Spanish classes will come with the commitment of attending the class as well as time commitment of completing homework. The volunteer hours will be mindful of this and will provide time for completing homework and studying Spanish. While you are planning your trip with the Volunteer Coordinator you will be given the contact to the Spanish School. You can contact them directly to schedule your classes. You can choose three or four hours of daily classes and request that they be in the morning. Spanish classes are not included in your volunteer budget so you will need to raise the extra money and pay the school directly.

#### **FAMILY-BASED CARE**

Throughout your time here you will expand your knowledge of the importance of family-based care through experiences, a family-based care essentials course, and conversations or job shadowing with different Identity Mission staff.

#### HONDURAN CULTURE

We believe it's really important to further learn the Honduran culture. Therefore there will be scheduled cultural classes, in addition to the exposure you will have through your work. Learning more about the Honduran culture will equip you to better serve alongside Hondurans in their communities.

#### D. HOUSING

General volunteers have two different housing options. They may stay in the Identity Mission volunteer house or they may stay in an immersion housing option provided by the Spanish School. During your pre-trip conversations with the Volunteer Coordinator you will discuss which option is best for you.

#### F. FOOD

Each week, the volunteer coordinator will give you your food allowance, you will meal plan and cook for yourself in the house. Your food allowance is included in the price of your volunteering. You will have the freedom to experience Honduras' typical food plates and have opportunities to learn how to cook alongside of Hondurans!

F. FINANCES INCLUDED COSTS

The cost per month for the general volunteer program depends on which housing option you choose. If you choose to stay in the volunteer house the price per month is \$500. This includes lodging, food, work related transportation, project expenses, bank fees, and an administration fee. If you choose to stay in an immersion house through Spanish School the Volunteer Coordinator will give you a new budget as you will pay for your lodging and food through the Spanish School.

# EXTRA COSTS / SUGGESTED SPENDING AMOUNTS

For tourist outings and extra activities you will need to bring extra money. This includes eating out, excursions, going to the movies, coffee shops, buying gifts, etc. The amount that you bring really depends on how many extra activities you want to do. We suggest at least \$50-\$100 extra spending dollars per month.

You will also need to bring extra money for your Spanish classes, as it is not included in your volunteer budget. During your conversations with the Spanish School it is your responsibility to ask how much you will need to pay them as well as the forms of payment they accept, as you will by paying them directly.

#### **SECTION IV: GENERAL VOLUNTEER INFORMATION**

#### A. TRAVEL INFORMATION

When picking the dates for flying in and out of the country be sure to confirm with the volunteer coordinator that those dates work before purchasing the tickets, as an Identity Mission staff member will pick you up and drop you off at the airport. We recommend flying into the San Pedro Sula Airport (airport code: SAP). Before landing in Honduras you will fill out a customs form, in the pre-trip conversations with the volunteer coordinator you will be given the address and phone number you'll need to fill it out.

# B. MANAGING MONEY PROGRAM COSTS

There are two different types of volunteer opportunities, each type has a different cost, which you can find in the appropriate section. The following money information applies for both programs.

#### SUGGESTED WAYS TO RAISE SUPPORT

We know that raising support can seem a bit overwhelming so we created a list of ideas. An important thing to remember is that when people give to you they are coming alongside and becoming a part of what God is going to do through you. The more in-person conversations the better!

- Dinner & Dessert nights-Nothing brings people together like food! Order or make some yummy dinner and desserts to share with friends, family, church members about Identity Mission and the work you will be doing to support our Foster Care Program, Family Preservation Program, and Church Partnerships.
- Support letters-Write a letter explaining how you will be serving and how they can support you. You can find sample support letters online!

#### OTHER FINANCIAL INFORMATION

- The monetary unit of Honduras is the Lempira. The exchange rate is constantly changing, but you can go to the following website to check the current exchange rate. https://www.baccredomatic.com/es-hn
- Visa and MasterCard are accepted in many stores and restaurants so please bring a credit card or cash for any personal purchases. Small fees for using cards apply, check with your card about any international fees specific to your card and be sure to let them know you will be using it outside of the US.
- There are ATM machines available at local banks that have a fee of around \$5 per transaction.
- Dollars are accepted in most locations, but if you are wanting to exchange money please speak with the Volunteer Coordinator on day one about all monies wanting to be exchanged.

# C. SAFETY AND SECURITY

Thankfully, no one has been seriously injured or been the victim of a crime during our trips. We don't want it to happen during your trip; so here are a few cautionary notes:

As in most places where there is a lot of poverty, there is a fair amount of petty street crime in Honduras. Siguatepeque, where you will spend the majority of your time is known for its reputation as a safe community, however a few precautions will avoid problems.

We choose our hotels and host homes with your security in mind.

#### Here are a few critical reminders:

- During orientation the volunteer coordinator will give you a list of places it is safe to go to by yourself, be sure to always let the volunteer coordinator know of your plans to go somewhere by yourself.
- Don't wear expensive jewelry, sunglasses, or watches.
- Passport/money belts that can be concealed under your clothing are recommended. Don't carry large amounts of cash or unnecessary credit cards. Don't flash large amounts of money in public.
- Take the usual precautions with purses and wallets that you would in any large city.
- Don't carry or have expensive cell phones out.

# D. HEALTH

- Occasionally in some foreign countries, as our country, your doctor may recommend flu, typhoid, malaria, yellow fever, or other preventive medicines.
   It is always best to confer with your doctor before leaving the country to verify any precautions you may need to take. You may also obtain current information for the country you are visiting at website for the Center for Disease Control at www.cdc.gov
- Some doctors will recommend taking antibiotics as a preventative measure against bacterial intestinal illness. We make no recommendations, but suggest you discuss it with your personal physician.

- It's typically hot. Drink plenty of purified/bottled water-more than you think you need. If you get thirsty, you're already dehydrated. Dehydration is the top health problem for most volunteers.
- Wash your hands frequently and/or make frequent use of hand sanitizers or antibacterial liquid. (Note: Try not to use these products while in the midst of children; it can make them feel "unclean".)
- There are doctors, hospitals, and pharmacies close to where you will be working and living in case there is a medical emergency.
- Our team will only take you to restaurants where the food is known to be safe to eat.
- Avoid food from street vendors.
- If you have any special dietary needs or health concerns, please inform us in advance, so we know how to best prepare for your time here.
- We don't provide overseas insurance, talk to your insurance company ahead of time about what options you have.

### E. RULES

# DO

- Be on time
- Remember that they are in "America" also. Do refer to yourself and fellow Team Members as "North Americans", "Gringos", or "people from the United States", rather than American.
- Try to use your knowledge of Spanish!
- Interact as much as possible with in-country Identity Mission staff and volunteers. Most of them will speak a few words of English. This is an important aspect of your experience.
- Be patient with one another and with our Central American counterparts.
- When distributing items or preparing activities for the children, do work through the in-country Identity Mission Volunteer Coordinator.
- Do offer your gifts, your talents, and your service-you are there to serve, not to take charge.
- Do be flexible. God has His own plans for this time and they may not mesh precisely with yours.
- Be eagerly available to work in anyway needed, your comfort zone will be challenged and that is ok!
- Things can change rapidly, so be ready to go where the Lord leads you.

#### DON'T

- Don't promise anything to any of the kids or staff. Refer all requests for money, gifts, sponsorship, or anything else to your Volunteer Coordinator.
- Don't wear flashy jewelry or expensive accessories.
- Don't discuss adoption or bringing a child home with you.
- Don't drink the water.
- Don't use ice in your drinks unless they've been made with purified water.

- Don't eat fresh vegetables or fruits unless your Coordinator says it's okay.
- Don't ever be alone with any of the children. Protect yourself and Identity Mission against any accusations.
- Don't give things to some children and not others.
- Don't spend time with only one volunteer or only one child.
- Don't drive any motor vehicles without permission from the Coordinator.

#### CODE OF CONDUCT

Our staff is committed to providing you with the leadership structure that will keep you safe and provide an environment of support. In order to keep this commitment, there are certain rules and limits that we have put in place for your benefit as well as to maintain our witness as followers of Christ.

# SOCIAL MEDIA POLICY

As most Hondurans are connected on social media now, it can serve as a valuable resource; however, we ask that all volunteers take these precautions, the same that we ask our staff to uphold. All Identity Mission volunteers will be expected to portray foster children, foster families, other families, and children we serve, and Identity Mission as a whole in a respectful, appropriate, and consensual manner. To best do this, we ask that:

- No photographs, videos, or sound recordings are allowed to be taken of children in distress.
- Children should always be adequately clothed (including no swimwear) for photographs. Any poses considered as sexually suggestive are not acceptable either.
- No names or other identifying information of a child can be used in any publication and sharing media.
- Volunteers cannot post or share pictures of foster children.
- Volunteers should not accept or request the friendship of a child who is a part of the Identity Mission community on their social networking pages.
- If your team is wondering if a person or family is ok to post on social media about, ask an Identity Mission staff member, and they will explain if is appropriate or not.

#### CHILD PROTECTION POLICY

To volunteer within compliance with best practices when serving with vulnerable children, we require that your team would be aware of and comply with the following:

Identity Mission supports and maintains a zero-tolerance policy against child abuse and neglect. It is against the law and is against Identity Mission policy for any staff, foster family, or volunteer to physically, sexually, or mentally abuse or neglect any child. All volunteers are responsible for reporting suspected or known abuse to the Identity Mission staff, who will be responsible for taking the appropriate action. Identity Mission volunteers will not transport any foster children without consent from the Identity Mission staff and are not allowed to transport a child one-on-one at any time.

All volunteers will refrain from any inappropriate conduct with children within our care including:

- No front or back hugs; only side hugs
- No wrestling
- No tickling
- No back rubs or massages
- Do not be in a closed room alone with a child. Always leave a door open and be visible.
- "Positive touch" is encouraged, but please always ensure a child feels safe and secure in your presence, leaving no room for questioning.

#### ATTITUDE

"Whatever you do, work at it with all your heart, as working for the Lord, not for human masters." Colossians 3:23

Your time serving with Identity Mission will go by quickly, commit to serving with your whole heart, to maintaining a positive attitude regardless of the circumstances, and looking for ways to go above and beyond!

Any and all concerns and discontent should be directed solely to the volunteer coordinator.

#### LIFESTYLE

While volunteering with Identity Mission, we ask that during your time here, that you would refrain from the following:

- No use of alcohol
- No possession or use of illegal drugs.
- No use of tobacco.
- No possession of weapons.
- No profanity.
- Identity Mission staff must know where you are at all times.
- Never leave your place of lodging or ministry site unless accompanied by or with authorized permission from your coordinator.
- All visitors and outings (touristic or otherwise) are subject to staff approval.
- Be on time.
- No romantic, dating relationships.
- No romantic physical contact including holding hands, lap sitting, or extended hugs.

#### **ROOM MANNERS**

- Under no circumstances should males be permitted in females' rooms or females in males' rooms.
- Bedrooms and common areas should be kept clean and orderly.
- In the Volunteer House, boys and girls must be out of common areas and in their respective rooms by 11pm every night. Time subject to change by the Volunteer Coordinator depending on the next days activities.

# DRESS CODE

We have a dress code so our team does not send signals contrary to our teaching or the local culture. We ask that you abide by these codes for time that you are serving with us!

#### GENERAL

- No camouflage clothing (Some local people are sensitive to this image)
- Don't take or wear a bandana, it often reflects gang relations.
- If you have facial piercings, please use miniscule jewelry while here, and expect to have to remove them depending on the area of service.
- Do not wear expensive or flashy jewelry.
- If you have tattoos, please be prepared with adequate clothing to cover them up depending on the area of service.

#### LADIES DRESS CODE

- Must dress modestly for local church.
- Long shorts are ok in most places, but there may be times when we request you wear jeans or pants.
- Mid-area (stomach) must be covered.
- No bikini bathing suits.
- No spaghetti strap shirts.
- Short shorts are not allowed.
- Casual clothing is appropriate for dinner, church, and free time
- Overall, dress in a mindful matter that does not bring extra attention to yourself.

# **GUYS DRESS CODE**

- No earrings on males
- No offensive writing on T-shirts.
- Shorts/casual slacks and t-shirts will be fine for working.
- Casual clothing is appropriate for dinner, church, and free time.

#### F. SHARING ABOUT IDENTITY MISSION

We encourage you to share about Identity Mission through speaking, writing, and social media posts. As you begin to share the word about what Identity Mission is and what we do as an organization, there are some guidelines to keep in mind. This will make sure everything that goes out represents the ministry and our purpose in the best possible light.

- A. MAKE SURE it is an article that share Identity Mission correctly: Your readers should be able to tell that Identity Mission is about supporting vulnerable children by providing family-based care solutions alongside the local church in every article. And that our focus is sharing Christ's love in everything we do! Using our mission statement is a helpful way to be sure you right in line with our mission!
- B. SPEAK POSITIVELY. Criticizing orphanages, families, or other organization you may get to know can be just as damaging for Identity Mission as for the person being criticized. I was always told, "The negative things I say about

someone else speaks more about me than the person I am criticizing." We want to develop trust in our readers and the people we work with. I KNOW there are things you see out there none of us would condone. However, it is important to try and not drag anyone or any culture through the mud. Highlight the positive things while asking for prayer for things you would like to see improve. If you are unsure about whether the content of a post is a good idea to post, take that as a yellow flag, and run it by an Identity Mission staff person.

- C. INSPIRE THEM TO GIVE TOWARDS IDENTITY Think of every publication as a way to inspire people to donate without even necessarily 'asking' for money, add links to Identity Mission's website periodically within your posts.
- D. PROOFREAD. Please do not submit an article without proofreading it yourself. I suggest writing it...proofing it...stepping away from it for a day or at least a couple of hours...then proofing it again...and just before you push send, read it one more time.
- E. APPROVAL. It is always important before publishing anything that will reach a large audience to make sure you have Identity Mission's approval. Some of our work can be extremely delicate, and sharing true life stories of individual children may actually put them at risk. To always be on the safe side, simply run the article, blog post or PowerPoint by the Coordinator before using it!
- F. USE PICTURES. Pictures often say much more than a story can if they are used correctly. When selecting/taking your pictures: make sure you have permission to post pictures of that child. It is permitted to post any identifying pictures or information of foster children. Ask yourself "Is there ANY way this picture can be misconstructed as inappropriate?" Placement of hands, the way grownups are looking at the child, how the child is clothed, etc. Sad, but these are things that can be damaging to a ministry if taken out of context or misused. Make sure to abide by Identity Mission's Social Media Policy.
- G. HONOR GOD. Everything we say or do needs to be honorable to God. ALWAYS step back and make sure your words ultimately honor God; after all anything Identity Mission does accomplish is simply because He is working through us!

Please keep all of these points in mind as well as after you return home. As you blog, post, and submit newsletter articles to Identity Mission it is highly important that you step back and make sure we have written in a way that our readers can understand God's goodness and grace, and the work He is doing through Identity Mission on the mission field!

#### G. CONTACT INFORMATION

For any questions about Identity Mission and our work, feel free to visit <a href="https://www.identitymission.org">www.identitymission.org</a>

For any specific questions about volunteering with Identity Mission contact admin@identitymission.org

# H. APPLICATION PROCESS

To volunteer with Identity Mission it is required that you first fill out a volunteer application and send it to the Volunteer Coordinator. Your application needs to be

sent and approved at least four months before your desired volunteer trip.

#### LIABILITY FORM & COMPLIANCE AGREEMENT

As a volunteer you are required to sign a liability form, releasing Identity Mission from any legal liability of your time in Honduras. You are also required to sign a compliance agreement. These forms will be sent before your departure, and you are required to submit them at least a month before traveling to Honduras.

#### BACKGROUND CHECK

Every volunteer is required to have a recent background check completed and submitted before traveling to Honduras. When working with vulnerable children, we are responsible for assuring that volunteers serving with the children are safe and are not causing any danger to them. Background checks are not included in the cost of the trip. During your pre-trip planning conversations with the Volunteer Coordinator you will be sent a link to an online background check. You are also required to submit the background check at least a month before your arrival to Honduras.