

The Registered Dietitian who also had weight loss surgery! Jamie lost 100+ lbs after Bariatric Surgery, and now she helps thousands of other women learn the habits necessary to maintain their weight loss too!



+66,000 = total followers

+46,500

Instagram **Followers**

+19,600

Tik Tok **Followers** +100,000

Monthly **Impressions**

+2,000

Likes average

+30,000

Weekly Reach

96% Women



Jamie Specializes In:

- Bariatric surgery advocacy
- Nutrition for weight loss
- Providing weight loss surgery lifestyle tips and tricks

\\\\\, I can't wait to hear from you!

@thesleeveddietitian

support@thesleeveddietitian.com

The T.R.I.B.E. Membership

About Jamie

Jamie is a registered dietitian, virtual nutrition coach, and influencer who has a significant presence in the bariatric community. Jamie is the owner of The Sleeved Dietitian, a brand that bridges the gap between bariatric professionals and patients. Jamie helps bariatric patients take the guidelines given to them by their surgeons and implement them in a sustainable way for long term results.





Brand Collaborations & Opportunities

As both a Registered Dietitian and a weight loss surgery patient herself, Jamie is a well known and respected influencer and advocate for the bariatric community.

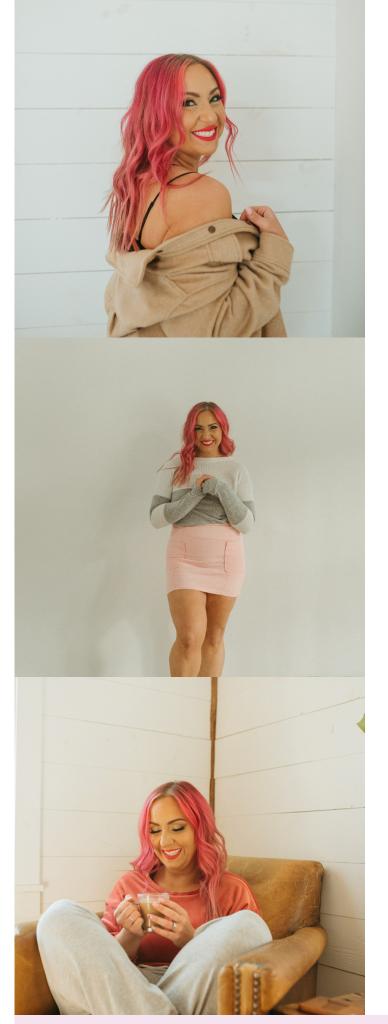
- Reels & Tik Tok Videos
- Podcast & Media Interviews
- Product reviews
- Social Media Content
- Public Speaking & Guest Appearances

The T.R.I.B.E

Click the link above to learn more!

Jamie is the Creator and Found of the T.R.I.B.E. Membership Program. The T.R.I.B.E. is a virtual community that brings womxn on their bariatric journeys together where they can find support and reliable, evidence based, guidance. The T.R.I.B.E. has supported +1000 womxn with an average retention rate of +8 months, which is nearly 3x greater than the average membership retention rate.





Services & Branded Content

PICTURE POST

\$650

Static post on Instagram feed with caption.

INSTAGRAM STORY

\$500

Instagram story promoting product or service. Available for 24 hours.

INSTAGRAM STORY ADD ON

+ \$250

Additional \$250 to save IG story to highlight reel. Available for minimum 90 days.

REEL/TIK TOK

\$550

Reel/Tik Tok video (posted to both feeds)

PRODUCT REVIEW

\$500

Product review (honest and transparent reviews/unboxings) on IG Story

CUSTOM PACKAGES UPON REQUEST



support@thesleeveddietitian.com