


Hello
I'm Jamie

The Registered Dietitian who also had weight loss surgery! Jamie lost 100+ lbs after Bariatric Surgery, and now she helps thousands of other women learn the habits necessary to maintain their weight loss too!



+66,000
total followers

+46,500
Instagram
Followers

+19,600
Tik Tok
Followers

+100,000
Monthly
Impressions

+2,000
Likes average

+30,000
Weekly
Reach

96%
Women



**I can't wait to
hear from you!**

- Jamie Specializes In:
- Bariatric surgery advocacy
 - Nutrition for weight loss
 - Providing weight loss surgery lifestyle tips and tricks

@thesleeveddietitian
support@thesleeveddietitian.com
The T.R.I.B.E. Membership

About Jamie

Jamie is a registered dietitian, virtual nutrition coach, and influencer who has a significant presence in the bariatric community. Jamie is the owner of The Sleeved Dietitian, a brand that bridges the gap between bariatric professionals and patients. Jamie helps bariatric patients take the guidelines given to them by their surgeons and implement them in a sustainable way for long term results.



Brand Collaborations & Opportunities

As both a Registered Dietitian and a weight loss surgery patient herself, Jamie is a well known and respected influencer and advocate for the bariatric community.

- Reels & Tik Tok Videos
- Podcast & Media Interviews
- Product reviews
- Social Media Content
- Public Speaking & Guest Appearances

The T.R.I.B.E

Click the link above to learn more!

Jamie is the Creator and Found of the T.R.I.B.E. Membership Program. The T.R.I.B.E. is a virtual community that brings womxn on their bariatric journeys together where they can find support and reliable, evidence based, guidance. The T.R.I.B.E. has supported +1000 womxn with an average retention rate of +8 months, which is nearly 3x greater than the average membership retention rate.





Services & Branded Content

PICTURE POST **\$650**

Static post on Instagram feed with caption.

INSTAGRAM STORY **\$500**

Instagram story promoting product or service. Available for 24 hours.

INSTAGRAM STORY ADD ON

+ \$250

Additional \$250 to save IG story to highlight reel. Available for minimum 90 days.

REEL/ TIK TOK **\$550**

Reel/Tik Tok video (posted to both feeds)

PRODUCT REVIEW **\$500**

Product review (honest and transparent reviews/unboxings) on IG Story

CUSTOM PACKAGES UPON REQUEST



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