Gerrit Johnson

US Country Manager

LifeWave



2024 "Your Best Year Ever"

How?

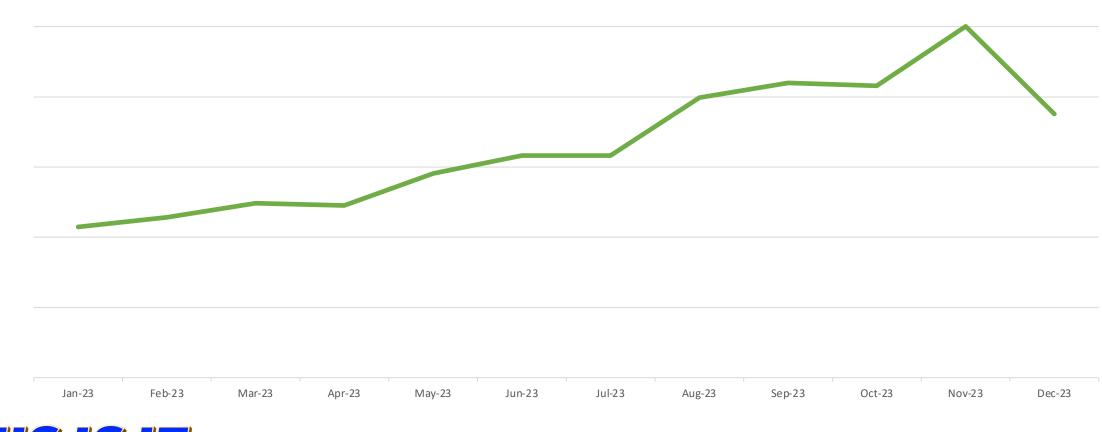


"In order to see where we are going, we not only must remember where we have been, but we must understand where we have been."

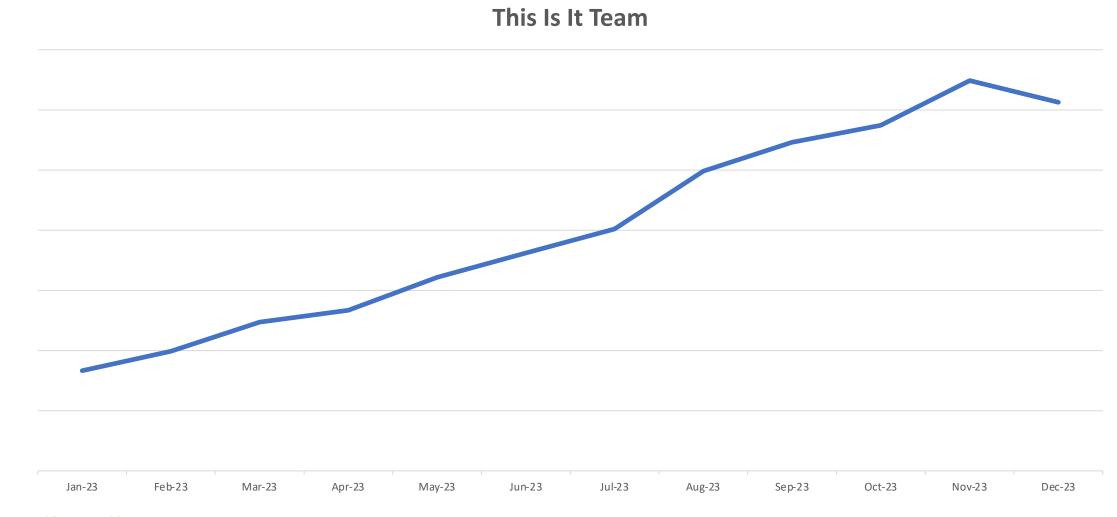
- Ella Bake



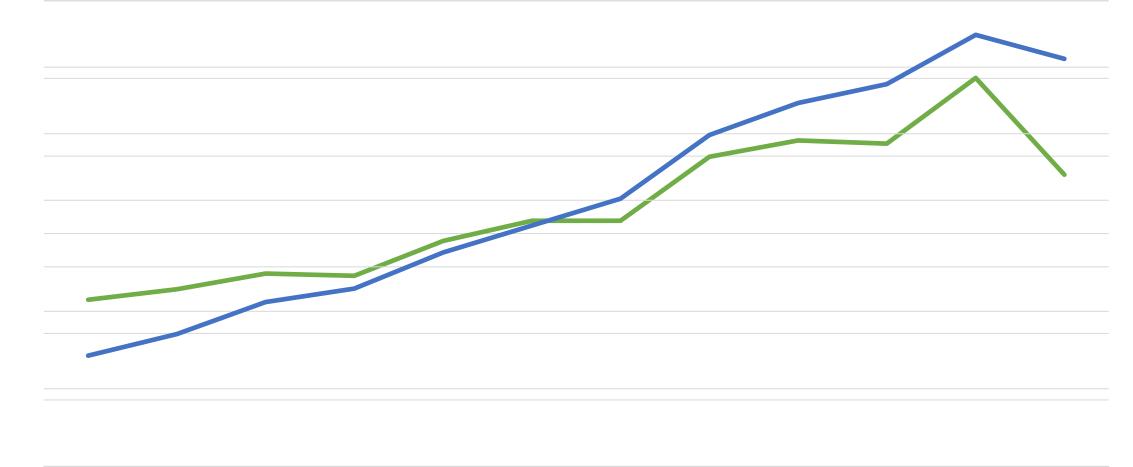












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Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23	Sep-23	Oct-23	Nov-23	Dec-23



What Does It Take!

- Passion
- Grit
- Consistency



What is Your Passion?





If you had all the time and the money in the world, what would you spend your time doing?



What makes you happy or gives you the deepest sense of fulfillment?



GRIT

Passion

FEEL IT IN YOUR GUT!

Perseverance

NEVER QUIT!



"We teach them how to persevere. We unleash their passion. That's *all* we do."



- Pete Carol



When We Fall - Kenneth Rooks > The Longest Run



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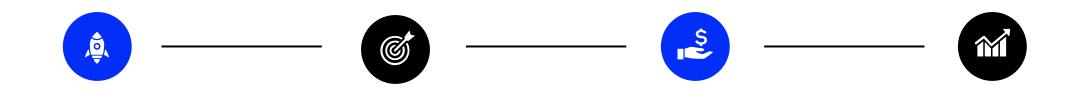
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More videos Tap or swipe up to see all



202

Consistency



Immediate results are less rewarding than steady improvement. Transform your life goals into daily habits. Create a routine to keep your momentum going. Embrace obstacles to accelerate your path to success.





Small, unsexy, but smart decisions made consistently

Time Duration

