

A STEP BY STEP GUIDE
BY EMILY REESE

What to Expect during your session...



Hello & Welcome

Hey, hey! If you're reading this, you're probably looking for a few extra tips to make our session even better—and I'm so excited to help! I've packed this guide with everything you need to know, from outfit suggestions to what to expect during our time together. My goal is to help you feel confident, relaxed, and ready to have fun while we capture all the sweet moments. And if you ever have any questions or just want to chat, I'm always here! Let's make sure this session is everything you've dreamed of and more!

Emily Reese



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Let's capture your sweet moments

This will be a time where we get to have a lot of fun together! I know that getting your photos taken can be intimidating sometimes, but don't worry.. I am there to give you complete direction. You won't ever have to wonder what you're supposed to do with your hands! Expect lots of fun. Lots of laughs. Lots of movement, kisses, and snuggles. I am already so excited to document this special time in your lives. This guide was made with you in mind! Get ready to have a stress free + fun experience!



Planning Your Outfits

1. Comfort is key

You'll want to feel confident and relaxed in what you're wearing. If you're not comfortable in your outfit, it'll show in the photos. So, pick clothes that make you feel confident, at ease, and ready to have fun!

2. Coordinate, don't match

Coordinate with your partner to choose outfits that complement each other without being too matchy-matchy. Choose a color palette with 2-4 complementary colors and mix in some textures and layers for depth. Think soft neutrals with a pop of color, or earthy tones for a warm, natural vibe.

3. Consider the Location

Where we're shooting can help guide your outfit choices! For a beach session, flowy dresses, shorts, or soft colors look great. For an urban setting, bold, sleek looks with a bit of edge might be perfect. If you're outdoors, earthy tones or textures like knits and denim blend beautifully with natural backdrops.

Your outfits play a significant role in the overall look and feel of your photos. But, at the end of the day, the most important thing is to wear something that makes you feel confident and comfortable. Don't overthink it — your session is all about capturing you, so wear what makes you feel amazing!



4. Avoid Big Logos & Busy Patterns

Keep it simple! Solid colors and subtle patterns (like florals, stripes, or polka dots) photograph beautifully. Avoid overly bright colors or logos that could steal the spotlight from you. We want the focus to be on you, not your shirt logo!

5. Add Layers & Accessories

Layers add interest and depth to your photos—think scarves, jackets, or cardigans. Accessories like hats, necklaces, or watches can give your outfit that little extra flair, but don't overdo it. Keep it simple so the focus stays on you, not the accessories.

Hair and Makeup Tips

Professional hair and makeup can really take your photoshoot to the next level, helping you feel extra confident and looking your best in front of the camera. If you're open to it, booking a session with a makeup artist can give you that polished yet natural look that enhances your features. But if you prefer to do your own makeup, just aim for a slightly amped-up version of your usual style to make sure it stands out on camera. For hair, think about a style that works with the location and weather—we want you to feel great and look fabulous, no matter what! And if you're not sure where to start, I'm always happy to share some tips or recommend a pro to help you feel your absolute best.



Posing Tips and Comfort

I know posing for photos can feel a little awkward at first, but don't worry—I'm here to guide you through the whole thing! Instead of focusing on the camera, just enjoy being in the moment with each other. Simple things like holding hands, laughing, or whispering can lead to those real, sweet moments that make your photos feel extra special. The more relaxed and connected you are, the more natural and authentic your photos will be. The location of your photoshoot also sets the backdrop for your love story and can help make you more comfortable! Whether you choose a place that holds sentimental value or a picturesque setting, make sure it reflects your personalities.



What to Expect Upon Arrival

When you arrive for your session, you'll be greeted with a warm smile and plenty of positive energy! We'll take a few minutes to settle in, discuss any last-minute details, and make sure everyone feels comfortable and ready to shine. Whether we're at a scenic outdoor location or in a cozy studio, I'll guide you every step of the way to ensure a relaxed, fun, and stress-free experience.



Day of Shoot Checklist

As your shoot day approaches, it's helpful to have a checklist to ensure everything goes smoothly. Make sure you've got your outfits ready and don't forget any props or accessories—props are a fun way to add a personal touch and tell your story, whether it's something you both love or a little something that represents your relationship. Most importantly, come with a big smile, a positive attitude, and be ready to have fun! This session is all about capturing your unique vibe, so let's make it memorable!

Props could be a pizza, a motorcycle, your pups, blankets, a campfire, a hat, etc..
Let's go somewhere dope and cozy up by a fire, or get out on the river and go paddle boarding, your favorite draaanks (which may also help alleviate any tension!!)
Let's do something exciting and incorporate some props that make you guys you!



LET'S CAPTURE YOUR SWEET MOMENTS

Ready To Book Your Photoshoot?

Thank you so much for taking the time to read through this guide! Whether you're ready to book or have already secured your session, I'm absolutely thrilled to be part of this journey with you. I can't wait to capture all the sweet, candid moments that make your story unique. If you have any questions or need anything, don't hesitate to reach out. I'm here to make this experience as fun and stress-free as possible! Can't wait to chat and meet you!

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