# 2024 INTERIM BOARD CHAIR Doreen Clements

I took over as Interim chair half way through 2024 when our Chair unfortunately had to leave. They were big shoes to fill and I only hope I've been able to do a semi-adequate job. 2024 has been a stressful year for NRLTC due to Illnesses with many, including myself, which required extra effort and work by others. I want to express my sincere gratitude to the staff and board who did yeoman's service in covering for others ensuring that NRLTC was able to operate at its usual exemplary level.

The last half of the year for the Board has been concentrated on updating the By-laws and Articles of Incorporation to ensure they meet the requirements of the new Not-for-Profit Corporations Act as well as supporting the many initiatives that are outlined in the Acting Executive Director's Report.

Our current Strategic Plan ends in 2026 and the focus of the Board over the next year will be on strategies for the future of NRLTC. There are many changes and challenges upcoming in long term care in the next few years. As a Board, we have to ensure that our facility remains current, active and ready to face and embrace them so we are able to maintain and recognize the best possible ways to continue to fill the needs of our community.

## **Mission Statement**

North Renfrew Long-Term Care Services Inc. provides care and services to persons to live their lives fully, directed by their individual choices, in a home-like environment. We provide long-term care, assisted living, and community support services. We nurture a sense of community, where friends and family are welcome.

# ACTING EXECUTIVE DIRECTOR'S REPORT Helen Esilman

2024 has been a very busy year for North Renfrew Long Term Care. The HVAC system installation is well underway with a completion date expected early summer 2025. The back enclosed Patio had a face lift in 2024 with new walkways and gardens. A new epoxy kitchen floor and pop fridge were installed in the kitchen. The shift from carpeting to flooring on the LTC floor began with the Lobby in 2024 and continues. During the process of upgrades and improvements, staff continued to provide excellent Resident and Client Care and Support.

In 2024 we celebrated our 30th year anniversary since opening our doors (30 years of Caring). We celebrated with gifts for all staff and special recognition to those staff that had been with us since we opened, Sue Minigan, Gerry Mungham, Barb Gallagher and Ken Phillips.

Infection Prevention and Control Measures (IPAC) continue under guidance from our IPAC Lead. Preventative Measure through education and a vaccination program for staff, resident and clients are in place. In 2024 there was one Influenza Outbreak, that was well managed with only two residents showing symptoms.

Community Support Services In 2024 the following services were provided:

Community Support Services	Total YE		
Meals on Wheels	5581 Meals for 71 clients		
Congregate Dining for Apartments	3102 Meals		
Transportation Trips	2392 Drives for 170 clients		
Respite	1192 days for 6 clients		
Adult Day Service	714 Days for 23 clients		
Personal Support Hours (Apartments)	10245 hours for 12 clients		
Going Home Meals	100 Meals for 10 clients		
Flex Program Days	2655 Days 18 clients		

We are happy to report that all the services offered by our Community Programs grew with regards to the numbers of clients being supported in 2024, and continues in that direction in 2025.

I would like to extend a huge thank you to every staff person, all our volunteers, and Board members at Renfrew Long Term Care, for their amazing commitment and dedicated service, that enables North Renfrew to maintain a unique Home-like Resident/Client focused place to live and or receive Support Services.

On a special note, we wish Ken Phillips who has been with us for 31 years, a wonderful retirement, Happy Fishing and Camping Ken.

## **Vision Statement**

North Renfrew Long-Term Care Services Inc. is a caring community where a person can experience exceptional care and service and feel they matter, every day.

# MEDICAL DIRECTOR'S REPORT Dr. Elizabeth Noulty

As Medical Director, I continued to ensure that the legislation and regulations under the Fixing Long-Term Care Homes Act for medical care were met. The Medical Staff continued to provide care in a manner that respects the North Renfrew Long-Term Care Centre's philosophy of individualized "Resident/Client-Focused Care", emphasizing each resident/client's physical, social and psychological needs in a safe, home-like environment. The Medical Staff worked closely with the staff at the North Renfrew Long-Term Care Centre to ensure that our residents/clients receive high quality of care while protecting them from the spread of disease.

In 2024, we had 8 admissions to the long-term care beds and 15 admissions to the respite/short stay bed.

The team at the NRLTCC continued to strive to have a high level of provider competence; again, this year, staff were involved in education programs including prevention of elder abuse, WHMIS, lifts & transfers, Just Clean Your Hands, minimizing of restraints, complaints procedure, fire extinguisher training, and workplace safety training. Repeated throughout the year, emphasis was placed on education related to Infection Prevention and Control (IPAC) and preventing the spread of disease.

Immunization for Seasonal Influenza was promoted for all residents, clients and staff, resulting in a 90% immunization rate for staff in 2024 and 90% for residents.

In 2024, in person Consultation services continued. Residents were assessed by the Physiotherapist, Dietician and by the Geriatric Mental Health outreach team in house. Visitor's policies relaxed and IPAC Best Practice Procedures and education remain ongoing.

We continue to track Emergency Department use and Falls rates, in an effort to develop strategies to prevent both.

The "Resident Experience" remains a top priority even while implementing strategies to prevent the spread of disease.

### <u>Values</u>

- Community
- Quality and Safety
- Respect

- Stewardship
- Growth

## 2024 Audited Statement of Operations By Fund

		<u>OPERATII</u>	NG FUND		SPECIAL PROJECT FUND	CAPITAL RESERVE FUND	CAPITAL FUND		TOTA
	M	linistry of Health and	Long-Term Care						
	Community Services	Long-Term Care	Housing Program	Total				2024	202
REVENUE	*****	04 754 005	\$ 74,945	\$2,944,169	\$	\$ -	\$944,443	\$3,888,612	\$2,507,25
Provincial of Ontario grants	\$1,118,199	\$1,751,025	\$ 74,945	141,346	Ψ =	Ψ .	-	141,346	140,95
County of Renfrew grants	**	141,346	-	536,466	2	_	12	536,466	511,86
Resident Accommodation fees		536,466	•			_		120,103	101,82
Client program fees	120,103		-	120,103	121,268	4,645		298,894	244,11
Investment income	84,640	52,066	36,275	172,981	121,200	4,043	-	105,802	95,31
Apartment Rent	-	•	105,802	105,802	05.000	-		74,700	91,96
Donations, fundraising and other	9,620	-	-	9,620	65,080	-		61,955	26,15
Housing Program	-	•		-		61,955		01,355	20,13
	1,332,562	2,480,903	217.022	4.030.487	186,348	66,600	944,443	5.227.878	3,719,44
EXPENDITURES									
Amortization	-	34	39.5	52	-	•	38,866	38,866	38,86
Capital Reserve Fund	-	54	61,955	61,955	-	-	•	61,955	26,15
Contracted health services	5,118	36,509	S27	41,627	-	-	-	41,627	42,78
Employee Benefits	138,804	264,487		399,291	-	-	-	399,291	327,73
Fees and dues	2,141	2,792		4,933	-	- E	-	4,933	4,52
Infection prevention & containment	_,	784		784		#	-	784	1,78
Insurance	23,128	16,050	7,077	46,255	-	¥:	-	46,255	34,28
	25,120	10,000	.,	-	-	Ş:	4,207	4,207	5,02
Interest on long term debt	6,423	39,456	_	45,879	•		-	45,879	47,86
Laundry	0,423	33,430	22,390	22,390	_	-	-	22,390	2,51
Management Fees	-	61,255	22,000	61,255	-	*	-	61,255	64,46
Nursing Supplies	42.057	33,110	2,440	78,607	15,561	20		94,168	62,32
Other Administration	43,057		2,440	23,128	10,507	¥:	-	23,128	19,05
Other Dietary	-	23,128	28,091	194,668	_			194,668	237,10
Plant Supplies	88,908	77,669	20,091	171,399	-		-	171,399	137,678
Professional Fees	78,031	93,368	•	46,814	_			46,814	22,74
Program supplies and costs	7,457	39,358	0.440	3,495	** ==	_	-	3,495	3,31
Property Taxes	1,048		2,446	•	-			154,215	153,22
Raw food	60,959	93,256	•	154,215	- 			11,190	11,02
Rent	5,595	5,595	-	11,190	-	- -	_	2,516,764	2,128,74
Salaries	810,720	1,706,044	-	2,516,764	3	-	2	37,245	21,24
Staff and board training	18,579	18,666	14	37,245	•	-		39,971	26,780
Transportation and travel	39,971	¥		39,971	-	•	-	26,491	24,729
Water and sewer	6,623	6,623	13,245	26,491		-			
-	1,332,562	2.518,150	137,644	3,988,356	15,561	-	43,073	4,046,990	3,443,98
Excess (Deficiency) of Revenue over Expenses	_	(37,247)	79,378	42,131	170,787	66,600	901,370	1,180,888	275,465

#### **2024 BOARD OF DIRECTORS**

#### ELECTED

Resigned during term

Beverly Byrnes
Doreen Clements, Vice Chair
Sue Elliot
Cindy Hogue, Board Chair
Lorna Steer
Judy Stewart-Laufman
Kathleen Taylor, Secretary-Treasurer

#### **APPOINTED**

Lily Mungham (LTC Family) Madeleine Boulanger (Apt Family) Funding for the North Renfrew Long-Term Care Centre has been provided by Ontario Health.



Ontario Health

#### STAFF 2024-2025

Melinda Boor Amanda Boone Michele Carlin Simoes Cambundo Courtney Dennie Luke Deighton Robert Fitzpatrick Trinity Fitzpatrick Mary-Sue Hart Barb Gallagher Amber Huard Ciara Issaluk Samantha Kelly-Giroux Sini Joseph Patricia Leach Christine Langevin Michael Lusty-Smith Annabelle Luck **Grace Mary Thomas** Lauren McCabe Kim McCauley Sue Minigan Maram Nabawy Heather Peplinskie Candice Peplinskie Mercedes Roberts Anne-Marie Prout Aiden Stewart **Una Schlievert** Edie Tumber Linda Thomas

Tolulope Adeyemi

**Donald Ayres** 

Sam Baxter Patricia Brenyo Katie Carty Kara Dinga Jessie Foster Ava Harris Sarah James Amy Klym Mei Lio Melody MacLean Frances McCarthy Gerry Mungham Jessica Noel Ken Phillips Sara Rousselle Aydan Sunstrum Marina Wood

Cindy Bugden Addyson Clouthier Helen Esilman Jody Gale Jennifer Howard Cindy Jennings Tara Landriault Summin Luk Ashley Maher Jesse McCauley Amanda Murphy Sincerity O'Hara **April Poirier** Autumn Schlievert Lisa Swain Shelley Yantha

Ainsley Beers

# NORTH RENFREW LONG-TERM CARE SERVICES INC.



# **ANNUAL REPORT**

for the year 2024

June 30, 2025 Seniors' Drop-In Centre 47 Ridge Road, Deep River 7:00 pm