

# Dobson Academy Menu

## October 2023

<p>Monday 2-Oct</p> <p><u>Breakfast</u></p> <p><b>Cereal &amp; String Cheese or Cereal Bar &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Baked Chicken Nuggets Mashed Potatoes Fruit &amp; Veggies</b></p>	<p>Tuesday 3-Oct</p> <p><u>Breakfast</u></p> <p><b>Muffin/Pastry Variety or Cereal/Bar &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Shredded Beef Taquitos Beans &amp; Salsa Fruit &amp; Veggies</b></p>	<p>Wednesday 4-Oct</p> <p><u>Breakfast</u></p> <p><b>Breakfast Burrito or Cereal/Bar &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Freshly Baked Three Cheese Pizza Fruit &amp; Veggies</b></p>	<p>Thursday 5-Oct</p> <p><u>Breakfast</u></p> <p><b>Bagel &amp; Cream Cheese or Cereal/Bar &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>1/4lb Freshly Grilled Burgers Sliced American Cheese Fruits &amp; Veggies</b></p>	<p>Friday 6-Oct</p> <p><u>Breakfast</u></p> <p><b>French Toast/Breakfast Dog or Cereal/Bar &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Meaty Spaghetti Cookies Fruit &amp; Veggies</b></p>
<p>Monday 9-Oct</p> <p><b>NO SCHOOL</b></p>	<p>Tuesday 10-Oct</p> <p><b>NO SCHOOL</b></p>	<p>Wednesday 11-Oct</p> <p><b>NO SCHOOL</b></p>	<p>Thursday 12-Oct</p> <p><b>NO SCHOOL</b></p>	<p>Friday 13-Oct</p> <p><b>NO SCHOOL</b></p>
<p>Monday 16-Oct</p> <p><b>NO SCHOOL</b></p>	<p>Tuesday 17-Oct</p> <p><u>Breakfast</u></p> <p><b>Muffins/Danish &amp; String Cheese or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Penne Pasta Chicken Alfredo Dinner Rolls Fruit &amp; Veggies</b></p>	<p>Wednesday 18-Oct</p> <p><u>Breakfast</u></p> <p><b>Pancake &amp; Sausage on a Stick or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Freshly Baked Three Cheese Pizza Fruit &amp; Veggies</b></p>	<p>Thursday 19-Oct</p> <p><u>Breakfast</u></p> <p><b>Poptarts/Bagel &amp; Cream Cheese or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Breaded Chicken Sandwich Mashed Potatoes Fruit &amp; Veggies</b></p>	<p>Friday 20-Oct</p> <p><u>Breakfast</u></p> <p><b>Waffles &amp; Sausage or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Bun Length Hot Dogs Baked Beans Fruit &amp; Veggies</b></p>
<p>Monday 23-Oct</p> <p><u>Breakfast</u></p> <p><b>Cereal &amp; String Cheese or Cereal Bar &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Baked Orange Chicken Over Steamed Rice Fruit &amp; Veggies</b></p>	<p>Tuesday 24-Oct</p> <p><u>Breakfast</u></p> <p><b>Muffins/Danish &amp; String Cheese or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Meatball Sub Shredded Mozzarella Fruit &amp; Veggies</b></p>	<p>Wednesday 25-Oct</p> <p><u>Breakfast</u></p> <p><b>Pancake &amp; Sausage on a Stick or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Freshly Baked Three Cheese Pizza Fruit &amp; Veggies</b></p>	<p>Thursday 26-Oct</p> <p><u>Breakfast</u></p> <p><b>Poptarts/Bagel &amp; Cream Cheese or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Baked Chicken Nuggets Mashed Potatoes Fruit &amp; Veggies</b></p>	<p>Friday 27-Oct</p> <p><u>Breakfast</u></p> <p><b>Waffles &amp; Sausage or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Meaty Spaghetti Cookies Fruit &amp; Veggies</b></p>
<p>Monday 30-Oct</p> <p><u>Breakfast</u></p> <p><b>Cereal &amp; String Cheese or Cereal Bar &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>Penne Pasta Chicken Alfredo Dinner Rolls Fruit &amp; Veggies</b></p>	<p>Tuesday 31-Oct</p> <p><u>Breakfast</u></p> <p><b>Muffins/Danish &amp; String Cheese or Cereal &amp; String Cheese</b></p> <p><u>Lunch</u></p> <p><b>1/4lb Freshly Grilled Burgers Sliced American Cheese Fruits &amp; Veggies</b></p>	<p>School Meals Catering proudly provided by:</p> <p><b>PROPER EATS</b></p> <p>Proper Eats - <a href="http://propereats.com">propereats.com</a></p>		<p>"This institution is an equal opportunity provider"</p> <p>***Due to unforeseen circumstances &amp; product availability; menu substitutions may occasionally occur***</p>

