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| **INFANTS: BIRTH THROUGH 5 MONTHS:** |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size |
| **BREAKFAST** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
| **LUNCH** | Breastmilk/formula | 4-6oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
| **PM SNACK** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
|  |
| **INFANTS: 6 MONTHS THROUGH 11 MONTHS OR WHEN DEVELOPMENTALLY READY:** |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size |
| **BREAKFAST**Breastmilk/formulaFruit/vegetableInfant cereal and/or meat/meat alt. | Breastmilk/formulaMandarin OrangesInfant Rice Cereal | 6-8 oz0-2T0-4T | Breastmilk/formulaStrawberriesVanilla Yogurt | 6-8 oz0-2T0-4T | Breastmilk/formulaMango ChunksInfant Oatmeal Cereal | 6-8 oz0-2T0-4T | Breastmilk/formulaMichigan FruitVanilla Yogurt | 6-8 oz0-2T0-4T | Breastmilk/formulaSliced PeachesInfant Mixed grain cereal | 6-8 oz0-2T0-4T |
| **LUNCH**Breastmilk/formulaFruit/vegetableInfant cereal and/or meat/meat alt. | Breastmilk/formulaApplesauce/Mixed VegetablesBreaded Chicken PattyWG BunWG Breading Included | 6-8 oz0-2T0-4T½ ea | Breastmilk/formulaFruit Cocktail/Green BeansMac and CheeseTurkey Pepperoni | 6-8 oz0-2T0-4T2 ea | Breastmilk/FormulaBanana/PeasMeatballs w/MarinaraRound Crackers | 6-8 oz0-2T0-4T4 ea | Breastmilk/formulaPears/CornHot DogWG Bun | 6-8 oz0-2T0-4T½ ea | Breastmilk/formulaTropical Fruit/CarrotsCheese QuesadillaWG Breading Included | 6-8 oz0-2T0-4T |
| **PM SNACK**Breastmilk/formulaFruit/vegetableGrain (bread, cracker, infant cereal or ready to eat cereal) | Breastmilk/formulaPearsCheez its | 2-4 oz0-2 T½ pkg | Breastmilk/formulaMixed FruitGoldfish | 2-4 oz0-2 T½ pkg | Breastmilk/formulaPineapple Animal Crackers | 2-4 oz0-2 T8 ea | Breastmilk/formulaApplesauceString Cheese | 2-4 oz0-2 T½ ea | Breastmilk/formulaFruit CocktailWheat Crackers | 2-4 oz0-2 T4 ea |

Just Us Kids provides the following and families may bring any alternatives.

Parent’s Choice Formulas- all types

Parent’s Choice Rice and Oatmeal cereal

Gerber Stage 2 baby food