



GUARDRAILS & DECLARATION

CONVERSATION GUARDRAILS

We want to have conversations that are meaningful and transformative. Read these guardrails or the declaration each time you gather as a reminder of how to keep the conversation “on the right track!”

1. Be honest. - Sometimes we might feel like we need to have the “right” answer, but in this space, the best answer is an honest one.
2. Keep it a judgment-free zone - we’re here to build one another up and pray for each other, never to judge.
3. Honor one another - keep what is shared here, here.
4. Listen well - it feels so good to be heard. Let’s listen well when others are sharing. Sometimes when someone shares something hard, we might feel like we have to “fix it.” Let’s let God do that. *
5. Celebrate one another - celebrate victories and cheer one another on!

*Letting God fix it means not immediately offering a solution to someone who’s struggling. Instead, let the person know you heard them by thanking them for being brave and sharing something difficult. Encourage them by pointing out the places where their sharing lines up with God’s Word.



DECLARATION

We believe in the transformational impact of gathering with others to talk about life and faith in light of God’s unchanging Truth. In John 14:6, Jesus says, “I am the way and the truth and the life.” When we operate in Truth, we find freedom and courage. Believing that the right answer is an honest one, when we gather, we commit to share honestly with one another. We are committed to genuine sisterhood. We believe that each girl in our circle has value to offer. We will listen well, seek to learn from one another, and not be afraid to lean on each other when needed. We believe that when we gather, we should walk away better than when we came. Our goal is that each girl leaves feeling seen, heard, and filled with Hope. We commit to honor each other with our words, pray for each other, and cheer each other on!

GUARDRAILS AND DECLARATION



GUARDRAILS

We want to have conversations that are open, honest, and transformative. Read these conversation guardrails or the declaration each time you gather as a reminder of how to keep the conversation on the right track!

1. Permission to be honest - this is a safe space to be open & honest. Sometimes we might feel like we need to have the “right” answer, but in this space, the best answer is an honest one.
2. Judgment-free zone - we’re here to build one another up and pray for each other, never to judge.
3. Honor one another - keep what is shared here, here.
4. Listen well - it feels so good to be heard. Let’s listen well when others are sharing. Sometimes when someone shares something hard, we might feel like we have to “fix it.” Let’s let God do that. *
5. Celebrate one another - celebrate victories and cheer one another on!

*Letting God fix it means not immediately offering a solution to someone’s struggle. Instead, let the person know you heard them by thanking them for being brave and sharing something difficult. Point out the places you hear them seeing something as God would want them to see it. Go to God’s Word for solutions, not worldly wisdom.

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