

# GARNISH 2020 VISION + GOALS

We here at Garnish make goal setting a priority. Honestly, it's one of the biggest reasons we are even on the map today. Taking the time to plan out where you are going and how you will get there is one of our biggest jump starters. Being deliberate with your intention is setting the stage for your success. Enjoy!

the garnish staff



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### Write your goals and vision in present tense.

Example: Next year I will work out 3 times a week
I am currently working out 3 times a week

# VISUALIZE my vision

## ACHIEVE 1 year

# Don't Forget: Picture your life 10 years from now. If you couldn't fail, what would you do? Describe everything, the who, what and where, about your ideal life.

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