



# B12 STRONG

## 5,000MCG METHYLCOBALAMIN

### Benefits\*

- Supports healthy energy levels by aiding the body's conversion of foods into usable energy (ATP)
- Supports a healthy cardiovascular system – helps maintain proper homocysteine levels by assisting in the proper functioning of the biochemical cycle between the amino acids homocysteine and methionine
- Maintains healthy brain function by aiding the body's natural production of the neurotransmitters (brain chemicals) needed for memory and learning
- Maintains healthy serotonin levels, which affect the sleep-wake cycle as well as supporting good concentration
- Helps the body maintain optimal nerve cell function and protects the nerve cells
- Provides adequate vitamin B12 for vegans and vegetarians who do not consume animal foods, the only source of vitamin B12
- Supports the production and maintenance of healthy red blood cells

### Highlights

- Contains 5000mcg of fully activated methylcobalamin
- Highly absorbable for quickly replenishing vitamin B12 in the body
- Ideal for elderly individuals who are unable to adequately absorb dietary vitamin B12
- Delicious berry flavor

**Recommended Use:** Dissolve one lozenge in mouth per day. It is important to let the lozenge dissolve slowly and not chew it in order to allow the vitamin to be absorbed properly through the mucosal tissue that lines the mouth.

Consult with your health care practitioner about your specific circumstances and any questions you may have about this product. \*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.