

Usui Reiki Level 1

Date: Sat, Nov 26th 2022 | 10am - 4:30pm

Cost: \$250.00 Pre-Registration/Payment Required

*Introduction to Usui Reiki

* The history of Reiki

* Specific hand positions and symbols

* The Chakras

* Application of Reiki

* Alignment meditation

* Usui Level 1 Attunement

* Hands on Practice

* Ethical Practice

* Usui Reiki 1 Certificate of Achievement

Your training day will include:

- a 6.5hr training day
- an instructional training manual
- a Certificate of Achievement
- a light lunch
- a safe, supportive environment to learn, experience and implement the beautiful practice of Reiki

Click [HERE](#) to process an inquiry or to hold your spot.

Please note your spot will only be held when payment has been received to INTEGRATE Whole Living Practice. If you for unforeseeable reasons can not make the training, notification of two weeks-14days will be required for refund (due to expenses of the spot hold and costs of printing and preparation etc).

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