

The Relationship-Building Behaviors Scale

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Overview: The Relationship-Building Behaviors Scale (RBBS) assesses the specific behaviors that teachers engage in that may impact their students and/or the quality of their relationships with students. The RBBS measures these behaviors based on the perspectives of middle school students. The RBBS was constructed using Bandalos's Guidelines for Measure Development; it includes 27 items encompassing a wide range of teacher behaviors.

Estimated completion time: 10 minutes

Target population: Middle school students

Instructions:	Think about the last two weeks with your teacher in this class. Think carefully about what they did and didn't do, and answer as honestly as you can. Your teacher will NOT be able to see your answers. My teacher... 0= Never 1= A few times per week 2= Daily
Variable Name	Questions
RBBS1	Told me when I did a good job on something, like worked hard.
RBBS2	Encouraged me to do my best
RBBS3	Encouraged me to reach my goals
RBBS4	Talked to me about my interests outside of class time
RBBS5	Said hello to me outside of class time
RBBS6	Asked me questions about my life outside of school
RBBS7	Checked in with me about my life outside of school
RBBS8	Smiled at me

RBBS9	Greeted me by name when he/she saw me
RBBS10	Told my family when I did something well
RBBS11	Let me make choices for myself
RBBS12	Spent time with me one-on-one
RBBS13	Let me know that he/she cared about me
RBBS14	Encouraged me to help in the classroom
RBBS15	Helped me set goals for myself
RBBS16	Helped me reach my goals
RBBS17	Was willing to help me with my problems
RBBS18	Shared things about himself or herself with me
RBBS19	Said nice things to me, even when I made mistakes
RBBS20	Talked to me about my interests
RBBS21	Asked me about my family
RBBS22	Stood up for me
RBBS23	Got me the help I needed when I was struggling with my emotions
RBBS24	Talked to me about my emotions and mental health
RBBS25	Celebrated my successes with me
RBBS26	Noticed when I was having a hard day
RBBS27	Acted interested in what I had to say

Scoring and Interpretation:

Sum the individual item scores to examine overall relationship quality; research indicates that higher scores reflect higher levels of teacher-student relationship quality.