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PHOTOGRAPHY

Relow:

Relax your face and body. Take a deep breath and try to let go of any tension in your shoulders or face.



Smile naturally:

Practice your smile in front of a mirror to find a natural and comfortable expression that shows your teeth.



Dress to impress:

Wear comfortable clothing that makes you feel confident and reflects your personal style.



Find your angles:

Experiment with different angles and poses to find what works best for you. Try tilting your head, looking slightly off-camera, or crossing your arms.

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Howe Run:

Don't take yourself too seriously!
Remember that photos are meant to capture memories and moments, so enjoy the process and let your personality shine through.