

LED AFTERCARE

- Gently cleanse your skin using a mild cleanser for the next 48 hours.
- Keep skin well hydrated by drinking lots of water and using a good moisturiser to maintain the skin's protective barrier.
- Use a daily sunscreen and avoid sunbeds.
- Avoid direct sun exposure for at least 48 hours.
- Avoid excessive heat, saunas, steam rooms, and swimming pools for 12 hours after the treatment.
- Avoid applying makeup immediately after treatment, and if it is essential, using mineral based makeup is advisable.

If you are experiencing problems or have any concerns, please contact us on 01707 662477

