



Testimonial

There will never be enough words to describe my coaching experience. Puja is really amazing. Only those who have worked with her know what it feels to taste her magic. Always feeling safe and supported, for the good of bringing the best parts of me out.

Sandra P.

What was life like before attending the retreat?

Before attending the retreat life was like a blur. I felt like I was trembling in the world.

Should I do this, should I do that?!!

As I had worked with Puja one-on-one for a while, I didn't bring any specific questions to the retreat. I decided to go with the flow.

What problem(s) were you trying to solve at the retreat?

I was open to see what was there for me. And oh boy!!! There was a lot for me!!!!

I felt like a kid chasing a treasure.

My treasure! New possibilities, aspects of myself I never saw before, acceptance, confidence, and freedom! To choose what I want for myself. Just because I wanted it.

Without thinking what others may think about it.

What made you happiest about being at the retreat?

There are so many things that made me happy. The place! I love Marrakesh. The colours, the fabrics, the people, the language, the differences. The venue is perfect. The days out were perfect. Each day brought different emotions. I felt like a kid discovering the world. Free! And safe. The world is really my playground.

What has exceeded your expectations?

The group. There we were, a group of 8 perfect strangers. Different personalities, different backgrounds. But, I could see a part of me in each one of them. And it was like each one of them healed something inside of me that wasn't working. There are things about me that now I know, because of them. There are things about me that I now embrace with love, because of them.

What has exceeded your expectations?

And there are and will be moments in my life that I will feel their strength. And I know that will be enough. How Puja put us together, I don't know. I believe that's her magic. It was as if she was the maestro, and we all were instruments playing the most beautiful music. Because that was the thing we had in common: good souls with great hearts.

What have you been able to
achieve since attending?

I believe I can do whatever I decide to do. I
burned my biggest obstacle at the retreat:
my fears.

Additional Comments

As if it couldn't get any better! That's the feeling I bring from the retreat! My heart can sing in the dark. I feel complete, loved, powerful and of course, unstoppable!. I know life will keep coming with ups and downs and unexpected curve balls. But that's just life. Now I know I can deal with it and I do believe there are a lot of good things coming my way ;) Thank you Puja. I will always feel grateful for you.