



FINISH **STRONG**

Your Guide to a Powerful Year-End Finish.

WITH SUSAN HYATT

NAME:



Hey Rockstar!

You've come so far this year, and now it's time to turn on the magic and Finish Strong. No more playing small. No more waiting for "the right time." It's time to take bold action and step into your power for a confetti worthy year-end finish.

In this workbook, you're going to map out your biggest, juiciest goals and create an unstoppable plan to get there. You'll reflect on your wins, learn from the tough moments, and make one BOLD MOVE that's going to change the game for you.

Let's dive in and make the last part of this year the best part!

With so much love & belief in you,

Susan

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01. Welcome & Event Overview

YOU'RE HERE BECAUSE...

You're ready to **stop coasting** and **start sprinting** to the finish line! We're going to *dig deep and find out* **what you REALLY want to accomplish** *by the end of the year*—and then create a solid, action-packed plan to make it happen.

This is your time. There's no *waiting for permission* or for everything to “*line up.*” You **create your own path**, and you **finish strong** by taking **bold, brave action NOW.**

02. Goal Setting for the Year-End

Exercise 1: Clarifying Your Year-End Goals

Big dreams require BIG moves.

List your top 3-5 goals for the rest of this year. *Don't hold back.* This is about what's truly important to you. Whether it's landing a new client, launching that project you've been sitting on, or deepening your relationships—*write it all down.*

What are your biggest, boldest goals for the rest of the year?

1.

2.

3.

Exercise 2: What Success Looks Like

You don't just want to hit these goals—you *want to crush them*. But what does that look like? How will you feel when you cross that finish line?

Describe how success will feel, look, and sound.

How will you know you've succeeded? What will it feel like?

03. Reflection on the Year So Far

Exercise 3: Celebrating Wins

Take a moment to acknowledge how far you've come. You've already accomplished so much this year—whether it's big, shiny wins or quiet, powerful ones. *It all matters.*

**What are you most proud of accomplishing this year?
Celebrate it!**

1.

2.

3.

Exercise 4: Lessons Learned

Even the tough moments have been *part of your growth*. The obstacles, the roadblocks, the things that *didn't go according to plan*—there are GOLDEN lessons in each one. Let's dig in.

What challenges did you face this year, and what did you learn from them?

04. *Strategies for Overcoming Obstacles*

Exercise 5: Identifying Potential Roadblocks

Now that *you know what you want*, it's time to look ahead and anticipate what might *slow you down*. No fear here—just clear-headed strategy.

What obstacles could stand in your way as you work toward your goals?

1.

2.

Exercise 6: Creating Solutions

We're not just identifying the problems, *we're SOLVING them*. For each obstacle, brainstorm one or two ways you can navigate around, over, or through it. You are unstoppable.

What's your plan to overcome these obstacles?

1.

2.

05. Bold Moves to Finish Strong

Exercise 7: Make a Bold Move

This is where you go ALL IN. What's one thing you've been scared to do, but you know it's *exactly what needs to happen*? Is it having that tough conversation? Is it asking for what you're worth? Is it finally putting yourself out there?

What's your bold, powerful move? Write it down and get ready to make it happen.

Exercise 8: Commit to Your Bold Move

You've thought about it—now it's time to *make the commitment*. This is where change happens. Write down your bold move and the date you'll make it happen.

My bold move is:

I will take action by:

06. Action Plan & Accountability

Exercise 9: Mapping Out Your Action Plan

It's go time! You've got your goals, you've identified obstacles, and you've committed to your bold move. Now it's time to *map out the steps that will take you to the finish line*. What do you need to do each week? What support do you need?

What actions will you take to finish strong?

Exercise 10: Accountability Partner

You don't have to do this alone. Choose someone who will hold you to your bold commitments, cheer you on, and remind you why you started. Accountability is the magic sauce that helps you stay on track.

Who's your accountability partner? How will they support you?

07. Gratitude & Closing Thoughts

Exercise 11: Gratitude for the Journey

Before we wrap up, let's tap into the *power of gratitude*. What are you grateful for in your life and career this year? Gratitude fuels more success, more joy, and more growth.

What are you grateful for this year?



Closing Message from Susan Hyatt

You did it! You've mapped out your boldest, bravest moves to finish this year with a bang. Now it's time to step into action, trust yourself, and finish strong. Remember, you are capable of so much more than you realize. Keep going, keep pushing, and don't let fear hold you back.

I BELIEVE IN YOU
NOW GO MAKE IT
HAPPEN

Notes & Reflections