



## **Meno Belly Ltd - Website terms of use and supply of supplements and coaching**

This page (together with our Privacy Policy) tells you information about us and the legal terms and conditions (Terms) on which we sell any of the products and coaching services listed on our website (our site) to you. These Terms will apply to any contract between us for the sale of products or services to you (Contract). Please read these Terms carefully and make sure that you understand them, before ordering any Products or Services from our site.

By ordering any of our Products or Services, you agree to be bound by these Terms.

### **1. Information about us**

1.1 We are Meno Belly Limited. We operate the website <http://www.menobelly.co.uk>. We are a company registered in England and Wales under company number 15923717.

1.2 To contact us, please see our Contact page. You can email us at [info@menobelly.co.uk](mailto:info@menobelly.co.uk)

### **2. Our Products**

2.1 The images of the Products on our site are for illustrative purposes only and the limitations of monitor capabilities and of printers means that the colour, dimensions and packaging of the Products may vary from that shown on images on our site.

2.2 All Products shown on our site are subject to availability. We will inform you by e-mail as soon as possible if the Product you have ordered is not available and we will not process your order if made.

### **3. If you are a consumer**

This clause only applies if you are a consumer.

3.1 If you are a consumer, you may only purchase Products from our site if you are at least 18 years old.

3.2 We intend to rely upon these Terms and our Privacy Policy in relation to the Contract between you and us.

### **4. How the contract is formed between you and us**

4.1 Our order process allows you to check and amend any errors before submitting your order to us. Please take the time to read and check your order at each page of the order process.



4.2 After you place an order, you will receive an e-mail from us acknowledging that we have received your order.

4.3 We will confirm our acceptance to you by sending you an e-mail that confirms the order and dispatch details. The Contract between us will only be formed when we send you the Order Confirmation.

4.4 If we are unable to supply you with a Product, we will inform you of this by e-mail and we will not process your order. If you have already paid for the Products, we will refund you the full amount as soon as possible.

## **5. Our right to vary these terms**

5.1 We may revise these Terms from time to time in the following circumstances:

- (a) changes in how we accept payment from you; and
- (b) changes in relevant laws and regulatory requirements.

5.2 Every time you order Products or coaching services from us, the Terms in force at that time will apply to the Contract between you and us.

## **6. Your Cancellation and Refund Rights if You Are a Consumer**

This clause only applies if you are purchasing as a consumer.

6.1 You have the right to cancel your product order within 14 (fourteen) working days, starting from the day you receive the products.

6.3 Please note that this right to cancel does not apply if the seal on the supplement has been broken.

6.2 For coaching services, you may cancel within 14 days of purchase if the service has not yet commenced. If you begin receiving coaching during the cancellation period, you agree to waive your right to a full refund and may be charged proportionately for services already delivered.

6.4 To cancel a contract, you must notify us in writing by sending an email to [info@menobelly.co.uk](mailto:info@menobelly.co.uk). We recommend that you retain a copy of your cancellation notice for your records.

6.5 You will receive a full refund of the price paid for the Products, provided they are returned in perfect condition. We will process your refund once we have received and inspected the returned Products. If you are returning the Products because they are faulty or mis-described, please refer to clause 6.6.



6.6 If the Products are faulty or mis-described, we will refund you in full for the defective item(s), including any applicable delivery charges and any reasonable costs you incur in returning the item(s) to us.

6.7 Refunds will be made using the same payment method you used for the original transaction.

6.8 If the Products were delivered to you:

- (a) You must return the Products to us as soon as reasonably practicable.
- (b) Unless the Products are faulty or mis-described, you will be responsible for the cost of returning them.
- (c) You have a legal obligation to keep the Products in your possession and to take reasonable care of them while they are in your possession.

## **7. Delivery**

7.1 Your order will be fulfilled by the estimated delivery date set out in the Order Confirmation, unless there is an event outside our control. If we are unable to meet the estimated delivery date because of an event outside our control, we will contact you with a revised estimated delivery date.

7.2 Delivery will be completed when we deliver the Products to the address you gave us. Delivery in the UK is routinely between 2-5 days or as stated in the Order Confirmation.

7.3 The Products will be your responsibility from the completion of delivery.

## **8. Price of products and delivery charges**

8.1 Prices for our Products may change from time to time, but changes will not affect any order which we have confirmed with a Dispatch Confirmation.

8.2 The price of a Product does not include delivery charges. Our delivery charges are as quoted on our site.

## **9. How to pay**

9.1 You can only pay for Products using a debit card or credit card or paypal.

9.2 Payment for the Products and all applicable delivery charges is in advance.

## **10. Our products disclaimer**

10.1 For the avoidance of doubt, the information provided on this website is for informational purposes only and does not constitute medical advice. In accordance



with UK and EU law, we do not make any unauthorised health or medicinal claims. Any health-related information is based on publicly available data and is not intended to imply treatment or prevention of disease

If you are unsure about using any food supplement, you should consult your doctor or a qualified healthcare professional. Food supplements are intended to complement not replace a healthy lifestyle and balanced diet.

10.2 Our Products are sold as food supplements and are not intended for any specific medical purpose, unless explicitly stated on the packaging. All Meno Belly Ltd products are formulated, packaged, labelled, and sold as “Food Supplements” in compliance with relevant UK food and food supplement legislation.

Customers purchasing Meno Belly Ltd products for delivery outside the UK are responsible for ensuring that:

- The products,
- Any associated health or nutritional claims,
- The ingredients and their respective quantities, comply with the applicable laws and regulations of the destination country or state.

Meno Belly Ltd is not responsible for any delays, inconvenience, or non-delivery resulting from products being held at customs in countries outside the UK. We are also not liable for any additional costs, including import duties, taxes, or local fees, that may be imposed upon entry into such countries or states.

10.3 The shelf life and best before dates of our products are based on recommended storage conditions, as stated on the product label, under typical UK ambient climatic conditions. Many nutrients are sensitive to heat and humidity. Meno Belly Ltd cannot be held liable for any degradation physical, chemical, or microbiological resulting from storage or use in conditions that differ from those in the UK.

## **11. Our liability if you are a consumer**

11.1 We supply the Products for domestic and private use only. You agree not to use the Products for any commercial, business, or resale purposes. We are not liable for any loss of profit, loss of business, business interruption, or loss of business opportunity.

11.2 Nothing in these terms limits or excludes our liability for:

- (a) death or personal injury caused by our negligence.

- (b) fraud or fraudulent misrepresentation.

## **12. Events outside our control**

12.1 We will not be liable or responsible for any failure to perform, or delay in performance of, any of our obligations under a Contract that is caused by an Event Outside Our Control. An Event Outside Our Control means any act or event beyond our reasonable control, including without limitation strikes, lock-outs or other industrial action by third parties, civil commotion, riot, invasion, terrorist attack or threat of terrorist attack, war (whether declared or not) or threat or preparation for war, fire, explosion, storm, flood, earthquake, subsidence, epidemic or other natural disaster, or failure of public or private telecommunications networks or impossibility of the use of railways, shipping, aircraft, motor transport or other means of public or private transport.

## **13. Coaching Services**

13.1 By engaging with our coaching services, you consent to the collection and processing of personal data as outlined in our *Privacy Policy*. Your data will be handled securely and in accordance with UK GDPR regulations.

- These services are not a substitute for medical advice, mental health support, or professional healthcare.
- Birgitta Pain is not acting as a licensed medical provider.
- All recommendations are based on educational knowledge and professional training in functional health, coaching, and wellness practices, not medical credentials.
- Outcomes are influenced by a variety of factors and cannot be guaranteed.

You are responsible for your own health and decisions. You agree to use your judgment in implementing any strategies or advice and to seek appropriate medical support as needed.

### **13.2 Client Waiver & Assumption of Responsibility**

By engaging in coaching or consuming information from this website, you agree to the following:

- You understand that any changes to your nutrition, supplementation, lifestyle, or health practices are undertaken voluntarily and at your own discretion.
- You acknowledge that results may vary based on your individual circumstances, effort, and existing health conditions.



- You release Birgitta Pain and Meno Belly LTD from any and all liability or claims arising from your participation in services, programmes, or use of materials.
- Any supplements recommended are suggestions only, and it is your responsibility as the client to decide whether to proceed. You agree to consult with your medical provider before starting any new supplementation and acknowledge that any use of supplements is at your own risk.
- You will not hold Meno Belly LTD responsible for any adverse effects, outcomes, or misunderstandings that may occur as a result of applying any information, taking 'Meno belly supplement' or guidance provided.

#### **14. Testimonials & Results**

Any testimonials or success stories shared on this site or in communications are for illustrative purposes only. They reflect individual experiences and are not promises or guarantees of specific results.

#### **15. Intellectual Property**

All content, images, logos, and materials on this website are the property of Meno Belly LTD unless otherwise credited. You may not copy, reproduce, or distribute any content without prior written consent.