

03



summit healthshare

Core
+
Preventive
+
Complete Care

Plan 03



Core Care

We take care of the basics.



**Office
Visits**



**Urgent Care
& E.R.**



**Hospital &
Surgical Care**



**Maternity
Care**

Medical care that fits your budget

Summit Members choose an Unshared Amount of \$1,500, \$3,000, or \$6,000 (think “deductible”) along with a corresponding Monthly Contribution (think “premium”). The higher the UA, the lower the Monthly Contribution.

For any of the above medical needs, Once your Unshared Amount is met, all qualifying medical expenses are shareable with the Summit community, with no annual or lifetime caps.

Maternity Sharing

Similar to other Sharing Requests, expectant mothers are responsible for a one-time Unshared Amount that covers all qualifying expenses associated with their maternity Sharing Request.

Eligible expenses may include miscarriage, hospital, homebirth, prenatal care, mother's complications, postnatal care, and delivery.



Prenatal & Postnatal Sharing Allowance

The following listed services are available with a \$5,000 sharing limit. We recommend collecting a prenatal and postnatal prepayment package from your clinician.

Prenatal

- Routine office visits
- Routine lab work
- Doulas
- Midwives
- 2D, 3D, or 4D ultrasounds and more...

Postnatal

- Breast pumps
- Lactation consultant
- Postpartum counseling
- Acupuncture
- Chiropractic care and more...

Eligible delivery services

There is no sharing allowance or limit for delivery services.

- Hospital / Ob-gyn labor and delivery
- Cesarean
- Home births
- One in-hospital pediatrician visit includes routine immunizations, lab work, and hearing tests.

Reduction of UA Program for Maternity

Members with costs not exceeding \$10,000 for delivery, postnatal, and prenatal expenses are eligible to reduce the Unshared Amount responsibility by \$1,000.





Preventive Care

These services do not require an Unshared Amount to be met.



Preventive Screenings

A variety of preventive and alternative screening methods for both men and women.



Doctor Visits

Sharing allowances available for PCP, specialist, holistic clinician visits.



Child Wellness Visits

Sharing allowances for additional child well visits.



Child Immunizations

Sharing allowances for recommended childhood immunizations.



Preventive Screenings

Each preventive screening is available with a Sharing Allowance at certain ages.



Cologuard

At age 45, members have a Sharing Allowance of \$681 for Cologuard once every 3 years.



Colonoscopy

At age 50, members have a Sharing Allowance of \$3,000 for a colonoscopy once every 5 years.



Mammograph & Thermography

At age 40, members have an annual Sharing Allowance of \$400 for mammography or thermography.



Office Visits

Each member receives four of the following types of visits each membership year with a Sharing Allowance of up to \$200 per visit. Family maximum of \$2,400 each membership year.



Holistic Clinician

Members may use alternative clinicians and holistic medical approaches for the office visit allowance.



Well-Women

An annual visit with an OBGY and the accompanying Pap test are included in the Sharing Allowance.



Doctor Visits

Office visits with a licensed physician are included in the Sharing Allowance. Additional items billed with an office visit are included in the office visit allowance.



Children

The following services have a Sharing Allowance associated.



Immunizations

The following childhood immunizations are available with a Sharing Allowance based on the CDC price list up to age sixteen.

HPV	IPV	VAR
MEN	HIB	DTaP
PCV	HEP A	Tdap
RV	HEP B	MMR



Well Child Visits

The Preventive Sharing Request Allowance for a child well visit is up to \$200. Additional visits are up to age four.

www.cdc.gov/vaccines/programs/vfc/awardees/vaccinemanagement/price-list/index.html



How it Works

The process to share funds for these services can vary depending on the type of service, the provider, and your preference.



Instant Debit Card

Members can call and request an instant debit card to be emailed to pay for services in advance or at the time of service. Requesting selfpay discounts and providing a good faith estimate will help expedite the process and make you a savvy and responsible healthcare consumer.



Reimbursement

Members can pay for the service as a self-pay patient requesting applicable discounts. Open a Preventive Sharing Request and provide the itemized bill and payment receipt to Summit Healthshare.





summit healthshare

Complete Care

24/7 access to doctors for treatment of common medical concerns

Welcome to your virtual Primary Care and Urgent Care solution! We connect you with doctors through our app when you and your family need to see a doctor. All of our doctors are board-certified and are equipped to quickly treat any common medical concern.

Our virtual care solution provides unlimited 24/7 access with **zero out-of-pocket costs** for you and your family, ensuring that you get quality care when you need it, all from the convenience of your mobile device or computer.

Top Conditions Treated



Acne & Rashes

Ear Problems

Headache

Allergies

Fever

Pink Eye

Cold/Flu & Cough

Insect Bites

Respiratory Issues

GI Issues

Nausea & Vomiting

And More

What's Included in Your Plan

24/7 Access

Physicians are available whenever our patients need them, day or night

Primary Care Coordination

Your urgent care and primary care physicians can easily transfer your information for seamless care

Easy Prescription Pickup

Your physician will send any prescribed prescriptions to your preferred pharmacy for easy pickup

Phone & Video Capabilities

Live video and phone call options let you receive care the way you prefer

Visit Summaries

Your medical visit is recorded and transcribed, allowing you to access your information at any time

Summit is a healthshare community network that connects its members to a broad range of healthcare services. The described services are exclusively intended for non-emergency conditions.



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Product Highlights

61%

Decrease Your Healthcare Costs

Using virtual care in place of in-person visits decreases healthcare costs on average by 61%, letting you keep more money in your pocket

9
MIN.

24/7 Access to Care

Our physician network is available 24/7, 365 days of the year with members experiencing an average of only 9 minutes wait time to speak with a physician

1 of 3

Save Unnecessary Trips to the ER

30% of ER visits by members with a chronic condition are potentially avoidable, and can save you up to \$500 each time you use Virtual Urgent Care instead of visiting an ER

1
day

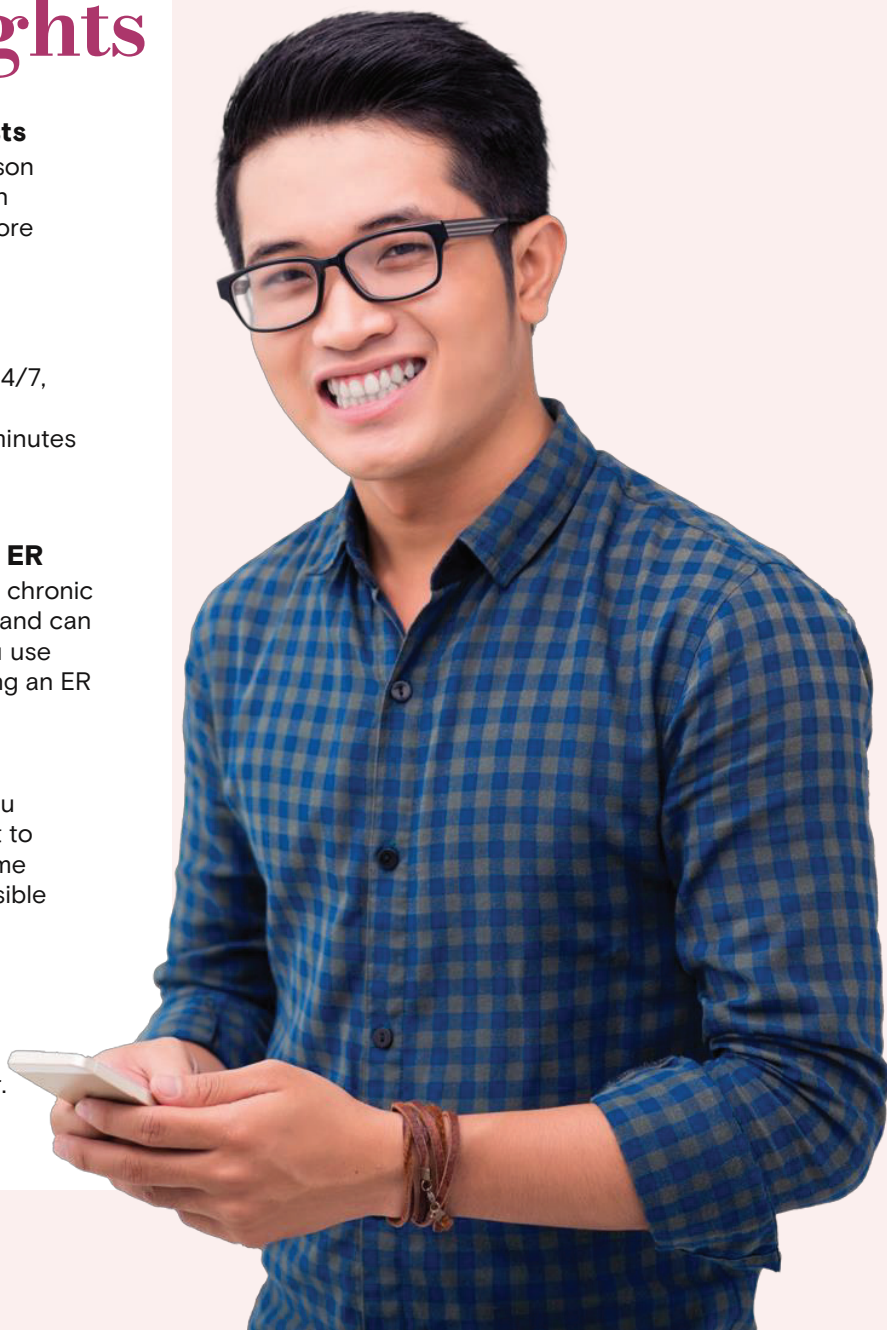
Same-Day Prescriptions

If your physician determines that you need a prescription, they will send it to your preferred pharmacy on the same day as your appointment when possible

\$0

Don't Skip Care Due to Costs

40% of Americans have delayed or skipped care due to the high associated costs of seeing a doctor. With Summit spend \$0/visit



Need Immediate Help?

Doctors are available 24/7/365 by phone, mobile app, or online.



NextGen Care

Behavioral Health

Collaborative Mental Wellness

Comprehensive behavioral health care from therapy and counseling to psychiatry and medication management, all delivered virtually.



Plan 03



✓ Psychiatry

✓ Therapy and Counseling

✓ Health Risk Assessment

✓ Risk Stratification

✓ Integrated Prescriptions

✓ PGx Testing

✓ Integrated Lab Testing

✓ Primary Care Coordination

Product Highlights



Holistic

Primary care and behavioral health doctors collaborate closely to ensure coordinated treatment plans that care for the whole patient.



Targeted

Pharmacogenetic (PGx) testing ensures the right behavioral health medication is prescribed, the first time.



Accessible

While today behavioral healthcare is difficult to access for so many, with Summit it is available and affordable.



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**Virtual
Care
Platform**



Conditions Treated

- ADHD / ADD
- Anger Management
- Anxiety
- Bipolar Disorder
- Sleeping Disorders
- Smoking Addiction
- Substance Abuse
- Depression
- Stress
- Eating Disorders
- Grief & Loss
- PTSD
- OCD
- And More

Product Details

Psychiatry

Psychiatry and behavioral health medication management.

Integrated Prescriptions

Prescriptions are immediately sent to the patient's preferred pharmacy for easy pickup.

PGx Testing

Pharmacogenetic testing to personalize the right medication and dosage for each patient, based on their genes.

Health Risk Assessment

Behavioral health-focused risk assessment including depression and anxiety.

Therapy and Counseling

Therapy and counseling services from social workers and psychologists.

Risk Stratification

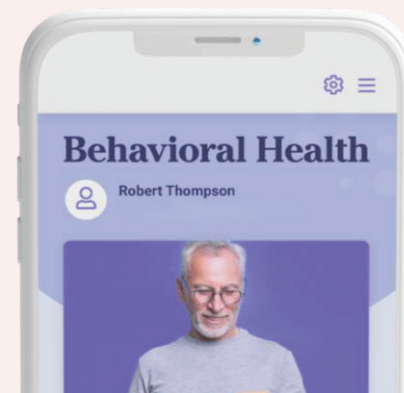
Analytics to identify those most at risk of behavioral health challenges to proactively engage and treat.

Integrated Lab Testing

Post-visit lab testing where needed, integrated within the platform.

Primary Care Coordination

Primary care and behavioral health can be integrated to provide holistic patient care.



**48
Hours**

Did you know?

Behavioral health visits are available within 48 hours*, far more accessible than other options.

*Subject to provider listed availability



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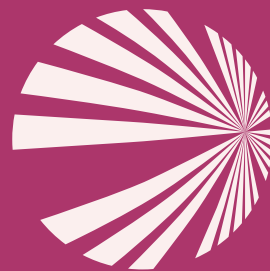
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Integrated Benefits

Pediatric Behavioral Health

Mental Wellness for Children & Families

Designed specifically to support kids and teens with a range of behavioral health needs.



Clinical Services



Parent Support



Virtual Options



Personalized Plans

Product Highlights



Comprehensive Program

Multidisciplinary care teams provide personalized support through virtual visits with expert therapists and coaches and on-demand resources for parents and caregivers.



Growing Need

Mental health challenges among children have increased, which has had a profound effect on parents and caregivers.



Provides Key Support

Support parents and caregivers with the support they need to successfully manage both their personal and professional lives.



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**Digital
Medical
Home**

☒ NEXTGEN CARE

☒ BENEFITS

Issues Treated

- School pressure
- Stress
- Anxiety
- Bullying
- Confidence
- Self-esteem

Product Details

Clinical Services

Provides highly specialized pediatric behavioral health clinical services.

Parent Support

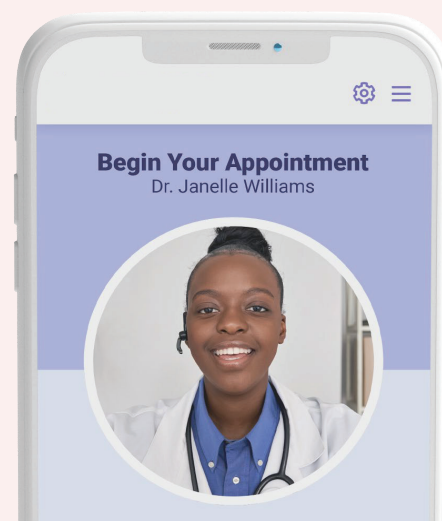
Self-guided and coach-supported skills training is available for parents and caregivers.

Virtual Options

Web-based, video, and on-demand care from healthcare professionals is delivered straight to any device.

Personalized Plans

Personalized treatment from expert therapists and coaches provides help for conditions like anxiety, depression, ADHD, and disruptive behavior.

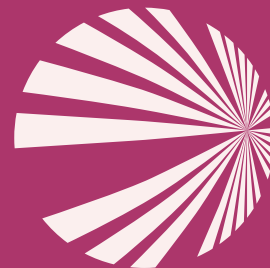


80%

Did you know?

80% of parents or caregivers reported that their children's disruptive behavior improved significantly.





Integrated Benefits

On-Demand Counseling

Support for Everyday Challenges

Compassionate counseling for individuals with personal, family, and work-related concerns, so they are supported when navigating life's challenges.



Virtual Consultations



Financial Planning Advice



Legal Assistance



Family Support Assistance



Face-to-Face Referrals

Product Highlights



Flexible Support for Most Needs

Access to guidance and resource referrals, whether an individual is a new parent, a caregiver, selling their home or needs legal advice.



Mental Wellness Counseling

Providing confidential, professional counseling sessions for a wide variety of concerns.



Financial & Legal Guidance

Legal and financial experts are available, in addition to in-app calculators for budgeting, loans, mortgages, and more.





Virtual Care Platform

☒ NEXTGEN CARE

☒ BENEFITS



Anxiety

Cognitive therapy, medication recommendations and more.



Depression

Therapy and medication options are effective treatments.



Grief / Loss

Talk therapy and coping strategies promote healthy healing.



Marital Issues

Counseling for navigating difficult challenges for couples.



Stress & More

Managing stress through multiple avenues and supporting other mental-health challenges.

Product Details

Virtual Consultations

Supporting individuals on topics such as caregiving, selling a home, legal advice and more.

Legal Assistance

Free over the phone or face-to-face legal consultations.

Face-to-Face Referrals

Set number of in-person visits with a licensed behavioral health clinician.

Family Support Assistance

Consultations and referrals for everyday issues such as dependent care, auto repair, pet care, and more.

Financial Planning Advice

Expert financial planning and consultation services.

81%

Did you know?

EAP counseling has helped improve outcomes for 81% of users with depression.

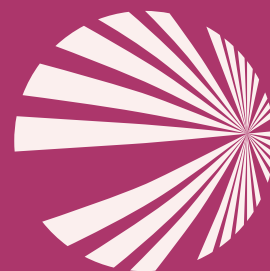


Integrated Benefits

Prescription Benefit

Medications for Less Cost

Your prescription benefit includes \$0 copay medications for chronic conditions (with home delivery) and urgent care needs.



✓ Prescription Benefit Card

✓ Medication Delivery

✓ Extensive List of Prescriptions

✓ National Pharmacy Network

✓ Easy-to-Use Member Portal

Product Highlights



Reduced Health Plan Costs

Employer and health plan pharmacy expenditures are managed through a benefit that provides access to covered prescriptions at a PEPM rate.



Convenient Prescriptions

Members can pickup urgent care medications from the pharmacy with a conveniently placed digital card, or order ongoing medications by mail from the convenience of home.



More Favorable Health Outcomes

Increased adherence to care plans and follow through on medication pickup due to \$0 prescription copay model and ease of access.





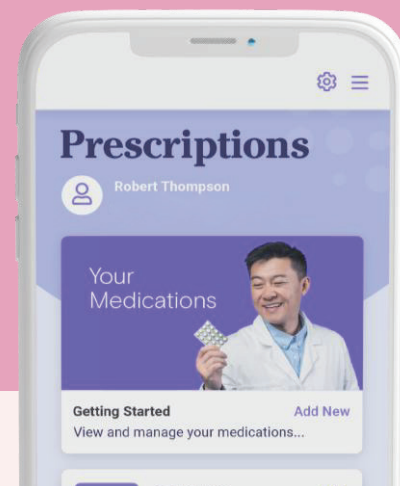
**Virtual
Care
Platform**

☒ NEXTGEN CARE

☒ BENEFITS

Sample Medications

- Albuterol
- Amoxicillin
- Atorvastatin
- Benazepril
- Cephalexin
- Clindamycin
- Fluoxetine
- Lisinopril
- Metformin
- Prednisone
- Sertraline
- Sucralfate



Product Details

Prescription Benefit Card

Digital card that can be presented when picking up urgent care medications at a member's local pharmacy.

Home Medication Delivery

Mail order pharmacy for home delivery of covered chronic care medications.

Easy-to-Use Member Portal

An integrated member portal allows users to easily request home delivery of prescriptions.

Broad Prescription List

Access to approximately 65 generic urgent care prescriptions at no cost to the member.

Extensive Pharmacy Network

This benefit is accepted at over 70K retail pharmacy locations across the U.S.

95%

Did you know?

Prescription Benefit includes 95% of the top 200 most prescribed maintenance medications for the most common conditions?

