



HORSES & HEALING

WOMEN'S MONTHLY GROUP PROGRAM COME TO ALL OR JUST 1X

Facilitator Courtney Brown 828 507 3131

June 29	5 - 7 P.M.	Myofascial Release
July 27	5 - 7 P.M.	Meditation & Movement
Aug. 30	10 - 12 A.M.	Breathwork
Aug. 31	1 - 3 P.M.	EFT Tapping
Sept. 27	10 - 12 A.M.	Compassionate Listening
Sept. 28	1 - 3 P.M.	Myofascial Release

The Big Red Barn, Highlands, NC

\$125 per person

Registration: <https://forms.gle/9FwYdRo4hLjiqoLTA>



Holistic Horse Wisdom

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Holistic Coach and Counselor

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