## The Nutritional Management of Eating Disorders: A Training Course for Registered Dietitians

## FACILITATED BY:

PATRIZIA JESUE, RD

This 24-hour course is designed to provide comprehensive training for registered dietitians interested in treating individuals with eating disorders. This course includes a detailed course pack of materials including usable patient handouts, assessment materials, book chapters and journal articles.

## EARN 20 CONTINUING EDUCATION CREDITS cost - \$650 for the course

Week One - Introduction of eating disorder diagnoses, characteristics of eating disorders, assessment measures and medical complications

Week Two - Nutrition counseling methods and treatment modalities, meal planning techniques, learn the different tools in the eating disorder RD's toolbox, case studies

**Week Three** - Health at Every Size, weight stigma and the non-diet approach

**Week Four -** Treating body image distortion and related concerns, body positivity, intuitive exercise

All course dates are from 9am-3pm.



## Location: 1750 S. Telegraph Rd., Ste 102 Bloomfield Hills, MI 48302

To register, call 248-686-0340 or email info@nutritioncounselingcenter.com