



## *Brow Lamination Before & After Care*

### *Before Your Treatment-*

- ✍ If you are using any retinols, AHAs, Vitamin C, exfoliants, Retin-A, glycolic acid, acne medications, anti-aging products, etc., discontinue use 7-10 days before appointment.
- ✍ Avoid spray tanning, sunless tanning, or spray-on makeup one week prior to appointment.
- ✍ Avoid trimming or tweezing your brows. The more hair, the better.
- ✍ If there are any blemishes or cuts on or around your brows, please wait until fully healed before booking an appointment.
- ✍ Come with a clean face. The cleaner the brows, the better.

### *The First 24 Hours After Your Treatment-*

- ✍ Don't get your brows wet.
- ✍ Avoid using heavy creams, makeup, or makeup remover on your brows.
- ✍ Try not to sleep directly on your brows.
- ✍ Avoid touching or rubbing the treated area

### *2+ Days After Your Treatment-*

- ✍ Begin daily use of the nourishing brow treatment that we gave you at your appointment.
- ✍ Avoid excess heat, swimming, saunas, and working out for the first 48 hours.
- ✍ Do not allow prolonged exposure to direct sunlight or heat for the first 48 hours.
- ✍ If using self-tanner, professionally tanning, or using spray-on makeup, wait at least one week after initial treatment to start again.
- ✍ Do not apply Retin-A, AHA, etc. or exfoliate around the brow area for 7-10 days after treatment.
- ✍ After getting your brows wet, gently brush brow hairs into place using a spoolie, following the direction of brow hair placement. Do this until the lamination fades.
- ✍ Avoid any trimming or tweezing your brows. Leave this to your brow stylist!

### *Additional Information-*

- ✍ Tinting will appear darker and more defined immediately following your treatment.
- ✍ Chlorine and certain skincare products will shorten the life of the perm and tints.
- ✍ Oil-based make-up and make-up removers can cause tint/dye to fade quickly.
- ✍ For the best lamination results, **maintenance** is key. Lamination can be done again at 8 weeks and tint/dye can be done every 3-4 weeks, depending on your hair growth.
- ✍ You may find your brows are more sensitive after treatment. This sensitivity will subside after 24 hours.
- ✍ If you have any concerns regarding your treatment, please call or text us at (585) 201-8766.