



Empowering Educators: Practical ADHD Training for Inclusive Classrooms

With Jannine Perryman, MA, PGCE, ADHD Wise UK,
Qualified Teacher, SEND Specialist Teacher Consultant and
Neurodiversity Coach

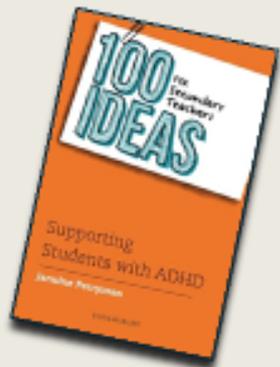
Jannine Perryman



Jannine Perryman MA, PGCE, is a qualified teacher and a leader in the field of supporting ADHD and associated conditions in both educational and workplace environments. She blends theory into practice in a way that truly makes a difference for all involved. Jannine's substantial investment in this field makes her an unrivalled expert.

Her background in commerce (training, recruitment and retention) before transitioning to education (Learners with Additional Needs), combined with her academic expertise in Psychology and Multi-Agency Practice, equips her to help you implement realistic and sustainable adaptations in your environment, ensuring genuine inclusion.

Jannine is also author of 100 Ideas for ADHD in Secondary Schools (Bloomsbury Education), which has been recognised as a TEACH First Awards finalist, demonstrating her commitment to practical, impactful strategies for supporting neurodiverse students.



What is ADHD?

ADHD is a neurodevelopmental difference that presents both strengths and challenges. Often misunderstood, those with ADHD can be left at a disadvantage without the right support. By understanding ADHD and implementing tailored teaching methods, educators can help students grasp expectations and thrive. Our goal is to offer practical insights and strategies that empower you to make adjustments, creating an environment where everyone can flourish.

Our Training

Our training structure provides a flexible outline designed to meet your unique requirements, both in preparation and on the day. Each session can be adapted to suit your school's culture, addressing specific challenges and enhancing the wellbeing of both staff and students.

Training Content (flexible)

1. Understanding ADHD and wider neurodiversity
2. Motivating and supporting ADHD students
3. Supporting emotional and physical needs
4. Classroom management
5. Distractions, disruptions and disrespect
6. Memory
7. Learning and exams
8. Impulsivity, attribution and justice
9. Homework, attendance and independent development
10. Working with parents and professionals



Cost

Twilight Session: £350

Half day: £750

Full Day: £950

- The Twilight Session is an abridged introduction to our half and full-day training sessions, delivered online.
- Half day and full day can be delivered in person or online.
- Where required, travel and accommodation costs may be in addition to the above.

Free Discovery Call!

Jannine offers a free discovery call to find out what changes you are looking to achieve through training and discuss any issues that have arisen. She will then be able to adapt what is delivered to meet your specific needs.

To book your free discovery call, contact info@adhdwise.uk.