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- **MANUFACTURER ACCREDITATION(S):**

- **BLEND:** ELEVATE
- **LOT:** 15516
- **PURPOSE:** Certificate of Analysis (COA)
- **MANUFACTURED:** USA

cGMP Certified Good Manufacturing Practices

FDA REGISTERED

NSF

ISO 9001 2015

usp

Pharma Natural® Natural Health Solutions

Pharma Natural, Inc.
14500 NW 60th Ave, Building 7F, Fl 33014 USA
Ph.:305 231 8877 Fax.:866 526 4796
www.pharmanatural.com

CERTIFICATE OF ANALYSIS

Product Name:	ELEVATE	CoA Number:	MEU004-2023
Presentation:	60 Capsules	Bulk Number:	BK3485
Serving Size:	1 Capsule	Manufacture Date:	11/2023
Servings Per Unit:	60	Expiration Date:	11/2026
Lot Number:	15516	Testing Completed	12/08/2023
P.O:	MEU-BIO-002		

Physical Analysis

Test	Specification	Result	Method
Appearance and Color	Veggie Capsule "00" Clear filled with ligth brown powder	Pass	Visual, SOP 024
Weight (mg)	760 mg ± 10 %	772 mg	USP<2091>, SOP L047
Disintegration	< 30 min	13 min	USP<2040>, SOP L048

Chemical Analysis

Active Ingredients per Capsule	Composition	Specification	Assay Result	Method
Reishi mushroom (*Ganoderma sinens*) (fruiting body)	250 mg	r > 0.90 Correlation to Standard	Present by input	Input by batch record review
Scarlet Caterpillarclub Mushroom (*Cordyceps militaris*) (fruiting body)	180 mg	r > 0.90 Correlation to Standard	Present by input	Input by batch record review
Lion's Mane Mushroom (*Hericium erinaceus*) (fruiting body)	100 mg	r > 0.90 Correlation to Standard	Present by input	Input by batch record review
Rhodiola rosea Extract (root)	100 mg	r ≥ 0.90 Correlation to Standard	Present by input	Input by batch record review

Heavy Metals

Test	Specification (ppm) (mcg/g)	Results (ppm) (mcg/g)	Method
Lead (Pb)	≤ 0.5	0.0099	ICP-MS USP<2232>, SOP L052
Arsenic (As)	≤ 1.5	0.0750	ICP-MS USP<2232>, SOP L052
Cadmium (Cd)	≤ 0.5	0.0060	ICP-MS USP<2232>, SOP L052
Mercury (Hg)	≤ 1.5	0.0820	ICP-MS USP<2232>, SOP L052

Microbiological Analysis

Test	Specification	Result	Method
Rapid Aerobic Count Plate	≤10,000 cfu/g	<10,000 cfu/g	USP-NF<2021>, SOP L056
Rapid Yeast & Mold Count Plate	≤1,000 cfu/g	<1,000 cfu/g	USP-NF<2021>, SOP L056
Escherichia coli	Absence / 10g	Negative	USP-NF<2022>, SOP L056
Salmonella spp.	Absence / 10g	Negative	USP-NF<2022>, SOP L056

Prepared by Wilmer Torres
QUALITY SPECIALIST
12/11/2023
DATE

Approved by Rosa Lydia Solis
QUALITY ASSURANCE MANAGER
12/11/2023
DATE

FORM 25.1

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- **INGREDIENT ACCREDITATION(S):**

- **BLEND:** ELEVATE
- **INGREDIENT:** Reishi (*Ganoderma lucidum*) Mushroom
- **LOT:** L23090102X
- **PURPOSE:** Ingredient COA
- **ORIGIN:** USA

USDA ORGANIC

KOSHER

GF GLUTEN FREE

CERTIFIED VEGAN VEGAN.ORG

BRCGS Food Safety CERTIFICATED

NON GMO Project VERIFIED nongmoproject.org

CERTIFICATE OF ANALYSIS

Product Name: Reishi, (*Ganoderma lucidum*)
Mushroom mycelial biomass and fruit body powder cultured on organic oats (*Avena sativa*)

Claim: Certified 100% Organic (USDA-NOP Standards) Product of USA (California)

Item #: 50020

Lot #: L23090102X

Manufacturing Date: 10/17/2023 (milling date)

Best Used By Date: 10/2026

Laboratory Analysis

Test	Method	Specification	Actual Reported Value
Identification	DNA sequencing of master tissue culture, taxonomic and visual monitoring of morphology and growth metrics during growth cycle. Annual HPTLC testing on milled powder.	Complies to species positive ID specifications	Complies to species positive ID specifications
% Moisture	Constant Weight Moisture Meter	< 6% moisture	2.7 % moisture
Particle Size	Screen / Sieve	≥ 95% through 60 Mesh	Complies
Gluten	ELISA with RIDASCREEN® Total Gluten - R7041	< 20 ppm	Complies
TPC	FDA BAM Chapter 3 or equivalent	≤ 10,000 cfu/g	< 10 cfu/g
Yeast & Mold	FDA BAM Chapter 18 mod. or equivalent	≤ 1,000 cfu/g	90 cfu/g
Coliforms	CMMEF Chapter 9.933 or equivalent	≤ 100 cfu/g	< 10 cfu/g
E. coli	CMMEF Chapter 9.933 or equivalent	< 10 cfu/g (Not Detected)	< 10 cfu/g (Not Detected)
Salmonella	AOAC-RI 121501 or equivalent	Not detected / 25 g	Not detected / 25 g
Listeria spp.	AOAC-RI 061702 or equivalent	Not detected / 25 g	Not detected / 25 g
Arsenic (As)	ICP-MS	≤ 0.25 ppm	0.0149 ppm
Cadmium (Cd)	ICP-MS	≤ 0.1 ppm	0.00755 ppm
Lead (Pb)	ICP-MS	≤ 0.1 ppm	< 0.00500 ppm
Mercury (Hg)	ICP-MS	Not Detected at LOQ	< 0.00500 ppm (LOQ)

Color variation may occur on the final product due to fruit body content.
Limit of quantification (LOQ)

Sensory Analysis

Test	Specification	Results
Appearance / Color	Brown Powder	Complies
Aroma	Mild / Earthy	Complies
Flavor	Slightly Bitter / Nutty / Earthy	Complies
Texture	Powdery	Complies

Hector Ramirez — *Quality Responsible*

10-25.23 — *Date*

D/18/11
Rq15069

Reishi L23090102X

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- **INGREDIENT ACCREDITATION(S):**

- **BLEND:** ELEVATE
- **INGREDIENT:** Scarlet Caterpillarclub (*Cordyceps militaris*) Mushroom
- **LOT:** L23081504P
- **PURPOSE:** Ingredient COA
- **ORIGIN:** USA

CERTIFICATE OF ANALYSIS

Product Name: *Cordyceps militaris* Mushroom mycelial biomass, stroma and fruit body powder cultured on organic oats (*Avena sativa*)

Claim: Certified 100% Organic (USDA-NOP Standards) Product of USA (California)

Item #: 50040

Lot #: L23081504P

Manufacturing Date: 10/08/2023 (milling date)

Best Used By Date: 10/2026

Laboratory Analysis			
Test	**Method**	**Specification**	**Actual Reported Value**
Identification	DNA sequencing of master tissue culture, taxonomic and visual monitoring of morphology and growth metrics during growth cycle. Annual HPTLC testing on milled powder.	Complies to species positive ID specifications	Complies to species positive ID specifications
% Moisture	Constant Weight Moisture Meter	< 6% moisture	3.8 % moisture
Particle Size	Screen / Sieve	≥ 95% through 60 Mesh	Complies
Gluten	ELISA with RIDASCREEN® Total Gluten - R7041	< 20 ppm	Complies
TPC	FDA BAM Chapter 3 or equivalent	≤ 10,000 cfu/g	10 cfu/g
Yeast & Mold	FDA BAM Chapter 18 mod. or equivalent	≤ 1,000 cfu/g	10 cfu/g
Coliforms	CMMEF Chapter 9.933 or equivalent	≤ 100 cfu/g	< 10 cfu/g
E. coli	CMMEF Chapter 9.933 or equivalent	< 10 cfu/g (Not Detected)	< 10 cfu/g (Not Detected)
Salmonella	AOAC-RI 121501 or equivalent	Not detected / 25 g	Not detected / 25 g
Listeria spp.	AOAC-RI 061702 or equivalent	Not detected / 25 g	Not detected / 25 g
Arsenic (As)	ICP-MS	≤ 0.25 ppm	0.0124 ppm
Cadmium (Cd)	ICP-MS	≤ 0.1 ppm	0.00681 ppm
Lead (Pb)	ICP-MS	≤ 0.1 ppm	0.0164 ppm
Mercury (Hg)	ICP-MS	Not Detected at LOQ	< 0.00500 ppm (LOQ)

Limit of quantification (LOQ)

Sensory Analysis		
Test	**Specification**	**Results**
Appearance / Color	Light Brown Powder	Complies
Aroma	Mild / Earthy	Complies
Flavor	Nutty / Earthy	Complies
Texture	Powdery	Complies

Hector Ramirez
Quality Responsible

10-18-23
Date

Qty 1812
Qty 15070

C. Militaris L23081504P

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- **INGREDIENT ACCREDITATION(S):**

- **BLEND:** ELEVATE
- **INGREDIENT:** Lion's Mane (*Hericium erinaceus*) Mushroom
- **LOT:** L23082910A
- **PURPOSE:** Ingredient COA
- **ORIGIN:** USA

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CERTIFIED VEGAN VEGAN.ORG

BRCGS Food Safety CERTIFICATED

NON GMO Project VERIFIED nongmoproject.org

CERTIFICATE OF ANALYSIS

Product Name: Lion's Mane (*Hericium erinaceus*) Mushroom mycelial biomass and fruit body powder cultured on organic oats (*Avena sativa*)

Claim: Certified 100% Organic (USDA-NOP Standards) Product of USA (California)

Item #: 50100

Lot #: L23082910A

Manufacturing Date: 10/11/2023 (milling date)

Best Used By Date: 10/2026

Laboratory Analysis

Test	Method	Specification	Actual Reported Value
Identification	DNA sequencing of master tissue culture, taxonomic and visual monitoring of morphology and growth metrics during growth cycle. Annual HPTLC testing on milled powder.	Complies to species positive ID specifications	Complies to species positive ID specifications
% Moisture	Constant Weight Moisture Meter	< 6% moisture	2.5 % moisture
Particle Size	Screen / Sieve	≥ 95% through 60 Mesh	Complies
Gluten	ELISA with RIDASCREEN® Total Gluten - R7041	< 20 ppm	Complies
TPC	FDA BAM Chapter 3 or equivalent	≤ 10,000 cfu/g	< 10 cfu/g
Yeast & Mold	FDA BAM Chapter 18 mod. or equivalent	≤ 1,000 cfu/g	< 10 cfu/g
Coliforms	CMMEF Chapter 9.933 or equivalent	≤ 100 cfu/g	< 10 cfu/g
E. coli	CMMEF Chapter 9.933 or equivalent	< 10 cfu/g (Not Detected)	< 10 cfu/g (Not Detected)
Salmonella	AOAC-RI 121501 or equivalent	Not detected / 25 g	Not detected / 25 g
Listeria spp.	AOAC-RI 061702 or equivalent	Not detected / 25 g	Not detected / 25 g
Arsenic (As)	ICP-MS	≤ 0.25 ppm	0.0153 ppm
Cadmium (Cd)	ICP-MS	≤ 0.1 ppm	0.00828 ppm
Lead (Pb)	ICP-MS	≤ 0.1 ppm	< 0.00500 ppm
Mercury (Hg)	ICP-MS	Not Detected at LOQ	< 0.00500 ppm (LOQ)

Limit of quantification (LOQ)

Sensory Analysis

Test	Specification	Results
Appearance / Color	Brown Powder	Complies
Aroma	Mild / Earthy	Complies
Flavor	Slightly Bitter / Nutty / Earthy	Complies
Texture	Powdery	Complies

Hector Ramirez — *Quality Responsible*

10-20-23 — *Date*

Rq 1813
Rq 15074

Lion's mane L23082910A

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- **INGREDIENT ACCREDITATION(S):**
  - Organic
  - NON-GMO
  - Vegan
  - Hala
  - Kosher

- **BLEND:** ELEVATE
- **INGREDIENT:** Rhodiola (*Rhodiola rosea*) Root Extract
- **LOT:** 0100864801
- **PURPOSE:** Ingredient COA
- **ORIGIN:** Spain

CERTIFICATE OF ANALYSIS

Customer :
Your order :
Quantity (kg) :

Batch No. : 0100864801
Analysis No. : 430038

Code/Product: 873024 - RHODIOLA ROSEA ROOT DRY EXTRACT

Register No.: 23_03093

Manufacturing date : March 2023
Approval date : 19 April 2023
Retesting date : 19 April 2026

PHYSICAL - CHEMICAL TESTS	SPECIFICATIONS	RESULTS	METHODS
IDENTIFICATION			
Appearance	Powder	Powder	SOP No. MG-279
Colour	Reddish-brown	Reddish-brown	SOP No. MG-279
Odour	Characteristic	Characteristic	SOP No. MG-279
Identification by HPLC	Corresponds to reference chromatogram	Corresponds to reference chromatogram	SOP No. HPLC-799
TESTS			
Loss on drying	NMT_5 %	3 %	Ph. Eur., SOP No. MG-042
Residual ethanol by GC (loq=0.62 mg/kg)	NMT_0.5 %	0.01 %	CPMP/ICH/283/95 (SOP No. GC-116)
Tapped density	Specific batch control	0.90 g/ml	Ph. Eur., SOP No. MG-312
Bulk density	Specific batch control	0.67 g/ml	Ph. Eur., SOP No. MG-310
Particle size < 180 µm	NLT_95 %	99 %	Ph. Eur., SOP No. MG-223
Microbiological control		-	Ph. Eur.
Total aerobic count	NMT_1x10⁴ cfu/g	<10.0 cfu/g	Ph. Eur.
Total combined yeasts/moulds count	NMT_1x10² cfu/g	<10.0 cfu/g	Ph. Eur.
Bile-tolerant gram-negative bacteria	NMT_100 cfu/g	<10 cfu/g	Ph. Eur.
Escherichia coli	Absence /1g	Absence /1g	Ph. Eur.
Salmonella	Absence /25g	Absence /25g	Ph. Eur.
ASSAY			
Total rosavins (dried extract)	NLT_3 %	3 %	SOP No. HPLC-799
Salidroside (dried extract)	NLT_1 %	2 %	SOP No. HPLC-799
COMPLEMENTARY DETERMINATIONS			
Heavy metals by ICP-MS		-	Ph. Eur. / USP
Lead	NMT_1.0 mg/kg	0.020 mg/kg	
Cadmium	NMT_1.0 mg/kg	0.012 mg/kg	
Mercury	NMT_0.1 mg/kg	<0.008 mg/kg	
Arsenic	NMT_1.0 mg/kg	0.027 mg/kg	
Pesticides (GC)	Conforms	Conforms	Ph. Eur. / USP

REMARKS:
PESTICIDE RESIDUES, HEAVY METALS, AFLATOXINS AND MICROBIOLOGICAL CONTAMINATION:
Tested on the herbal drug in accordance with Ph. Eur.
STORAGE: Store in a cool and dry area in well-closed containers.
The cited pharmacopoeia monograph corresponds to the respective valid version of the pharmacopoeia

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- **INGREDIENT ACCREDITATION(S):**
  - Organic
  - NON-GMO
  - Vegan
  - Hala
  - Kosher

- **BLEND:** ELEVATE
- **INGREDIENT:** Rhodiola (*Rhodiola rosea*) Root Extract
- **LOT:** 0100864801
- **PURPOSE:** Ingredient COA
- **ORIGIN:** Spain

CERTIFICATE OF ANALYSIS

Customer	:	**Batch No.**	: 0100864801
Your order	:	**Analysis No.**	: 430038
Quantity (kg)	:		

Code/Product: 873024 - RHODIOLA ROSEA ROOT DRY EXTRACT

		Manufacturing date	: March 2023
		Approval date	: 19 April 2023
Register No.: 23_03093		**Retesting date**	: 19 April 2026

PHYSICAL - CHEMICAL TESTS	SPECIFICATIONS	RESULTS	METHODS

REMARKS ABOUT ANALYSIS:
Extract manufactured in Spain

Used plant parts: Rhodiola rosea root consists of the dried root of Rhodiola rosea L.

Mollet del Vallés, 30 August 2023 **RELEASED: Dr. Xavier Ragàs, Quality Control Manager**

This is a computer print of the certificate of analysis which has been undersigned on the original and is valid without a signature.

EUROMED S.A. Pol. Can Magarola, C/. del Rec de Dalt, 21-23 - E-08100 Mollet del Vallès (Spain) - Tel. +34-93-544 01 10 - Fax. +34-93-544 01 11

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- **INGREDIENT ACCREDITATION(S):**
  - None.

- **BLEND:** ELEVATE
- **INGREDIENT:** Silica (*Silicon dioxide*)
- **LOT:** 18997
- **PURPOSE:** Ingredient COA
- **ORIGIN:** USA

KJC NUTRA HEALTHY PRODUCTS QUALITY

Product Name: **Silicon Dioxide Powder (Pirosil PS-200)**

Manufacture Date: May, 2023

Expiration Date: May, 2025

Batch No: **18997**

Quantity: **13.44mt**

Characteristics	Test Results	FCC Limits
A	PASSES TEST	PASSES TEST
B	PASSES TEST	PASSES TEST
ASSAY (as SiO_2), %	96	94 min
Lead, ppm	1.0	5 Max.
Loss on Drying (105° C 2 hours), %	5.7	7 Max.
Loss on Ignition (1000° C 1 hour), %	6.0	8.5 Max.
Soluble Ionizable Salts (as Na_2SO4), %	1.5	5 Max.
Tapped density, g/l	158	160 Max.

This product meets FCC specifications.

Note: The above information is based on the certificate of analysis received from the manufacturer of this product. It is not intended to be a substitute for strict quality control analysis by the purchaser of this product.

Quality Control

CONTACT INFO: 12601 NW 115 th ave, Ste A-103 Medley, Fl 33178
kcharfan@kjcnutra.com / cs@kjcnutra.com 786.462.2549 / 786.444.5905

KJC NUTRA INC. kjcnutra.com

RM 0481
Lot 14989