SCRIPTURE MEDITATIONS

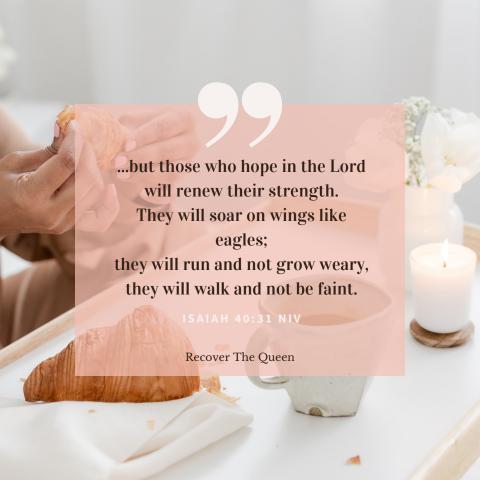
"Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful."

Joshua 1:8



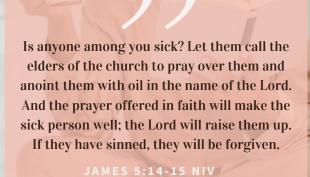
The Bible tells us that when we meditate on scripture and put it into action, we will be prosperous and successful. If we desire to be successful in finding peace and healing in times of pain and suffering, there is no better tool to turn to than God's Word. Here is a curated list of Bible verses to meditate on as you journey toward healing.

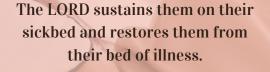




Heal me, LORD, and I will be healed; save me and I will be saved, for you are the one I praise.

JEREMIAH 17:14 NIV



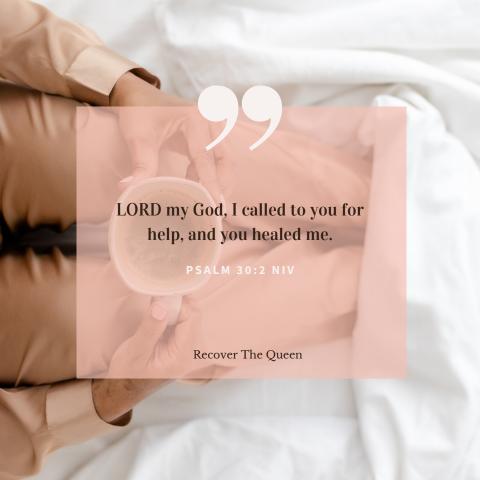


PSALM 41:3 NIV

But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.'

Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

2 CORINTHIANS 12.9-10 NIV

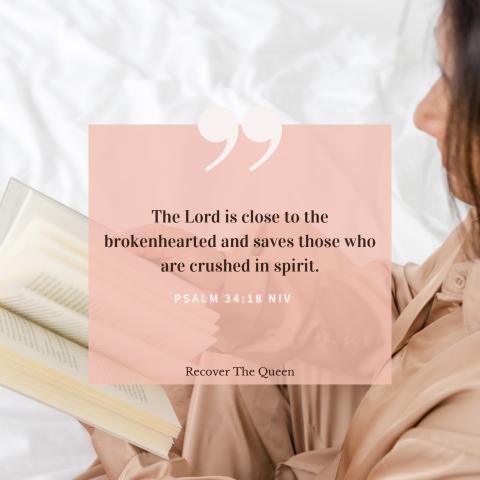




Commit your way to the Lord; trust in him and he will do this: He will make your righteous reward shine like the dawn, your vindication like the noonday sun.

PSALM 37:5-6 NIV





We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed.

2 CORINTHIANS 4:8-9 NIV

When meditating on these scriptures, take your time to reflect on their meaning and how they relate to your situation. Pray for healing, strength, and faith. Remember that healing can encompass not only physical health but also emotional and spiritual well-being. Additionally, consider seeking guidance from a spiritual leader, counselor or coach to walk with you on your journey.