



A Friend for You
PREGNANCY SUPPORT

2024 Annual Newsletter

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Our Vision

That every woman is
equipped and empowered
during and after pregnancy.

Stay informed & connected ~ read on!



OUR MISSION

To serve those who are pregnant by offering:

- unconditional support through friendship
- tangible services
- connection to community resources



LIVING OUT OUR MISSION

UNCONDITIONAL SUPPORT

93% OF CLIENTS SAY THEY CALL US BECAUSE THEY DO NOT HAVE AN ADEQUATE FAMILY/FRIEND SUPPORT SYSTEM



"[I was thankful for] being remembered, feeling seen and heard during a hard time. Knowing I could reach out to my friend who was happy to lend an ear and encouragement."

~ Karolina

"Being in a new area as an expectant mother was intimidating. My friend helped me to feel more connected to the community and confident during my pregnancy. I have been alone in the world for some time in my life. She made me realize I didn't have to do life alone anymore. Thank you so much!!" (name changed for privacy)

~ Nicole



TANGIBLE SERVICES

CLIENTS RECEIVE THREE SMALL GIFTS THROUGHOUT THEIR PREGNANCY, A GIFT BASKET AND MEALS POST PREGNANCY, HOLIDAY TOUCHPOINTS THROUGH THE YEAR, AND GROUP EVENTS FOR CONNECTION



The gifts sent during my pregnancy came at the right times. I was always in shock when I received the gifts because they were exactly what I needed during that time. I am not used to getting gifts.. [I felt] seen/heard by others. They even sent gifts for my other children for Christmas. I was in tears because I was worried I couldn't afford a lot of gifts for them to begin with. They were so happy to receive those and I felt as if I had a team to help me get through the holidays.

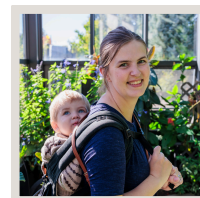
~ Ally

CONNECTION TO COMMUNITY RESOURCES

OUR NETWORK WITH LOCAL RESOURCES CONNECTS CLIENTS TO ADDITIONAL SUPPORT FOR PHYSICAL, PROFESSIONAL AND MENTAL HEALTH NEEDS

"...[my friend] was able to help me with a lot of great resources and was always willing to look around for anything we needed and really was such an incredible advocate for us and even brought us fresh veggies at a time when we were struggling with food."

~ Jessica





2024 AT A GLANCE

2024 Fiscal Year: Dec. 1, 2023 - Nov. 30, 2024

SERVICES PROVIDED

2023

2024

FRIENDSHIP PROGRAM

A one-on-one friendship between a client & a trained volunteer

41 matched friendships

64 matched friendships

POST PREGNANCY CARE

Post-pregnancy meals & gift for clients & their families

14 families

18 families

ENCOURAGING GIFTS

Gifts & holiday touchpoints for clients throughout the year

149 gifts

187 gifts

GROUP EVENTS

Free events for volunteers, clients & their children

2 Events

5 Events

CHRISTMAS

Christmas gifts for clients and their families

(Dec 2022)
59 gifts

**(Dec 2023)
86 gifts**

VOLUNTEERS

Volunteer Friends & Board of Directors

30

43





A CLIENT & VOLUNTEER SHARE THEIR STORY

Jessica & Tammy



"A Friend for You gave me the best experience that I could ever want and all the support that I needed. I met with [Tammy] every week for lunch to help me learn how to become the best mom that I could."

Jessica, Client



A Friend for You

Jessica & Tammy Share Their Story

Jessica

Q. How did you hear about A Friend for You?

A. I heard about A Friend for You from my ex-sister in law.

Q. What sounded most interesting about our services that led you to join?

A. It was how I could get matched with a good friend and to get all of the good services that I need by being a first time parent.

Q. Who was your matched Friend, and how did your relationship with your Friend grow? What would you like to share about her?

A. My Matched friend was Tammy. Our friendship grew strong. What I want to share about her is that she's a really good friend and she even went to my baby shower when I had it. We still have contact with each other and still meet up.

Q!. Why are you sharing about your experience with A Friend for You?

A. I'm sharing... because I love this program. I think it's really good to have it for first time moms or just moms in general. It's always good to have all of the resources and to have [a] matched friend who you can talk with about parenting. And I'm really glad I got to experience this program and to experience this time with Tammy. I highly recommend this program to every pregnant woman out there.

Q. What do you want to say to someone who is pregnant and feeling like she could use some extra support?

A. I would like to say to someone who is pregnant that I highly recommend you to get in touch and contact A Friend for You to get all of the support which you can get and need. It's a blessing and it will help you a lot in the long run. And it will save your life...I got all the support that I needed and wanted and it helped me a lot and saved my life!

Tammy

Q. How long have you been involved with A Friend for You?

A. Since Feb. 2024 after hearing [A Friend for You] speak at bible study.

Q. What drew you to get involved with A Friend for You?

A. I had been praying for a few months about where I was to volunteer my time. A few of the leaders came to CitiPointe women's bible study and spoke about A Friend for You and what it was about.... I had adopted my oldest son and his birth mother was 16 and I walked through the last three months of her pregnancy with her. Talking to her, taking her to doctor appointments.. I felt this would be a little like that. After praying about it, I knew this was what God wanted me to do!

Q. Have you connected Jessica to any community resources?

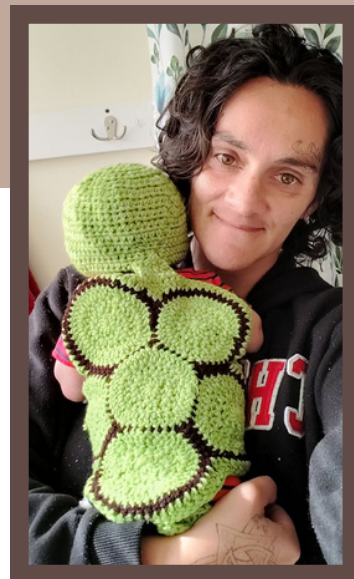
A. The biggest resource I connected Jessica to is Marisol Family. They provided her with diapers, formula and preemie clothes. They can go there once a week and get items for the baby. This has been a great resource since they[knew they] were having a preemie and it had been hard to get premie items for the baby.

Q. What kind of growth have you seen in Jessica?

A. I enjoy seeing the strength she has shown. She went through a long labor which ended in a c-section. She had a preemie baby girl but has shown such strength in taking care of her and allowing herself to heal. She is enjoying everything that sweet little baby is doing everyday as she grows and gets stronger. [Jessica] isn't getting frustrated with the lack of sleep but rejoices in all that she sees the baby learning to do everyday!

Q. What do you specifically enjoy about being a volunteer?

A. I enjoy the time I spend investing in others, it not only blesses them but it blesses me. It reminds me that we are not meant to live life alone but to walk beside others, to pray for and with others that God puts in our lives.



Thank you Jessica and Tammy for sharing your story!

To read other client stories, please go to our website: [CLICK HERE](#)

STORIES OF *Hope*

2nd Annual Gathering of *A Friend for You*



October 25, 2024 ~ Timberline Church, Fort Collins

Our 2nd Annual Gathering & Fundraiser, *Stories of Hope*, was a great success!

Everyone who joined us enjoyed an evening filled with delicious food and meaningful fellowship. They heard inspiring stories of hope and perseverance, leaving with a deeper understanding of how *A Friend for You* serves and supports clients during and after pregnancy.



Thank You

**to everyone who attended
and contributed to the
fundraiser!**

**And a sincere thanks goes
out to our corporate and
table sponsors for their
generous support.**



BECOME A GIVING FRIEND

You Can Make a Difference

JOIN OUR DONOR PROGRAM!



GIVING FRIENDS is made up of committed individuals and organizations who support A Friend for You through one-time gifts and monthly giving. Your support lays the foundation for us to serve more clients and expand the reach of A Friend for You.



Your donation ensures each client receives personalized, one-on-one unconditional support, practical services, and connections to local resources throughout their pregnancy and beyond.

UPDATE

FOR OUR MONTHLY GIVING FRIENDS:

We want you to see the difference your generosity makes! Each month, you'll receive a brief email, "Five Minutes from A Friend for You," offering a behind-the-scenes glimpse into how your donations are transforming the lives of our clients and strengthening our organization.



Examples of How Your Donation Will Help:

- \$40 per month (\$480 annually): Funds our client intake phone line.
- \$67 per month (\$800 annually): Provides referral bags for potential clients.
- \$75 per month (\$900 annually): Covers (monthly) meetings and trainings for new and existing volunteers.
- \$83 per month (\$1,000 annually): Supports our client and volunteer benevolence fund.
- \$100 per month (\$1,200 annually): Funds Our new educational and cooking classes for clients.
- \$200 per month (\$2,400 annually): Supports ongoing program services with long-term clients.

Donate via our website

A Word From the Executive Director...

In our annual update last year, I called 2024 for A Friend for You as "2024-WARD," and I'm thrilled to share that it truly lived up to its name!

This year, we experienced incredible growth, serving 63% more clients compared to 2023. This milestone translates to:

- 63% more children supported, because frequently our clients already have other children.
- 63% more gifts and meaningful touchpoints shared throughout the year.
- 63% more essential services delivered to those in need.

As we look ahead to 2025, we're eager to expand our impact even further by offering more personalized, one-on-one support to our clients.

However, this important work is only possible with the continued support of individuals who share our mission to assist those facing challenging circumstances. **We invite you to partner with us by becoming a Monthly Giving Friend or making a one-time gift.** Your contributions enable us to provide quality care and extend our reach to more families in need.

You can donate easily by visiting our website, <https://www.afriendforyou.org/donate> or by scanning the QR code above. We are deeply grateful for the generosity you've shown over the years and are excited to see the impact we can achieve together in 2025.

Wishing you a joyful Christmas season and a New Year filled with hope and blessings!

Sincerely,

Lorraine

Lorraine Meyer
Executive Director



Leadership

BOARD OF DIRECTORS

Chris Bassett, President
Heather Anderson, Secretary
Lesley Bodley
Leslie Fry
Karen Peters
Rhoman Scott

STAFF

Lorraine Meyer
Founder & Exec Dir
Katherine Stover
Program Coordinator

Marty Bateman
Administration
Debbie Calistro
Client & Volunteer Services
Director
Shannon Janzen
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THANK YOU TO OUR FALL FUNDRAISER CORPORATE SPONSORS!

GOLD SPONSORS



SILVER SPONSORS



BRONZE SPONSORS



SPECIAL THANKS TO OUR TABLE SPONSORS

Andrew & Lesley Bodley, Steve Shelton & Debbie Calistro, Burt Deines & Vandl, Holter-Deines, Scott & Leslie Fry, Kandice Hansen, Jim & Jen Harrington, David & Shannon Janzen, Sam & Olivia McCreery, Dean & Lorraine Meyer, Dane & Stacy Slinkard, Greg & Linda Spaulding, Brad & Juneal Tuttle, Bob & Bronya Wilcken, Best Event Rentals, Finally Home Foundation, Redemption Road Coffee, Sacred Vessel, The Sweet Petite

THANK YOU TO OUR SILENT AUCTION DONORS!

Wilcken Woodworking, Stanley Hotel, Ember Restaurant & Bar, Snowy Peak Winery, Real West Old Time Photography, Alpenglow Images & Accents, Jim and Jen Harrington, Linda Mitchell, Butterly & Banjo's, Every Little Seed Magazine, Zendai Spa - Amy Jungwirth, Robert Nikkel, Simone Art Studio, Noble Candles, Stacy Slinkard, Independence Gallery, Hart Gallery, Long Arm Quilting Karen Wilson, Colorado Coffee Company at the Foundry (Loveland), Pike's Auto Care, Lodge Casino, Loveland Laser Tag, Candlelight Dinner Theater, Colorado Symphony, Frank's Barbeque, Studio Vino, Planks and Paint, Artesian Shop and Studio (Loveland). Massage Envy, Nancy Bronson, Cloz Women's Boutique & Pilar Boutique, Rows Flowers, Miss Beehaving - Kaye Kohler, Dog, Bath and Beyond, Kendra Scott Jewelry, Chick-Fil-A (Loveland), The Little Rose Shop, Risen Motherhood, Becky Puckett at Voltage Salon, Lighthouse Chiropractic, Macy's, Retreat For The Body, Biofeedback Wellness Studio, Alpine Rose Wellness, Sarah Thompson - Sacred Vessel, Mudworks Pottery - Carolyn Pearce, Travis and Candace McKenzie, Henry's Pub, Pourhouse Grill, Monarch Casino, On the Border, Palamino's, Biaggi's, Chili's, Bonefish Grill, Mash Lab, First Watch Restaurant, Great Harvest Bread, Sweet Petite Bakery, Hot Corner Concepts, Greg Spaulding, Reuben's Grill & Cantina, Home Depot (Loveland), Home Depot (Fort Collins), Lowes, Blades in Estes Park, Lucy's Mercantile



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