

**WEEK 2**  
Fall/Winter

**BUCHANAN LODGE MASTER MENU**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals French Toast/Syrup Poached Eggs Jam & Peanut Butter Coffee –Tea - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Bacon Poached Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Carrot Pineapple Muffins Cheese Slice Jam & Peanut Butter Coffee –Tea - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Boiled Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Scrambled Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Sausages Poached Eggs Toast Jam & Peanut Butter Coffee –Tea - Milk
Orange Juice Roast Turkey & Gravy Dressing Cranberry Sauce Whipped Potato Mixed Vegetables  Peach Cobbler Cake	Cranberry Juice  Pasta Alfredo with Shrimp Green Beans  Jello Jewel	Apple Juice  Teriyaki Baked Salmon Rice Peas and Carrots  Carrot Cake	Orange Juice  Beef Stroganoff Egg Noodles Diced Squash  Blueberry Cheesecake	Cranberry Juice  Chicken & Apricots Scalloped Potatoes Prince Edward Island Mix Vegetables  Diced Pears	Apple Juice  Salisbury Steak with Mushroom Gravy Mashed Yams Cheesy Cauliflower  Jellied Strawberry Cream	Orange Juice  Fish Casserole Mashed Potato Carrot Coins  Pumpkin Cake
Split Pea Soup Soda Crackers  Beef and Vegetable Stir-Fry Rice  Neapolitan Ice Cream	Turkey Vegetable Noodle Soup Soda Crackers Sandwiches: Sliced Roast Beef & Salmon with Cream Cheese Caesar Salad  Tangerine Mousse	Cream of Celery Soda Crackers  Baked Beans Wieners Buttermilk Biscuits  Fresh Grapes	French Onion Soup Soda Crackers  Chicken Balls with Plum Sauce Chinese Noodles with Vegetables  French Apple Pie	Mulligatawny with Rice Soup Soda Crackers  Pizza Tossed Salad with Ranch Dressing  Chocolate Pudding Cake	Cabbage Soup Soda Crackers  Sandwiches: Bavarian Meatloaf Grated Cheese Potato Salad  Tropical Fruit	Beef Rice Vegetable Soup Soda Crackers  Macaroni and Cheese Broccoli Multigrain Bread Bonus Banana Pudding

\*Note:  
1. Assorted beverages (Coffee/Tea/Milk/Juice) 250 ml are available at all meals and snacks.  
2. PM snacks: assorted baked goods and fruits. HS snacks: assorted sandwiches.

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