

# AAC At Home

## FREE RESOURCE GUIDE

Help your child build communication skills at home by modeling words and phrases daily on the device. Pick 1-2 everyday activities from this menu at least 5-7 minutes a day.

### Morning Check-in

Check-in with the day of the week and emotions.

### Play

Play with whatever you have & simply talk about it.

### Chores

Involve kids in everyday chores. Model 1-2 words as they help.

### Hygiene

Don't forget to wash your hands & brush teeth.  
Action + body part.

### Books

My favorite! Label things you see in the books.

### TV Time

Allow for choices & comment throughout the show if you can.

## Bonus Tips!

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1. Model 1-2 words beyond your child's current level.
2. Don't worry about using the device perfectly.
3. Expand on what your child is saying or you think they mean.
4. Narrate the small things you're doing.