

# MOOD

## GET IN THE MOOD

**BUFFALO BLOOMS**– lightly fried cauliflower “wings”, buffalo sauce, served with bleu cheeze, carrots, and celery 16 NF GF

**AGAVE KISSED BRUSSELS** – split brussels, sesame agave, toasted sesame seeds 16 GF

**NACHO AVERAGE NACHOS**– corn chips, nacho cheeze, black beans, walnut taco crumble, chopped romaine, salsa verde, pico de gallo, guacamole, sour cream, jalapeno, cilantro 20 GF

**LIGHTLY FRIED & SASSY** – crispy sunchokes, capers, caper aioli 18 NF GF

**MOOD RINGS** – battered onions, lightly fried, served with our special mood ring sauce 16 NF GF

**WHAT’S FISH GOT TO DO WITH THIS?** – lightly fried hearts of palm “kalamari” with spicy marinara 16 NF GF

**RAINBOW ROLL** – cashew kreem cheeze, watercress, carrots, cucumber, bell pepper, mango, avocado, roasted tomato, kimchee mayo, sesame seeds, pea sprouts 18 GF NF

**FLATBREAD OF PLENTY** – Our flatbread of the day on Bread by Johnny pizza dough – who doesn’t love a flatbread? 18

## GREEN MOODS

**ZEN CRUNCH SALAD** – romaine, cabbage, red onion, carrot, edamame, green onion, toasted almonds, cilantro, crispy wontons, sesame seeds, zen dressing 18

**HEARTBEET SALAD**– mixed greens, watercress, sliced apple, spiralized beets, shaved red onion, candied walnuts, feta cheeze, coriander vinaigrette 20 GF

**CAESAR’S GARDEN**– romaine, kale, caesar dressing, croutons, and parmezan 18 GF

**FRESHLY FALAFEL’D** - house-made falafel, mixed greens, cabbage, red onion, quinoa, carrot, avocado, spiralized beets, cucumber ribbons, beetroot hummus, house made tzatziki dressing 22 GF

ADD ONS: -avocado 2 -crispy tofu 3.50 -buffalo or kung pao cauliflower 5

## MOODWICHES

Serving local Bread by Johnny Burger Bun, Baguette and Hoagie, and Sullivan Street Sourdough. GF bread and wrap options are available upon request. Served with hand-cut french fries, truffle fries (+\$2) or mixed greens

### HOUSE MADE BURGERS

THE TIMELESS- lettuce, tomato, onion, pickles, cheddar cheeze, with Mood special sauce 18

THE 'SHROOM - caramelized onions, mushrooms, smoked provolone, roasted black garlic aioli 18

BAKON BLUES- shitake bakon, bleu cheeze crumbles, bleu cheeze dressing 18

**PHILLY PLANTSTEAK** – philly ‘steak’ with peppers, onions, mushrooms, mozzarella & provolone “cheeze” roasted black garlic aioli on a hoagie roll 20 NF

**CAULI-FORNIA DREAMIN’ WRAP** – lightly fried cauliflower “wings”, buffalo sauce, romaine, shredded carrot, celery, green onion, parmezan cheeze, caesar dressing 18.

**BANH MI BLISS** – marinated tofu, pickled vegetables, lettuce, cilantro, jalapeno, hoisin sauce, siracha mayo on baguette 16 NF

**THE JACK’D BBQ** – BBQ jackfruit, house made coleslaw, house made barbecue sauce, pickled onion, pickles on burger bun 16 NF

**NOT YOUR MAMA’S BLT** – shiitake bacon, lettuce, tomato, avocado, and parsley mayo on toasted sourdough 16 NF

**NASHVILLE HOT CHICK’N** – fried oyster mushroom, vegan hot “honey”, vegan mayo, house made coleslaw on a burger bun 20 NF

**REUBEN REIMAGINED** – ‘korn’ beef, sauerkraut, mozz cheeze, house made 1000 island dressing on toasted sourdough 18 NF

**THE PLANTBALL SUB** – meatless plantball sub with a spicy roasted garlic tomato sauce, melted cheeze on baguette 20

## FULL MOOD

**ROCKIN' RIGATONI** – pumpkin seed pesto, zucchini, broccolini, cherry tomato, parmesan cheeze, and hemp seeds 22 GF upon request

**PARMESAN DREAMS** – eggplant or plantball parmesan over durum spaghetti with a spicy roasted garlic tomato sauce, topped with cashew ricotta, basil & thyme 24 GF upon request

**ZUCCHINI ALFREDO DELIGHT** – breaded & fried zucchini over durum spaghetti with a cashew, pumpkin seed, garlic, pesto alfredo sauce, hemp seeds, pea sprouts 24 GF upon request

**RAMEN REVIVAL** – house made broth with ramen noodles, miso glazed carrots, broccolini, shiitake mushrooms, green onion, baby bok choy, nori, chili oil, sesame seeds, cilantro 24 GF NF

**WOK IT UP** – lightly fried broccoli & cauliflower, sautéed carrot, baby bella mushrooms, zucchini, snow pea, and onion in a sweet, savory sauce, topped with sesame seed & green onion, served over coconut rice 24 GF NF

**CAULI-POWER KUNG PAO** – lightly fried cauliflower, sautéed bell pepper & snow peas in a glazed ginger garlic sracha sauce, over coconut rice topped with sesame seeds & green onion 22 GF NF

**CHINESE TAKE OUT** – udon noodles, broccoli, zucchini, bell peppers, snow peas, kale, bok choy, fried tofu in a garlic ginger tamari sauce, topped with sesame seeds & pea sprouts 24 NF GF upon request

**CATCH FREE TACOS (3)** - crunchy hearts of palm fishless sticks, house made slaw, spicy tartar sauce, avocado, jalapeno, cilantro, corn tortillas 18 GF NF

**BAJA JACK BURRITO** – coconut rice, black beans, zucchini, bell peppers, jackfruit, topped with red chili sauce, nacho cheeze sauce, shredded lettuce, pico de gallo, salsa verde, sour cream, guacamole, jalapeno, cilantro 18 GF upon request

## SOME ON THE SIDE

**Mac 'n Cheeze** - creamy and baked to perfection with parmesan & mozzarella cheeze 15 GF upon request

**Bok & Greens** – bok choy and kale sauteed in ginger, garlic, and tamari 9 NF GF

**Hand-cut Truffle Fries** 10 NF GF

**Hand-cut French Fries** 8 NF GF

**Side Salad** 8 NF GF

**Garlic Bread** 4 NF