

(#272) The mantra that will make you a millionaire

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SPEAKERS

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Welcome to The Manifestation Babe podcast. My name is Kathrin Zenkina. And I'm a manifestation expert, master mindset coach and multiple seven figure entrepreneur, I'm obsessed with helping you achieve everything that you once thought was impossible. If you're looking to massively uplevel your life, your finances, your relationships, your productivity and success, then you have come to the right place. My goal in this podcast is to help you see the infinite potential within yourself to be, do and have anything that your heart desires. Think of this podcast as your weekly dose of mindset development, to help you maximize who you are, and where you're going. Leave it to me to provide you with the tools, the resources, the strategies and teachings that you need to manifest the reality wilder than your wildest dreams. I know we're about to have so much fun together. So thank you so much for pushing play today. And now let's begin. Hello, my beautiful souls. And welcome back to another episode of The Manifestation Babe podcast, I hope you're doing amazing. I wanted to record a super quick or maybe super quick, I don't know, sometimes I opened my mouth. I don't know how long I'm going to talk for. But my intention is to make it short. A super quick podcast episode around a mantra that I have used to make me a millionaire. I truly believe that this is the mantra This is the belief system. You know, what is a mantra? A mantra is to help us integrate a belief system, right? So let's look at it as a belief system. And then of course, please adopt this as your mantra, repeat it to yourself, see it as true. See the data behind it compiling and compounding over time to become your reality, because I'm telling you, this shit is gonna change your life. So I was in a q&a session yesterday with my students, my MBA students, which by the way, the manifestation babe Academy is opening up again at the beginning of next month, August and it's actually the first MBA launch ever, that my team is going to run solely, which for my sabbatical that really excites me. And also, if you've been waiting for an opportunity to get inside of MBA, this is an amazing opportunity, because we're going to do a sabbatical special, since there are not going to be any live elements to NBA added in this round, we are going to be giving a \$500 off voucher or coupon code, however you want to call it so that you get \$500 off of your round of MBA. We've literally never done that before. And for those of you who are like, Oh, no live elements, what does that mean? I'm telling you guys, it's not going to make that big of a difference, because I have so much content I have calculated that I have answered

like at least 1000 questions in MBA. And that's like the minimum that I've calculated, which is insane. So that's the element that's going to be missing from this is the live q&a sessions with me, but you will have access to I'm not even joking. hours and hours and hours and hours and hours of me answering every single question I've ever answered on manifestation. And every round that continues continues with MBA, there has not been a new question that's been asked, it's very, very rare that I get a question that's never been answered before. So you're not going to miss out on much. There's still live breathwork sessions that are going to be hosted by a team MB member Rachel, she's amazing. She's very well trained and familiar with the manifestation babe process, and also trained in breathwork and implements that beautifully. She's also training in RRT rapid resolution therapy, and then you're gonna get all the other pre recorded content. So yes, as a sabbatical special, you're gonna get \$500 off and the waitlist is now available at manifestationbabeacademy.com or manifestationbabe.com/MBA. And I will also put the link in the show notes. So if you're like, oh, I don't know how to spell that or oh my god, Kathrin, you talk too fast or I don't know some people say talk too slow, who cares? Just get it in the show notes and the link will be there should be right around the top. Okay. Okay. So, back to what I was talking about. I was an MBA yesterday doing a q&a. And I had a student asked me a question, and I answered the question and it made such a massive shift. In the, in all of my students, and I know that because they give me live feedback as we keep going, and so they were like mind blown by this. Then I was talking to Andrea an hour later, I was having my own coaching session with Andrew Crowder, my coach, and I was she she mentioned something about a program that she's creating and the concept of this of this program, and it's something we've talked about before. And I was like, Oh, my God, Andrea, you remember how you encouraged me to really go back, and like break down exactly what my thinking was, what my belief systems were, well, my actions were like the step by step process of how I got through certain situations or how I manifested my way out of situations or how I manifested certain outcomes in my life, like you really encouraged me to go back and reconnect to those days. And I did that with my students. I really reconnected with something. And I shared this mantra with her that I used in the beginning and still use to this day. And she's like, Katherine, I've never heard you say this before. Like, I've literally read all of your posts. I've never heard you put this out before you have to put this out there. And I'm like, seriously? How did I not put this out there? I don't know how but here it goes. Thank you so much to the student who asked me this question, because it really got me thinking and got me thinking clearly on, you know, this belief is so unconscious for me now, so I don't like it's not like something I repeat it all the time. Because it just is me it is my belief system. So I broke it down for my students, and I'm gonna break it down for you, too. So the question was, I'm just gonna read it to how did you find the strength to work a nine to five and create manifestation babe, when the nine to five is draining, and you feel like it's not in alignment anymore. I told myself, this is my last nine to five job before I'm a successful entrepreneur and feel like I'm settling for less if I stay there or take another job. So I really zoned in on like, how did I find the strength to work a nine to five and create manifestation Bay when the nine to five was draining me and I felt like it wasn't alignment anymore. But you know, obviously I had to make money. So if you don't know my story, at some point, I had an online business that was rooted in fitness and transformation when it comes to fitness. I brought a lot of manifestation elements to it. So I've always been a manifestation babe. Like, that's always been my thing, but not like actually professionally, you know, being a manifestation coach. And when I realized what my true purpose was, which is literally this podcast, you know, everything that I do MBA, the manifestation babe Academy is a culmination of my life's work over the last like 16 years now. And so, transitioning into this new business, I took a nine to five job and the nine to five job was, you know, I always knew was temporary. It was just like the student like, I know, I'm going to be a successful entrepreneur. But right now I'm gonna take this job and yeah, this job doesn't necessarily feel so gung ho. Like, it doesn't

light me up. It doesn't make me so fucking excited to walk in there and work this job, right. But I held my mind, space, my mindset in the right place, and I developed the mantra that I'm going to share it with you very soon. I know there's a buildup, but I just want to show you why there's a build up because it's all gonna make sense in a second, okay, if I just told you the monetary be like, cool, cool beans, Kathrin, you know, like, let's move on. Now I have to build it up, because you're gonna see how it makes sense and how it all compiles together. So first of all, I told this student number one, number one step, breaking it down, I got really excited about the crystal clarity that I had, about what direction I wanted to go in the fact that I felt in my heart of hearts, that my business is 1,000% in alignment with me and this job that is just bridging the gap right now is temporary. And I told myself, it is temporary, right telling yourself it's temporary, your situation currently is temporary. It's just a phase. It's just a momentary beingness. And doing this that is going to lead you to the next level really helps you and so I celebrated that crystal clear clarity like holy shit, I feel dread in my job and I feel excitement in my business. Like some people they're at a crossroads in their life where every path looks just as good as the other. And although that has its benefits, it's I think it's way more powerful to see two paths or three paths and be like, these two are fuck knows and this is a fuck yes, I think that's powerful because it just gives you a lot more confidence of what direction you want to go in. So I celebrated that. I also had a psychic session with this woman who tuned into like where I was at in my life at that point, and she said, hey, just so you know, I know this is temporary but me Make sure you don't stay in a nine to five job, you're not meant to live a nine to five job, you're not meant to work a nine to five job, you're really like your soul is built for entrepreneurship. If you stay locked in an office, you will develop cancer. That's just your soul communicating with you, and getting you to pay attention. And I'm like, You know what, actually, intuitively, I already knew that. And this is temporary, right? So wow, thank God, my intuition is speaking to me, and I can hear it loud and clear. The next thing and this is the key here, I installed the belief that every single move that I make, in my job, at the gym at the time, in my business with my family, I mean, every single move that I make is going to make me a millionaire. In fact, scratch that let me reword it, is making me a millionaire. I already am a millionaire. There's a version of me on another timeline that already is a millionaire. Because of the the moves, the moves that I'm making. Right now. They're compounding over time. Okay. So the mantra that I developed for myself how I walked into work every single day, how I came home, exhausted as shit, to open up my laptop and build my business and, and how I use my lunch breaks at work to build my business. This is the mantra every move I make makes me a millionaire. I saw every skill set that I practiced at work as adding to my bank account. For example, answering phone calls, you know, I answered phone calls at work. And I was like, this is improving my skill set of talking to people talking to people is a powerful money making skill set. I don't give a shit. If I'm calling a hospital to talk about a patient because I worked in a medical office. It doesn't matter what the content is, okay? It's the context that matters, the fact that you are practicing an important money making skill, that is dope, okay, grabbing lunch for team members being able to multitask at work, being able to multitask several different email strains and also create content from a business at the same time. That's making me a millionaire right now. Okay, ordering medical supplies. When I was in, we had like a little side office, I worked at a home health agency. So that's what I mean by medical office, I was a receptionist, slash assistant to the leading nurse, the nurse who is basically getting other nurses to go see patients, right, because it's home health. So it's like home visitation. And these nurses would stop by our office and grab medical supplies that they would need for their patients. And I was in charge of ordering those. So yeah, like ordering medical supplies, you could be like in one mindset be like, how does this relate to my manifestation business? Right? But no, I got I got smart about this. I was like ordering medical spice ordering anything keeping track of inventory. One day, I'm gonna have a fucking warehouse of a successful product of some sort billion dollar business. And the fact that I was able to keep track of medical supplies,

that's going to translate, okay, that's making me a millionaire. All of this is adding to my bank account, when I go home. And when I would open up my laptop, when I would spend even seven minutes Googling something about how to build a website. I made every single thing count. A lot of people you know how this translates to someone like maybe you're building your business right now. I need you to understand that it seems so insignificant. And we get so down in the dumps of like, oh my God, and this one email had barely any opens or barely any clicks. Or this one post had barely any engagement. No one liked it. No one commented my my button, we're looking at the lack of everything. I need you to start building, start stacking them, start compounding them, every single post, every single conversation every single DM every single connection, every single invitation that you receive, even if it's the most out of alignment invitation, right? Like I receive a million invitations a day and I say no to like 99 or hold on 1,999,999. Right. I'm always saying no. But like even if they are all out of alignment that's still adding to my bank account. I'm seeing it as you know what, it might be a no right now, but at some point, maybe we'll reconnect maybe a conversation that I had with someone at a coffee shop like it could be. I'm telling you let's bring this to like something where you're like I don't know how the it relates. Okay, let's imagine that you walk into a coffee shop, and you have an amazing interaction with the barista. In your mind, you're never connecting that the barista could one day help you become a millionaire in the future, right? Because you're thinking, Oh, it's just a barista. No no no no, you could have a life changing conversation, that person could remember you as that really nice person that came in on their worst day, made their day. And, you know, five years later, they started a business or they invented something or whatever. And they reconnected with you, and they invited you into their opportunity and so on and so forth. You get my drift, right. You just never fucking know. That's what I want to encourage you to understand is like you never know, you have to see every single move as leading you to exactly where you want to go. So everything is a mind game. You know, bringing it back to the basics here. Everything is about the mind game that you play with your unconscious mind. So I want to ask you what games can you play in your day to day life? Whether you're in a situation that lights you up right now or you're stuck in a nine to five that you absolutely hate like how can you turn it all around? How can you play mind games with yourself of like, you know what, number one you have to agree with yourself? This is fucking temporary. Okay, so we're manifesting the fact this is temporary. We are setting a strong intention of I am going to create X Y Z I'm going to be do and have XYZ by this point in the future. I already am that so energetically you already are that you're acting as if and then you're playing little games you're like, you know what, this is making me a minor and that is making me a millionaire and this move is making me a millionaire Oh, I worked out today you know what? Millionaire's workout so therefore that makes me a millionaire. So I want to encourage you to play this game let me know how it goes for you. Seriously like do it today. Do it tomorrow do it the next day DM me tag me share with me in some way shape or form however you feel called to share with me I'm so curious I promise you this is massively going to shift your energy like this is huge. Okay. And with that being said, that's pretty much all I have for you. So I think this is a short episode. Don't forget about the manifestation babe Academy it is going to be a live round. I can't wait for every single student who gets in, you get \$500 off this round if you make it in this round because there are no live elements. But guess what, you can just take it at your own time you don't have to worry or stress about showing up somewhere. Everything's already been recorded for you. And I want to stress that just because it's not live does not mean that it's not as potent it is fucking potent. The the energy that I have put into this program is unlike anything that I've ever put out in the world before. This is my life's work. This was co created with my shaman this was co created with all the energies of all my guides and everyone like just it's it's massive. It's so much more than just a manifestation program. And anyone who is an alumni or graduate of MBA tells me all the time like how are you not charging \$20,000 For this This is insane. This is so much more than like how to manifest something this is a life

transformation. This is absolute entire unconscious rewiring this is like doing brain surgery. Catherine you're doing brain surgery on me as we're going through MBA and I'm like I fucking know I told you. So link is in the show notes or go to [manifestationbabe.com slash MBA](http://manifestationbabe.com/slash/MBA) that's m is m is in manifestation B is in Baby A is an academy I don't know why I fucked that up every time manifestationbabe.com/MBA go to in the show notes. Get on the waitlist. My team is doing some fun stuff with like workshops and whatever like trust them. They're amazing. I remember like my team is connected to my energy so treat them like you would treat me. Have fun and I cannot wait to see you in this round and I will be on a welcome call an MBA so I literally will see you there once you're there. Okay, I love you all so much get on the waitlist. Bye. Thank you so much for tuning into today's episode. If you absolutely loved what you heard today, be sure to share it with me by leaving a review on iTunes so that I can keep the good stuff coming your way. If you aren't already following me on social media, come soak up the extra inspiration on Instagram by following @manifestationbabe or visiting my website @manifestationbabe dot com. I love and adore you so much and can't wait to connect with you in the next episode. In the meantime, go out there and manifest some magic