

April 2025 Newsletter

WHAT IN THE WORLD IS OT?

[CLICK HERE FOR THE GUIDE!](#)

WOULD YOU BE INTERESTED IN
SKILL BUILDING?

Summer Groups?

SCROLL TO PAGE 2

April's activity theme



Welcome
Back
Jessica

Boy are we going to be glad to see your bright shining face again each week, Jessica!



Easter + Springtime



MAVERICK



We have to warn you, this is one kid who you do not want to get into an animal trivia contest with 🐼🐙🐼🐼🐼🐼. Trust us, you will be blown out of the water 🌊🐙! Meet Maverick! He's just as fun and cute 😊 as he is smart 🧠 and passionate. He's the kid everyone wants to play with 🎮. He's the kid everyone wants to be friends with 🧑🧒. We all love him with our whole hearts ❤️ and we couldn't be more thankful 🙏 to call his family part of our family 😊! Ms. Hannah is sure lucky 🍀 to call him her friend. She couldn't be more proud of all he has accomplished 🏆 and his incredible hard work in speech 🗣️! You make the world 🌍 a better place, Mav!

*Permission granted from parents for sharing

Summer Group registration will open in April! Don't miss out, reach out today!

SUMMER GROUPS

We have had some interest in summer groups for skill building opportunities over the summer, so we are currently working on the details and developing the curriculum.

if you are interested

PLEASE reach out so that we can prioritize your child's age group

SCHOOL SUCCESS

Tuesday Mornings

SKILLS: Ages 4-6 years

following directions, language, articulation, comprehension, fine motor skills, literacy skills, and more

SOCIAL SKILLS

Tuesday Afternoons

SKILLS: Ages 6-8 years

building friendships, conversational skills, winning and losing, turn taking, socially appropriate behaviors, and more

EXECUTIVE FUNCTIONS

Tuesday Afternoons

SKILLS: Ages 8-10 years

attention, following directions, impulse control, self-awareness, self-regulation, motivation, challenge tolerance, and more

~\$400 for entire
8 week summer
program



Session flow

1 hour group session

20 min

learning activity

30 min

game or fun activity practicing
the skills just taught

10 min

post-activity
discussion

same group of kids for
the whole summer for
relationship building

Summer Group
registration will open in
April! Reserve your
space on our website:

www.dearsistertherapy.com

scroll to the bottom and fill
out the contact form

Reach out to your therapist if you are interested!



April is OT Awareness Month



LET'S GET TO KNOW OUR OT

clinical skills

My favorite clinical skills to use are upper level assessment skills. I really like figuring out what the underlying challenges/causes are and WHY they are causing dysfunction especially when they are complex and easily missed. I really like a challenge!

Ms.

Abby

hobbies

traveling
cooking
hosting
party planning
antique shopping
spending time with family
+ friends

fav part of being an OT

I absolutely love getting to support families and children who are experiencing a challenge that's affecting everyday life in a significant way. I truly love collaborating with parents to find all the ways (even when we have to try a hundred different things) to help their child to start living their best life. It's incredibly rewarding and awe inspiring to watch a family overcome the challenge together and grow stronger and more resilient for it. It's really cool to watch parents turn into their child's personal OT with a toolbox full of tools for every challenge ahead on the horizon!

interesting fact about me

I had sensory challenges as a child and still struggle with some types of input to this day! I need my own OT 😊!



The Dear Sister Therapy office will be closed for Memorial Day