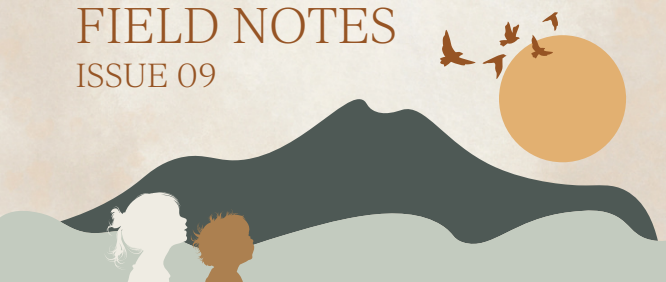


# Nat Theo Club

## FIELD NOTES

ISSUE 09



## Aspen Tree

DECIDUOUS (LEAFY)

### HABITAT:

Canada and United States.  
Mostly found at elevations of  
5,000 - 12,000 feet.

### FUN FACT:

Aspen trees “quake,” meaning they make a shivering motion in the wind. This quaking produces a beautiful sound, especially in fall when the leaves begin to dry out and turn fiery yellow, orange, and red colors.



## HAVE YOU EVER SEEN A TREE FALL DOWN?

This week, it became VERY windy where we live in Colorado. One of the large aspen trees in our yard was blown over in a fierce gust. We knew the tree was old and dying, and we figured it might fall over soon, but it was still sad to see it go down. However, we have a few more aspen trees growing next to where it was, including some small ones that will one day take its place.

Aspen trees grow in groups called “Aspen groves.” And while they might look like individual trees, each grove is a single living organism. They are all connected to each other underground through a strong root system. The aspen trees can share nutrients and help each other through their roots. The roots can send up new baby aspen trees, like the ones in my yard that will grow and replace the fallen aspen.

Aspen trees are a beautiful image God gave us in nature of community. We are stronger in life and faith when we stand next to others who love and follow God.

Hebrews 10:24–25 says, “Let us think of ways to motivate one another to acts of love and good works. And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of his return is drawing near.”

Who are your closest friends in life? Do they love and follow Jesus? It's ok to have many friends, and we can help friends find and follow Jesus. But our closest friends should be those who will support and help us grow in our faith, and who we can encourage to also grow in their faith!

How can you encourage or support a friend this week?

Eryn Lynum  
Master Naturalist, Bible Teacher,  
Host of the Nat Theo Podcast  
[erynlynium.com](http://erynlynium.com)



April 8, 2024