

## NEED A LESSON ABOUT COMMUNION?

Here you go! If you try this out share a picture of your kids with their Matzoh!  
(Matzoh Recipe - <https://www.onceuponachef.com/recipes/homemade-matzo.html>)

### COMMUNION WITH KIDS:

- 1 Explain who the Pharisees and Sadducees are. (They are religious leaders who followed the rules closer than God. If we didn't have bread to take communion and used goldfish instead would that be okay? Yes! God sees our heart not what we have and don't have available.)
- 2 Read Matt. 16:6-12. Stop to explain any words or thoughts during the passage as needed.
- 3 When Jesus said beware the yeast of the Pharisees and Sadducees what did he mean? (Don't worry about not having bread, we have Jesus.) Ask the kids to give examples of what a Pharisee and Sadducee would do to test their understanding.
- 4 Make unleavened bread for communion- link below. (Want to sneak in a little science lesson? Discuss the chemical reaction of yeast and sugar. Yeast + sugar = gas which cause the dough to rise. Tie it back into the Bible lesson by saying, " Pharisees and Sadducees were puffed up like bread with yeast in it. They were full of air, full of thinking about themselves not God. That's why Jesus said beware of their yeast!")
- 5 Want to go deeper? Jews don't eat leavened bread during Passover because it is a reminder of two things. First, a reminder of when God brought them out of Egypt. They didn't have time to cook bread for their journey, it was unleavened. Second, is that yeast (leavened bread) is puffed up like the Pharisees. Unleavened bread reminds us to be humble and to leave space to be filled by God.
- 6 Understanding communion: talk with the kids about the last supper. (You can find it in the Gospels: (Mt. 26:17-30, Mk. 14:12-26, Lk. 22:7-39 and Jn. 13:1-17:26). Notice how Jesus shifted the remembrance from God saving Israel through the exodus to asking them to remember God's saving action of sending His son! The disciples didn't get it yet, but we have the whole story and can see what Jesus meant right away! When we take the bread, we are remembering God saving us through His Son dying on the cross. The same is with wine (or juice). The wine was to remind the Jews that God freed them from slavery. Jesus then takes the wine and tells them that it is His blood that will cover them and freedom is found in God through Him! (Matt. 26:27-29)
- 7 Prepare your hearts together to take communion. Put on a worship song or sit in silence and ask each family member to think of anything they did wrong(do not share it). This is between you and God. Ask for forgiveness so that your heart can come before God "clean". (1 Corinthians 11:27-34)
- 8 Pray together and enjoy the remembrance of what God has done for us!

Scan QR Code for  
homemade Matzoh Recipe  
(Jewish Passover Bread for  
communion)

