



# unbusy your life

WITH NEILL WILLIAMS

# unbusy your life podcast study guide

EPISODE TITLE: \_\_\_\_\_

*notes*

*main takeaway*

*process or tool*

# unbusy your life podcast study guide

EPISODE TITLE: \_\_\_\_\_

*thoughts to think*

*action to take*



WANT MY HELP TO GET YOUR 30  
HOUR WORKWEEK? **SCHEDULE** YOUR  
FREE WORK LESS STRATEGY CALL  
WITH ME TODAY TO GET YOUR 6  
MONTH PLAN TO 30 HOURS (OR LESS)



let's

chat