

APRIL 6-12, 2025

# PHOTOGRAPHY *in Italy* RETREAT

Photography • Italian Culture • Food & Wine



*Brought to you by*

**Lyndsay Almeida** & **CASA ERICA**  
Photography *travel + retreats*





"IF YOU WANT  
TO BE A BETTER  
PHOTOGRAPHER,  
STAND IN FRONT  
OF MORE  
INTERESTING  
STUFF."

Jim Richardson

Thank you for your interest in the  
Lyndsay Almeida Photography Retreat,  
hosted by Casa Erica Travel.

Discover how to tell a visual story through your  
travel photos, capturing not just images but  
memories that evoke the sights, sounds, and  
emotions of your journey.

Our Photography Retreat offers it all:  
integrated photography lessons, slow food and wine,  
idyllic village life, memorable excursions, stunning  
architecture, a chance to recharge, and more.

You'll learn to take compelling travel photos in one  
of the most picturesque places in the world. You'll  
come home not only relaxed and restored, but with  
beautiful photos and new skills to use  
in your everyday life.

*Lyndsay & Heather*

# AN ALL-INCLUSIVE BESPOKE EXPERIENCE



## Photography Lessons

Daily workshops and photo walks, putting theory into practice as you shoot with Lyndsay's guidance.

## Lodging

Single or double room lodging will be included in the cost of your retreat for the entire 7 days and 6 nights.



## All Meals & Wine

From dining at local restaurants to wine tastings and dining on-site at the monastery, food and wine is included.\*

## Transportation

Both car and train transportation are covered during the duration of your retreat.

## Tickets & Admission

Access to all planned events, sites, experiences and attractions, including a day in Florence, are included.

\*For lunch in Orvieto and Florence you'll be on your own  
Dining recommendations provided if desired..

“The whole point of taking pictures is so that you don’t have to say things with words.”

*Elliott Erwitt*





# PHOTOGRAPHY LESSONS

Learn the elements of photography from Lyndsay Almeida, a lifestyle photographer with over a decade of experience. She'll cover techniques to make the most of your cell phone camera, covering composition, lighting, and editing, and will help even the most beginning photographer elevate their travel photos.

If you struggle to take a picture on your phone, or if you have a digital camera and want some tips and tricks for elevating your photography skills, this trip is for you. We'll learn using our phone cameras, but you are welcome and even encouraged to bring along any camera you want.

You'll also come home with some beautiful new portraits of yourself taken by Lyndsay as well as an e-book of all the lessons we cover to reference any time you want.

Lyndsay will integrate daily photography lessons into each excursion, and will teach you how to tell stories through images as we capture our charming surroundings. You'll also learn her favorite tips for photographing the heart of any location.

While our final schedule will unfold as we balance weather and unique opportunities that become available, read ahead for a few favorite experiences which we are planning on incorporating into this retreat.

"Sometimes I arrive just when God's ready to have someone click the shutter."

*Ansel Adams*



## DAY TRIP TO FLORENCE

EXPLORE THIS MASTERPIECE OF A CITY. SEE MICHELANGELO'S DAVID AND VISIT THE CITY'S FAMOUS LEATHER AND FOOD MARKETS.

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## TERME DI SATURNIA

SOAK IN THE NATURAL SPRINGS, WELL KNOWN FOR THEIR THERAPEUTIC PROPERTIES, WHILE YOU LOOK OVER THE STUNNING TUSCAN COUNTRYSIDE.

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## EXPLORE ORVIETO

TOUR OF THE MAGNIFICENT DUOMO AND THE ANCIENT WINDING STREETS. THIS STUNNING HILLTOP CITY HAS WORLD CLASS SHOPPING, ART, HISTORY, AND MORE.

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## COOKING CLASS

COME LEARN THE ANCIENT ART OF UMBRIAN COOKING FROM A LOCAL CHEF. WE'LL END THE CLASS WITH A LONG, SLOW FOOD MEAL OF YOUR CREATION, PAIRED WITH THE BEST LOCAL WINES..

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## D'AMICO WINERY

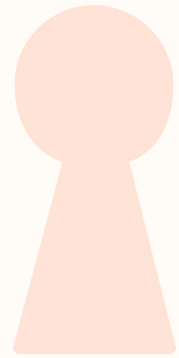
A GUIDED TOUR OF ONE OF ITALY'S MOST EXCLUSIVE PRIVATE SCULPTURE GARDENS, FOLLOWED BY A TOUR AND TASTING AT THEIR MAGNIFICENT WINERY.

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ADD-ON ACTIVITIES, SUCH AS YOGA SESSIONS, IN-HOME MASSAGES, AND MORE, ARE AVAILABLE UPON REQUEST. PLEASE ENQUIRE FOR PRICING AND AVAILABILITY.

THE COMPLETE ITINERARY WILL BE FINALIZED 45 DAYS FROM THE RETREAT START.





## Lyndsay Almeida

Lyndsay is a lifestyle travel photographer and content creator with a passion for telling stories through images. She believes travel is one of the best ways to become a better photographer. Travel exposes you to diverse landscapes, cultures, and perspectives, and challenges you to capture new environments in unique and creative ways. With an eye for detail and a love for adventure, Lyndsay's work is characterized by a blend of natural light, vibrant colors, and authentic emotions. She is excited to invite you on this retreat to see the world from a fresh perspective, encouraging a deeper connection with the places we visit and the people we meet.

# THE CASA ERICA TEAM



## HEATHER DEYO

Founder of Casa Erica Travel and proud owner of the Casa Erica property in Lubriano, Heather is delighted to share the magic of Italy with curious travelers.

## NADIA LECINI

Nadia has been crafting world-class meals for our guests for decades. She is an expert at seasonal fare and cooks with many ingredients from the Casa Erica garden.



## MAGDA PETREA

With many years in hospitality under her belt, Magda is a pro at the details, and can come up with a solution for (literally!) anything. She speaks five languages and is always ready to help our guests.

*We can't wait to host you!*







# LODGING

We base the retreats at our home, Casa Erica, a restored former Jesuit monastery set in the beautiful, thriving little town of Lubriano, Umbria. Our property overlooks Civita di Bagnoregio, famously known as Italy's Dying City.

The town is built on top of Etruscan ruins. It was was the regional hub for crafting the pottery vessels used to store herbs and medicines in medieval times, and remains rich in history and beauty.



We are an hour north of Rome, and two hours south of Florence, by train, and a 20 minute drive from Orvieto. Lubriano is a village of 800 people dating from the 12th century.

We have several tiny grocery stores, a variety of charming and excellent restaurants, a post office, a hairdresser, a pharmacy, two coffee shops, and two beautiful Renaissance era churches.



# COST

## Double Occupancy

Starting at  
\$3550 per person

- A \$1000 non-refundable deposit is due upon registration
- \$1000 is due on 90 days before, with the balance due 60 days before the start of the retreat.
- We will send reminders on the appropriate dates.
- Please inquire if you would like to discuss a custom payment plan.
- Airfare and train transfers to Lubriano are not included.

## Single Occupancy

Starting at  
\$4050 per person

# FAQ'S

## How do I get to Lubriano?

You'll be flying into Rome. If possible, we encourage our guests to spend at least one night in Rome before the retreat. On the day the retreat begins, you'll take the one hour train from Rome, where we'll meet you at the Orvieto train station.

## What if I don't want to participate in the photography lessons?

That's absolutely fine! On every retreat we have a handful of guests who come just to enjoy authentic Italy. All of the excursions are to fabulous locations, which you'll enjoy either with or without a camera. And if you'd rather just stay in the village and read a book in the garden under the fig tree, you can do that too!

## Cancellation Policy

1. 90+ days before the trip - full refund given except for deposit
2. 45-89 days before the trip - 50% of total retreat cost refunded
3. There are no refunds for cancellation within 45 days of the retreat.
4. We recommend all our guests obtain trip insurance, to include retreat, air, and other costs, as soon as the deposit is made.

The answers to many more FAQs can be found [here](#) and [here](#).

# NEXT STEPS

01

## REGISTER

Click the link at the bottom of the page to register for the retreat.

02

## DEPOSIT

After registering, Heather will reach out with information on how to pay your deposit and establish your payment schedule.

03

## BOOK YOUR FLIGHT

See the details provided at the end of this document to book your flight into Rome.

04

## STAY CONNECTED

Keep an eye on your email, we'll be sending out regular updates and coordinating a group video call in preparation for your retreat.

[REGISTER HERE!](#)



## CONNECT

LYNDSAY ALMEIDA

[hello@lyndsyalmeida.com](mailto:hello@lyndsyalmeida.com)

<http://lyndsyalmeida.com/>

[@lyndsyalmeida](#)

HEATHER DEYO

[heather@casaericatravel.com](mailto:heather@casaericatravel.com)

[www.casaericatravel.com](http://www.casaericatravel.com)

[@casaerica\\_travel](#)





# T R A V E L

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We recommend that you fly into Rome (Leonardo da Vinci–Fiumicino Airport | FCO) airport. There are many trains from Rome to Orvieto. We will help you secure a train ticket, and pick you up from the train station. For a fee, we can also arrange private transportation from and back to Rome. Most guests choose to stay in Rome for a weekend or more before or after the retreat. While planning for Rome is not included in the retreat price, we can send you some recommendations upon request.

\*If you would like more assistance booking your time in Rome, or your flight, please see the next page.\*

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## H O W   T O   B O O K   Y O U R   F L I G H T

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You will be flying into FCO airport in Rome.

You will most likely need to connect to a larger airport, such as New York, LAX, Atlanta, Charlotte, etc., in the US.

Flying to Rome from the US will require an overnight flight.

Flights return to the US in the daytime. We ask that you not book a flight out before 11 am on the final day unless you plan on a private transfer.

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## R O M E   H O T E L S

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PANTHEON  
CAESAR RELAIS  
Largo Ginnasi, 2,  
00186 Roma  
RM, Italy

THE INN AT THE  
ROMAN FORUM  
Via degli Ibernesi,  
30, 00184 Roma  
RM, Italy

RELAIS DE  
L'OPERA  
Via Palermo, 36,  
00184 Roma  
RM, Italy

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# T R A V E L

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Our trusted partner, Odyssey Travel, is available to assist you with booking travel before and after the retreat. For a small fee, our dedicated agent, Marion Taborda, can book your flight to and from Rome. Marion can also book hotels and tours, and can provide any support you may need to extend your European trip.

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## C O N N E C T

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Marion Taborda

904-570-3000

Marion@odysseytravel.com



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*Lyndsay Almeida*

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CASA ERICA

*travel + retreats*