

# Neurodivergent Meet-Up

*Activities-based opportunity to meet and connect with neurodivergent peers*

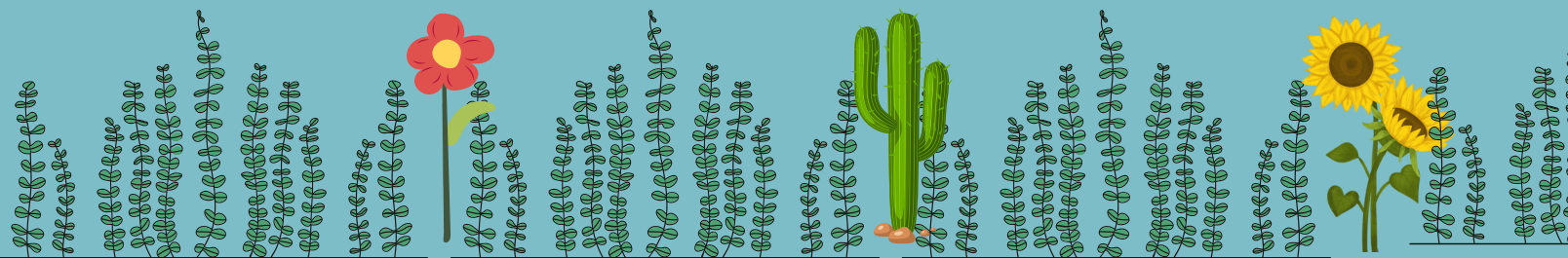
## PLANTS, GARDENING AND NATURE



**Facilitator: Dr. Julia Ryan, AuDHDer**

*I love cacti, nature and learning new things about plants and gardening. I would love to get to know you while we walking the neighborhood!*

- > Come for a neighborhood walk to look at fall colors
- > Share facts and interests while taking in visual interest
- > Get to know others in a low-pressure environment



**Cost: \$25**

**Location: 111 Sherwood Drive**

**Registration Deadline: 1 day before**  
**Support people welcome at no extra cost**

**Meet outside the deli when you arrive**

## ADULTS

 **REGISTER NOW**

**Date: Tuesday September 16<sup>th</sup> 4:30pm-5:30pm**

## YOUNG ADULTS

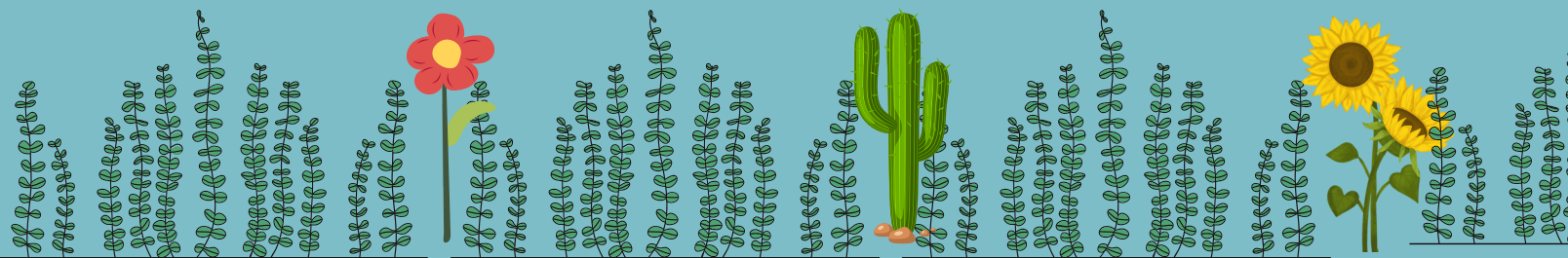
 **REGISTER NOW**

**Date: Tuesday September 30<sup>th</sup> 4:30pm-5:30pm**

## YOUTH

 **REGISTER NOW**

**Date: Tuesday October 14<sup>th</sup> 4:30pm-5:30pm**



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## GAMES



**Facilitator: Dr. Julia Ryan, AuDHDer**

***I am competitive by nature and enjoy trying to win board games. Reading instructions is hard for me so I like to play with people who can teach me new games.***

- > Variety of board games, cards and other games to pick from or bring your own**
- > Play in small groups, pairs or with a support person**
- > Get to know others in a low-pressure environment**



**Cost: \$25**

**Location: 111 Sherwood Drive**

**Registration Deadline: 1 day before**

**Support people welcome at no extra cost**

**Enter through the door between the deli and the hairdresser  
and come upstairs when you arrive**

## **ADULTS**

 **REGISTER NOW**

**Date: Tuesday October 28<sup>th</sup> 4:30pm-5:30pm**

## **YOUNG ADULTS**

 **REGISTER NOW**

**Date: Tuesday November 11<sup>th</sup> 4:30pm-5:30pm**

## **YOUTH**

 **REGISTER NOW**

**Date: Tuesday November 15<sup>th</sup> 4:30pm-5:30pm**



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## ARTS AND CRAFTS



**Facilitator: Dr. Julia Ryan, AuDHDer**

***I enjoy simple crafts and learning new skills. I would love to meet people who can show me or teach me new crafts. I enjoy looking at the amazing drawings or paintings others make.***

- > Variety of arts and crafts activities to pick from or bring your own**
- > Create together in silence or sharing conversation**
- > Get to know others in a low-pressure environment**



**Cost: \$25**

**Location: 111 Sherwood Drive**

**Registration Deadline: 1 day before**  
**Support people welcome at no extra cost**

**Enter through the door between the deli and the hairdresser  
and come upstairs when you arrive**

## **YOUNG ADULTS & ADULTS**



**REGISTER NOW**

**Date: Tuesday December 9<sup>th</sup> 4:30pm-5:30pm**

## **YOUTH**



**REGISTER NOW**

**Date: Tuesday December 16<sup>th</sup> 4:30pm-5:30pm**

