



# SKiN

BY DR CAROLINE

TREATMENT PRICE LIST



## CLINICALLY PROVEN TREATMENTS

Advanced Micro-Needling



Alumier facials



NeoGen Scarring



NeoGen Eyes



CryoLift



Anti-Wrinkle



Cryopen (warts and sunspots)



Skin Boosters



DMK



Non-surgical Rhinoplasty



As a medically-led Advanced Skin and Beauty Clinic, it is our job to listen, analyse and understand the specific needs of all of our clients. With over 40 years of experience in the Aesthetics and Beauty industry between us, we are in a great position to be able to do this.

Our clients welfare and wellbeing is our primary concern. We use our knowledge and experience to listen to our clients concerns, and to formulate the most suitable plan of action. Every treatment plan is bespoke and tailored, with your skin goals, budget and timescale in mind.

Building relationships based on trust matters to us – we will never try to 'sell' a treatment, and we encourage our clients to take time to make their choices about treatments or products that we recommend. We are results-driven and backed by science; we only offer medical grade services, many of which we use ourselves!

We are proud members of BABTAC. Our clinic is led by Dr. Caroline Hayden, a GDC-registered dentist, JCCP-accredited and VTCT Level 7 qualified in Clinical Aesthetic Injectable Treatments. All our therapists are VTCT Level 4 qualified.

We are up to date with the most modern technology, from our NeoGen Nitrogen plasma machine, to our laser hair removal diode device, and we regularly refresh our training and knowledge. We are also first aid trained annually.

The clinic has been recognised for excellence and has received the **Phorest Clinics 5 Star Treatment award** for the last 5 years, as well as **Business Excellence Best Cosmetic Skin and Beauty Clinic 2021 – Home Counties award**.

We now have two clinics to better serve you, ensuring greater accessibility and convenience for all our clients.

We hope to see you in the clinic soon!

With our best wishes,

*Caroline*

Dr Caroline Hayden



## Skin Consultation +/- ObServ SkinScan



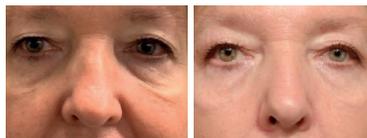
The skin consultation gives us an opportunity to discuss your skin concerns, current skin regime, skin goals, time frame and budget. We understand every person is different and we tailor our treatment plans to each client – the skin consultation is the start of that process.

The ObServ® skin scan technology allows us to look deeper into and under the skin and assess sun damage, pores, oil flow, and other dormant issues. It gives us more information and helps us to formulate the most appropriate plan for you, with as much information as possible.

ONE HOUR CONSULTATION, ANALYSIS AND SCAN **£55**

## NeoGen Nitrogen Plasma Treatment\*

The NeoGen plasma treatment (also known as the 'lunchtime face lift') is capable of treating skin laxity, fine lines, hyperpigmentation, scarring, acne, stretch marks, poor skin quality, and much more. This advanced medical technology (sold only to doctor or dentist-led clinics) enables us to create a massive low-grade sub-surface trauma by heating up the fibroblast cells, causing superficial resurfacing and stimulating HUGE collagen production with downtime of only a few days. A course of 3 appointments, 4 weeks apart, is recommended, and results are seen from approx. 3 months, improving up to 1 year, and should last from 3-5 years!



We can treat (low or high energy):

EYES ONLY	from £400 per session
FULL FACE	from £750 per session
FULL FACE AND NECK	from £900 per session
FULL FACE, NECK AND DÉCOLLETÉ	from £1250 per session
OTHER BODY AREAS	P.O.A
Discount of 10% when a course of 3 appointments is paid upfront.	

## Fibroblast Plasma Pen\*\*

Plasma pen treatment works to lift and tighten, with a small precision tip creating a tiny electrical arc and carbonisation on the surface of the skin. This causes new collagen formation and skin tightening. Can be used to treat eyes, reducing hooded lids or eyebags, neck and jowl areas. Results improve over 16 weeks. A follow up session may be needed. The treated area will appear similar to sunburn after treatment, with some swelling, and black dots left on the skin for up to 14 days post-treatment.

SINGLE TREATMENT **from £250**

## AlumierMD Medical Grade Peels

A unique experience that includes an exfoliating peel treatment and brightening enhancement. It is followed by prescriptive targeted serums which reveal a more radiant soft and luminous skin.



- Radiant 30 treatment targets multiple concerns including fine lines, wrinkles, sun damage & large pores.
- Radiant 20/10 is exfoliating and healing - targets acne pimples, fine lines, wrinkles, large pores & sun damage.
- Detox Clear treatment kills bacteria in 30 seconds, minimises pore size, decongests, reduces acne and prevents new pimples from forming.

SINGLE TREATMENT **from £135**  
INCLUDES LED + POST PRODECURE KIT

## AlumierMD Enzyme Retexturing

The unique blend of fruit enzymes exfoliates dead skin cells and promotes skin renewal - includes brightening enhancers and serums. The result is a reduction in the appearance of fine lines, wrinkles and hyperpigmentation, while soothing, maintaining hydration and enhancing radiance.

SINGLE TREATMENT INCLUDES LED **£125**

## DermaLux LED

Our award-winning Tri-Wave LED light therapy helps rejuvenate your skin. Often used in conjunction with other treatments, but effective as a stand-alone therapy, LED light therapy helps manage acne, pigmentation, ageing and rosacea. It is totally painless, warming and relaxing, and will hydrate the skin by up to 300%, boost collagen production by stimulating the fibroblast cells, strengthen and repair capillaries, and help rejuvenate your skin. It can also treat eczema, psoriasis and inflammatory reactions.



A course of 20 minute treatments will allow you to relax under a warm glow, and post treatment, your skin will appear glowy, calmed and the texture and tone will be improved.

SINGLE TREATMENT TriWave Machine at Brookmans Park **£50**  
SINGLE TREATMENT MD2 Machine at Bishops Stortford **£80**  
Add on LED to any treatment **£35**  
One free treatment on recommended course of 10

\*only available at Brookmans Park Clinic \*\*only available at Bishops Stortford Clinic



### PRX-T33

The 'no peel' chemical peel. Non-invasive with minimal downtime!!

PRX-T33 works by revitalizing your skin, providing immediate facial improvement plus deep hydration. Other areas of the body like an ageing neck, décolleté and hands can also be treated.

#### THE BENEFITS

- Enhances the radiance and luminosity of the skin.
- Minimises enlarged pores.
- Reduces wrinkles and fine lines.
- Reduces recent scarring.
- Makes crepey skin appear fuller on face, neck, décolleté and hands.
- Reduction of age spots (melasma).

### PRX Pro-Radiance\*

Banish dull looking skin and replace it with an instant glow, brightness and radiance. Great for that special event!

1ml of the product used, includes LED and hydrating mask.

SINGLE TREATMENT INCLUDES LED £160

### Bio-RePeel

Bio-RePeel is unique – its active ingredients allow removal of dead skin cells in just one treatment. This significantly improves skin tone, enlarged pores, mild acne, pigmentation spots and skin texture.

SINGLE TREATMENT  
INCLUDES LED £125



### PRP for Hair Rejuvenation

Platelet-Rich Plasma (PRP) therapy for hair restoration is a promising non-surgical treatment aimed at stimulating hair growth in individuals experiencing hair loss. PRP therapy harnesses the healing and growth factors in your own blood to rejuvenate the scalp and hair follicles, encouraging the growth of new hair.



Photo shows single treatment of PRP and use of hair-specific multivitamins

SINGLE TREATMENT £400  
Recommended course of 3-6 (10% discount on 3 or more)

### PRP Microneedling for Facial Rejuvenation

- Reduce the appearance of fine lines and wrinkles
- Improve the skin texture and tone
- Reduce pore size
- Tighten loose skin
- Reduce the appearance of scars, including acne scarring.

SINGLE TREATMENT £300  
Recommended course of 3-6 (10% discount on 3 or more)

### Polynucleotide Therapy

Polynucleotides are filtered and ultra-purified natural DNA fractions that initiate your body's natural fibroblast production, resulting in increased collagen and a thicker, healthier epidermis. Polynucleotides act as powerful skin boosters by stimulating the production of essential components like collagen and elastin. This results in improved skin quality, plumper and healthier skin, reduced hyperpigmentation, and increased collagen, elastin and hyaluronic acid.



SINGLE TREATMENT £250  
A course of 3 treatments required. (10% discount on 3 or more)

*\*only available at Brookmans Park Clinic*

## COLLAGEN BOOSTING AND REJUVENATING TREATMENTS



### CryoLift\*

Using the latest in cryotherapy technology, this 'red carpet facial' treatment helps to target the signs of ageing, as well as boosting, hydrating and promoting collagen formation to give a plumping effect. It uses a powerful CO2 flow at high pressure and an active peptide serum at low temperature to induce collagen and elastin formation. This results in hydrated, glowing and healthy looking skin. Ideal before a big event!

**SINGLE TREATMENT** £140  
Recommended course of 6 (10% discount) £755

### DMK Paramedical Skin Revision

**DMK home prescription products must be used in conjunction with these treatments**

The Danné Skin Revision concept allows the chemistry within the body to work in synergy with the advanced scientific formulas contained within the DMK products. Proven results with acne, pigmentation, rosacea, skin rejuvenation. Perfect also for ageing skin and the tightening of sagging facial muscles. DMK is formulated to address skin of all types and groups as well as specific disorders associated with deeper skin tones.

### DMK Enzyme Therapy



This unique DMK programme allows the removal of dead cells, the rebuilding of the remaining living cells, the protection of the skin and the maintenance of the new skin at home. DMK Enzyme Therapy will strengthen the structural integrity of the skin, encouraging the skin to function optimally while creating a healthy environment for cells to live and thrive in. Suitable for all skin types. Especially good for acne sufferers.

**SINGLE TREATMENT** from £135

### Advanced Micro-needling

Creates controlled micro-injuries to your skin which stimulates the body's natural wound healing process whilst encouraging new collagen production. Incredible results on all skin types with a relatively small amount of downtime post treatment.

Perfect for:

- The reduction of acne scars
- Evening out of the skin tone and texture
- Improving elasticity and firmness
- Reducing stretch marks
- Areas treated are face, neck, décolletage.



**SINGLE TREATMENT** from £235  
For long-lasting results, 3 – 6 treatments may be needed.



### IPL Skin Rejuvenation\*

The variable pulsed light (VPL) machine by Energist is used as a stand-alone treatment to address skin concerns such as redness, sun-damaged skin, ageing skin, enlarged pores, threadveins and uneven skin texture.

**SINGLE TREATMENT** from £80

### Microcurrent non-surgical Face Lift

Micro-currents tighten and tone the muscle fibres offering re-contouring of the specific facial areas.

During treatment all the facial muscles are physically manipulated using multi-probes to re-educate the muscle fibres with a current that causes a contraction, to improve muscle memory



**SINGLE TREATMENT** from £80  
**One free treatment on recommended course of 10** £720  
**Mini Microcurrent**  
(lower face only – can be added to any treatment) £60

### Venus Freeze Skin Tightening\*

(Radio frequency with magnetic pulse)

The Venus Freeze heat treatment warms the skin and holds it at a temperature that induces collagen and elastin fibre formation, heating the skin from the inside out. The new collagen and elastin gradually smoothes and tightens the skin, plumping out fine lines and wrinkles.

**FACE SINGLE TREATMENT** £115  
(a course of 6 to 8 recommended incl 1 free)  
**FACE AND NECK SINGLE TREATMENT** £170  
**BODY AREAS** £115  
(a course of 8 – 12 recommended incl 1 free)

### Non Surgical Jowl Lift\*

Incorporates our "Ultimate" micro-current and Venus Freeze radio frequency to improve loose/sagging skin and muscles on the lower face, jaw and jowl area. The micro-current works to stimulate muscles and cellular metabolism whilst the radio frequency greatly improves elasticity and collagen production in the lower face and jowl areas.



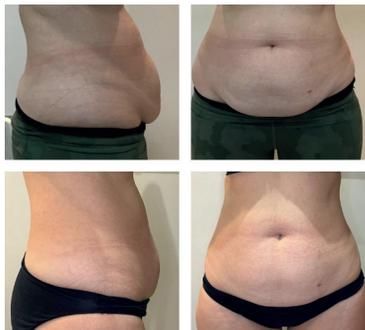
**FULL SINGLE TREATMENT** £120  
**One free treatment on a recommended course of 10** £1080

*\*only available at Brookmans Park Clinic*



### LipoContrast DUO Fat Freezing\*

LipoContrast is a very effective, non-invasive fat reduction / removal treatment without the necessity for exercise post treatment. The superior DUO cools, heats and then cools the skin during treatment creating spectacular results in removing the fat cells in isolated areas of the body. You can see the results of the fat reduction and new body contouring from the first treatment.



The DUO eliminates fat cells in stubborn fatty areas such as the waist, abdomen, back, flanks, knees, arms and thighs.

**SINGLE TREATMENT** **£190**  
A course of 3 is recommended for best results.

### Aqua 3 Hydro-facial\*

The Aqua 3 HYDRO-FACIAL is a re-surfacing treatment that brings the skin back to life by cleansing, extracting and hydrating. This non-invasive, cosmetic grade treatment is perfect for clients who would like their skin to look clear, refreshed, and hydrated, whilst having no downtime or discomfort.

Perfect for all genders and especially suited to those prone to blackheads, or as an anti-ageing treatment.



#### Congested / Oily skin / Acne package

- Aqua peel
- 10 mins peel application
- Dermabrasion
- Hyaluronic acid infusion

**SINGLE TREATMENT** **£135**  
**WITH LED** **£170**

#### Ageing / Pigmentation package

- Aqua peel
- 10 mins peel application
- Dermabrasion
- Meso with microcurrent
- Hyaluronic acid infusion
- Oxy mask

**SINGLE TREATMENT** **£150**  
**WITH LED** **£185**

### elysion-pro Laser hair removal

The Elysion laser hair removal machine utilises DIODE technology, and allows the skin to be continually cooled whilst heating the melanin in the hair and destroying the hair follicles. All areas of the face and body can be treated. An initial course of 6 sessions is advised, and a follow up course of 3-6 sessions is usually recommended. Permanent hair reduction is achieved. A consultation and patch test is mandatory.

**Treatment packages available for 6 or more sessions.**  
For prices – see flyer for details.



### Laser Tattoo Removal\*

We remove tattoos using an ND Yag laser. The amount of treatments required will vary depending on tattoo age, colour, size, medication and lifestyle. Usually 8+ sessions, 8 weeks apart, gives a significant reduction in tattoo visibility. A patch test is required prior to this treatment.

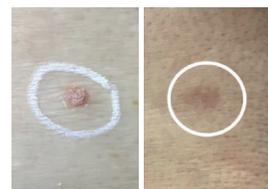
**SINGLE TREATMENT** **from £75**



### CryoPen

CryoPen treatments use liquified nitrous oxide in a small precise 'pen' to deliver a concentrated burst of cold energy to the lesion you wish to have treated. These treatments are quick, comfortable, and highly effective; they work by freezing and destroying benign skin lesions, and rupturing cell membranes to destroy the cells. Our clinic owner, Dr Caroline, can also offer mole removal, providing you have a GP note to confirm its benign diagnosis.

**SINGLE TREATMENT PER LESION** **from £100**  
**MOLE REMOVAL PER MOLE** **from £200**



### Microsclerotherapy

A high frequency current is passed through a fine nickel needle, which collapses the facial threadveins without affecting the outer layers of the skin. Quick and comfortable, with no post-operative scarring or pigmentation.

**Facial Veins: Nose £120 - Cheeks £140 - Nose, Cheeks and Chin £160**  
**Milia and Blood Spots** **per lesion £75**

Price for multiple tags etc will vary and an indication will be given on your enquiry.

*\*only available at Brookmans Park Clinic*



## INJECTABLE TREATMENTS

### Profilo

An injectable hyaluronic acid based skin booster, which both hydrates and stimulates new collagen formation. Suitable for any skin which has lost elasticity; this product also boosts hydration giving you a healthy 'glow' and a radiant appearance.



ONE INJECTABLE BOOSTER	£295
TWO INJECTABLE BOOSTERS	£575
THREE INJECTABLE BOOSTERS	£850 (paid upfront)

Includes LED Light Therapy for extra hydration boost.

### Seventy Hyal

Alternative to Profilo – more suitable for those under age 45.

PER INJECTABLE BOOSTER : £250   THREE : £650 (paid for upfront)
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Includes LED Light Therapy for extra hydration boost.

### Anti-wrinkle injections

All of our anti-wrinkle injections are performed by a GDC or GMC registered professional. 'BOTOX' (Botulinum toxin type A – we use Azzalure/Botox/Bocouture) – these prescription injectables are used to temporarily reduce unwanted muscle function, softening frown lines, or smile lines around the eyes. Results last 10-12 weeks on average.



CONSULTATION (redeemable on treatment)	£50
ONE AREA (eg Crow's feet)	£240
TWO AREAS :	£260
THREE AREAS :	£290
HYPERHYDROSIS (underarm sweating)	from £400

### Dermal fillers

All of our dermal filler injectables are performed by a GDC or GMC registered professional. Dermal fillers add volume, plumping out fine lines, reducing deep folds, adding volume to thin lips, reducing dark circles, or creating contour across cheeks etc. We use resorbable products only, including Restylane and Kysense Areas treated include: naso-labial folds, marionette lines, cheeks, tear troughs, chin, and lips.

Per 1ml	£280
TEAR TROUGHS	£350
NON-SURGICAL 'NOSE JOB' (liquid rhinoplasty)	£360
OTHER AREAS	P.O.A

### Vitamin B12 and Vitamin C injections

VITAMIN B12 INJECTABLE BOOSTER	£50
Course of 4 (includes one free)	£150
VITAMIN C INJECTABLE BOOSTER	£55
VITAMIN B12 AND VITAMIN C	£85



### Gift vouchers from £25

Why not buy a Gift Voucher for that 'someone special'  
6 month expiry date, redeemable against products or services.

# Alumier<sup>MD</sup>

Scan to create an account with Dr Caroline and purchase AlumierMD products





### Brookmans Park Clinic Opening Hours

Monday	10.00 to 7.30
Tuesday	9.30 to 8.30
Wednesday	9.30 to 7.00
Thursday	9.30 to 8.30
Friday	9.30 to 6.00
Saturday	9.30 to 5.30
Sunday	CLOSED

### Bishops Stortford Clinic Opening Hours

Monday	10.00 to 6.00
Tuesday	10.00 to 8.00
Wednesday	10.00 to 8.00
Thursday	10.00 to 8.00
Friday	9.30 to 6.00
Saturday	9.30 to 5.30
Sunday	CLOSED

### Booking and Deposits

Appointments for treatments require a fee of up to £100 (depending on time allocated for appointment) to secure your booking. This is redeemable against your treatment or products.

Appointments for full skin consultations require a fee of £55 which secures your booking and pays for your appointment in full.

A short initial discussion on your skin requires a fee of £25 to secure your booking, redeemable against your treatment or products.

We appreciate your understanding in our having to take booking deposits as it prevents "no-shows". This allows more clients to get the appointment times they wish for.

### Cancellation Policy

**48 hours notice** should be given if there is a need for you to cancel your appointment.

**A fee of £25 will therefore be payable for each 30 minutes missed should a cancellation occur or if the appointment is not met.**

We do feel it is a fair fee for both you and us. If you are on a booked course and miss one of your treatments, you will forfeit that treatment.

### Brookmans Park Clinic

75 Bradmore Green, Brookmans Park Hatfield, Herts AL9 7QT | 01707 66 24 77 | [info@skinbydrkaroline.co.uk](mailto:info@skinbydrkaroline.co.uk)

### Bishops Stortford Clinic

11 Riverside Walk, Bishops Stortford, Herts CM23 3AG | 01279 503388 | [info@skinbydrkaroline.co.uk](mailto:info@skinbydrkaroline.co.uk)



For more information and to see other treatments not mentioned in this price list please visit our website

[www.skinbydrkaroline.co.uk](http://www.skinbydrkaroline.co.uk)