

BREAKFAST

AMES ST BENEDICT	16
<i>Louie's TC pastrami, poached eggs and hollandaise served on focaccia. Comes with choice of potato or kale salad</i> <i>*Florentine option with spinach + tomato available</i>	
● AMES ST BREAKFAST	11
<i>Choice of toast, 2 eggs cooked your way, choice of sausage or bacon.</i> <i>*upgrade to silver dollar pancakes for 2</i>	
BREAKFAST SAMMY	13
<i>Egg patty, choice of sausage or bacon, sharp cheddar, and pesto mayo on focaccia. Comes with choice of potato or kale salad.</i>	
QUICHE OF THE DAY	12

OMELETTES + SCRAMBLES

All omelettes + scrambles are served with choice of toast and homeade jam.

AL'S BREAKFAST	14
<i>Onion, spinach, gruyere, pastrami.</i>	
VEGGED OUT	14
<i>Red peppers, avocado, spinach, mushrooms.</i>	
SPICY CHORIZO	15
<i>Chorizo, cheddar, jalapeno, salsa.</i>	
CARNIVORE	16
<i>Bacon, sausage, chorizo, pastrami, cheddar.</i>	
SPINACH + FETA	13

DRINKS

COFFEE	3-5	OJ	6
HOT TEA	3-5	CHERRY JUICE	5
CHAI LATTE	7	CAN POP	3
COCOA	4	GLASS BOTTLE POP	4

CINNAMON SWIRL PANCAKES	12
<i>a childhood favorite, if you know you know.</i>	
BANANA BREAD FRENCH TOAST	13
<i>Because mom said it belongs on the menu forever. Served with whipped cream and powdered sugar.</i>	
GRANOLA + MILK	7
<i>Rose, almond, cherry. Served with grassfed milk from Mooville in Nashville, MI.</i>	
CINNAMON RAISIN FRENCH TOAST	12
<i>Served with whipped cream and powdered sugar.</i>	
PLAIN JANE FRENCH TOAST	9

LUNCH

All sammies are served with chips + a pickle.
upgrade to fries or tots 3 sweet potato fries or kale salad 4

● THE MANNY MELT	14
<i>Kalamata olives, capers, and red onion in Dad's recipe for tuna salad. On toasted sourdough with melty gruyere cheese.</i>	
CLASSIC SMASHBURGER	15
<i>American cheese, burger sauce, lettuce, house pickles, and tomato on a brioche bun. Make it a double for 5.</i>	
UP NORTH SMASH	18
<i>Mangalista bacon, balsamic grilled onion, american cheese, house pickles, and garlic mayo on a brioche bun. Make it a double for 5.</i>	
● MIDWEST IS BEST	17
<i>Green olives, pickled peppers, gruyere cheese, and garlic mayo on a brioche bun. Our take on the classic! Make it a double for 5.</i>	

SOUP

FRENCH ONION	9
ROTATING SOUP OF THE DAY	5 / 8

● BREAKFAST BURRITO	15
<i>Scrambled eggs, choice of sausage or bacon, tater tots, and colby jack rolled up in a tilla. Salsa on the side. Comes with choice of potato or kale salad.</i>	
CHORIZO BURRITO	16
<i>Scrambled eggs, tater tots, pickled red onion, colby jack, avocado, Salsa on the side. Comes with choice of potato or kale salad.</i>	
AVOCADO TOAST	12
<i>Multigrain, feta, pickled red onion, everything seasoning, pepitas, balsamic drizzle.</i> <i>+ an egg for 3</i>	
PANCAKES (3)	10
SHORT STACK (2)	8
<i>+ blueberries or chocolate chips for 2</i>	

BLT	15
<i>Toasted sourdough, mayo, greens, tomato slice and a generous pile of bacon.</i>	
KALE SALAD	6 / 12
<i>Massaged kale, light vinaigrette, toasted pepitas, garlic crispies, nutritional yeast. Add chicken for 5 or a poached egg for 3.</i>	
CUP OF SOUP OF THE DAY + GRILLED CHEESE	14
1/2 KALE SALAD + CUP OF SOUP	10
1/2 BLT + CUP OF SOUP	12

A LA CARTE

FARM FRESH EGG	3
HASH BROWN / HOUSE POTATO	5
EGG WHITES	5
TOAST	2
BACON / SAUSAGE	5
HOLLANDAISE	3
AVOCADO	1.5
PEPPERS / ONIONS	5
EXTRA SAUCE	5
LOCAL MAPLE SYRUP	2