

A BRILLIANT TRANSITION READINESS CHECKLIST:

20 QUESTIONS TO EMPOWER YOUR NEXT MOVE

PERSONAL READINESS

- Am I mentally prepared to embrace change, even if it's uncomfortable?
- How resilient am I in the face of uncertainty and ambiguity?
- Am I holding onto anything that no longer serves me?
- Do I have a clear vision of what success looks like after this transition?
- What fears are holding me back, and how can I reframe them to be empowering?

SUPPORT SYSTEMS

- Who can I rely on for support (emotionally, professionally, and personally) during this time?
- Do I have a network of people who have successfully navigated similar transitions?
- How can I build or strengthen a support system to help me succeed?
- Am I comfortable asking for help or guidance when needed?

WORK-LIFE BALANCE

- Am I balancing my professional and personal needs during this transition?
- What strategies do I have in place to maintain self-care while navigating change?
- How will this transition impact my well-being, and what can I do to minimize any negative effects?

PURPOSE AND ALIGNMENT

- How does this transition align with my long-term goals and values?
- Am I moving toward something that feels meaningful and fulfilling?
- What is the "why" behind this transition, and does it motivate me to keep pushing forward?

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PRACTICAL CONSIDERATIONS

- Do I have the financial and logistical resources to make this transition successfully?
- Am I clear on the steps I need to take to move forward?
- What tools, training, or resources do I need to complete this transition smoothly?
- How will I measure success and progress during this transition?

MINDSET + GROWTH

- What are the most important skills or mindsets I need to develop to thrive during and after this transition?
- Am I open to learning new things and adjusting my approach as needed?
- How will I celebrate small wins along the way to keep myself motivated?

If you answered "no" or feel uncertain about any of these questions, it might be time to revisit your plan or explore ways to enhance your readiness. Transition is a journey, and you don't have to navigate it alone. At Be Unapologetically Brilliant, we offer coaching and consulting services designed to help you thrive during times of change.

Schedule a complimentary 30-minute introductory session to explore how we can support your next big move and ensure you're truly ready to make the transition with confidence!