

DETHRONE 1 (Bullard & Marks)

BRAZILIAN JIU-JITSU & WRESTLING

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 AM	10:00-11:00	10:00-11:00	10:00-12:00	10:00-11:00	10:00-12:00	10:00-12:00	
10:30 AM	Women's	Jiu Jitsu	Open Mat	Jiu Jitsu	Open Mat	Open Mat	
11:00 AM	Jiu Jitsu	Basics		Basics			11:00-12
11:30 AM							<i>Wrestling/</i>
12:00 N							Open Mat
6:00 PM		6:00-7:00		6:00-7:00		6:00-7:00	
6:15 PM		<i>No Gi</i>	6:15-7:15	Jiu Jitsu	6:15-7:15	Jiu Jitsu	
6:30 PM			Jiu Jitsu Basics*	All Levels	Jiu Jitsu Basics*	All Levels	
7:00 PM		7:00-8:30		7:00-8:00			
7:15 PM			7:15-8:30	<i>No Gi</i>	7:15-8:30		
7:30 PM		Jiu Jitsu	Jiu Jitsu		Jiu Jitsu		
8:00 PM		All Levels	Advanced*	8:00- 8:45	Advanced*		
8:15 PM				<i>Wrestling</i>			
8:30 PM							
8:45 PM							

***Basics: Adult White Belts & Kids' Grey Belts**

****Advanced: 3 Stripe Adult White Belts & Above Belts**