Doodle
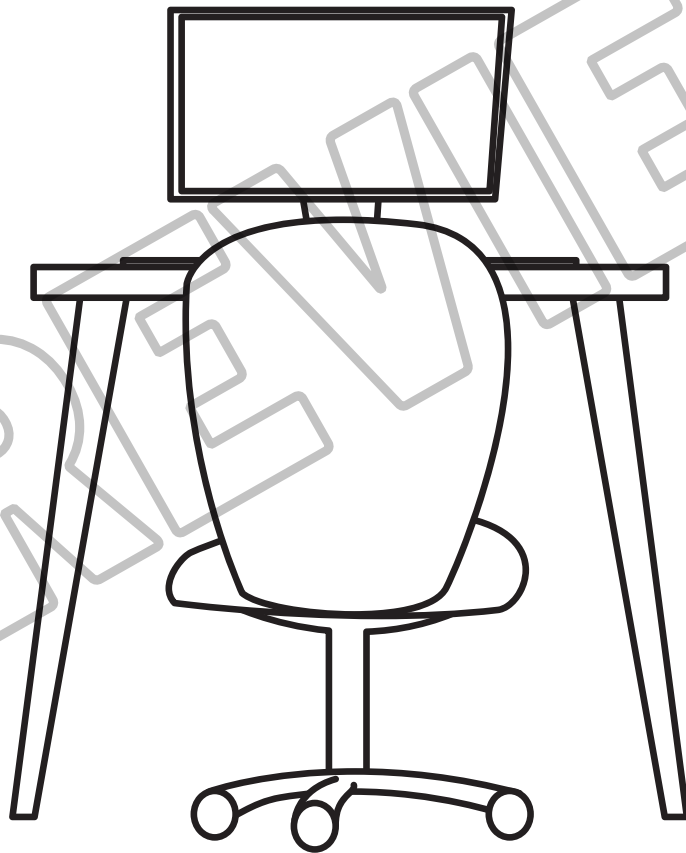## Your Dream Job

FROM THE CEO OF
GET YOUR BEST RÉSUMÉ

SARA HUTCHISON

Let me know
where you land!
#doodleyourdreamjob
Best!
Ciara Hatch

Get Your *Best* Résumé

Doodle Your Dream Job

First paperback edition April 2022

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Art, layout, and doodles made in Canva Pro

Contents

Welcome Doodlers
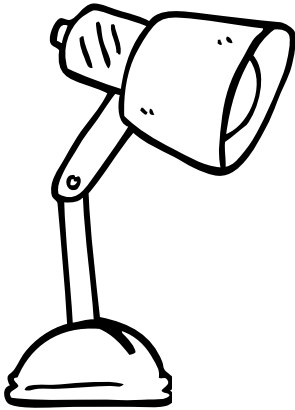
How to use this book

This book is designed for you to go at your own pace. You could aim for one worksheet a day, or you can knock it all out in an afternoon. Skip to the most relevant topics or go in order - it's entirely up to you! The goal is to gain immense value and perspective on how you learn and grow best. There is plenty of space for you to doodle and make your notes as you explore ideas around your career goals. Be sure to take note of the career advice tips throughout the book.

#DoodleYourDreamJob

For additional resources throughout your job search and to report your job success check out the blog at www.doodleyourdreamjob.com.

And don't forget to use #doodleyourdreamjob on socials!
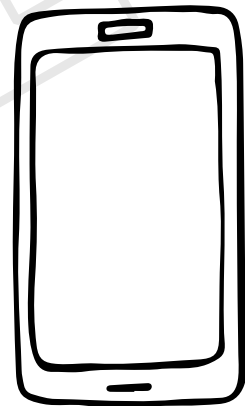
I'm glad you're here

Hi, I'm Sara. I created this book intending to help those wanting to make significant changes in their career without investing substantial resources. The following worksheets and career advice stem from a solid decade of experience working with a range of clients in need of career transition support. I have worked with over 1200 clients to date and have specialized in helping parents return to the workforce after a career pause and professionals seeking to break into IT. You can learn more about me and my work at my business page www.getyourbestresume.com.

Instructions
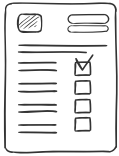
List some of your best qualities and characteristics.

Goals

Think about yourself in more positive-based thoughts.

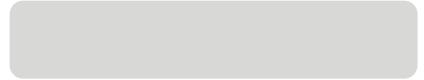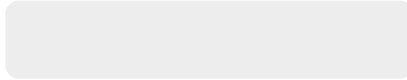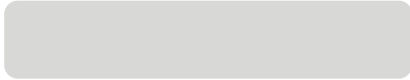## Doodle Area

There's Only 1 You

What makes us unique isn't just what is on the inside. Our uniqueness stems from our shared experiences, cultures, neighbors, and events from our childhoods. In this worksheet, describe what makes you - you! Draw or write your setting, your family, pets, hobbies, talents – whatever makes you unique.

My goal for you is to think about yourself in more love-based thoughts and conditions. We can be so negative about ourselves when we enter what I call the "*Positive Feedback Loop of Negativity*" (more on this later). When you spin negative thoughts around in your head about yourself, you minimize the effort and love others in your life have given and wished for you.
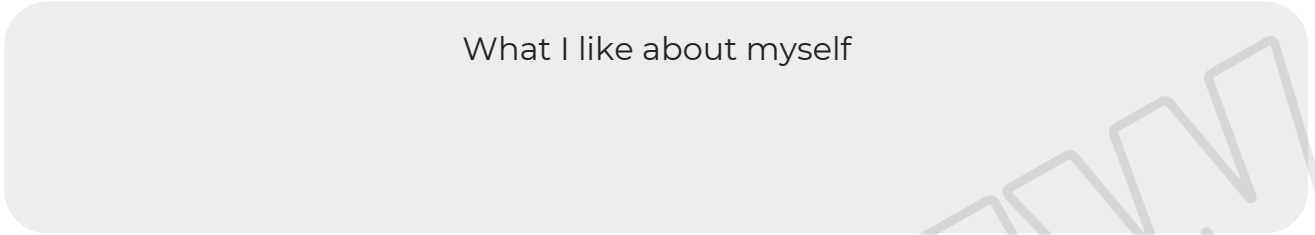
This section includes multiple worksheets to help you break down your personality, character traits, strengths, and weaknesses to make informed decisions in your job applications and job offers that are coming your way.
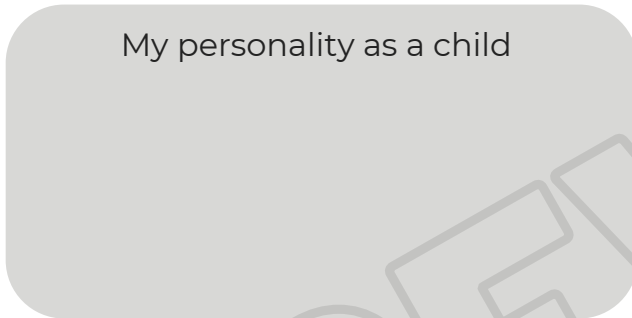
There's Only 1 You
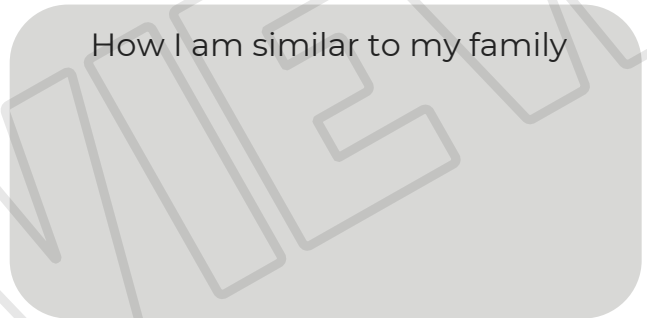
Three words that describe me

What I like about myself
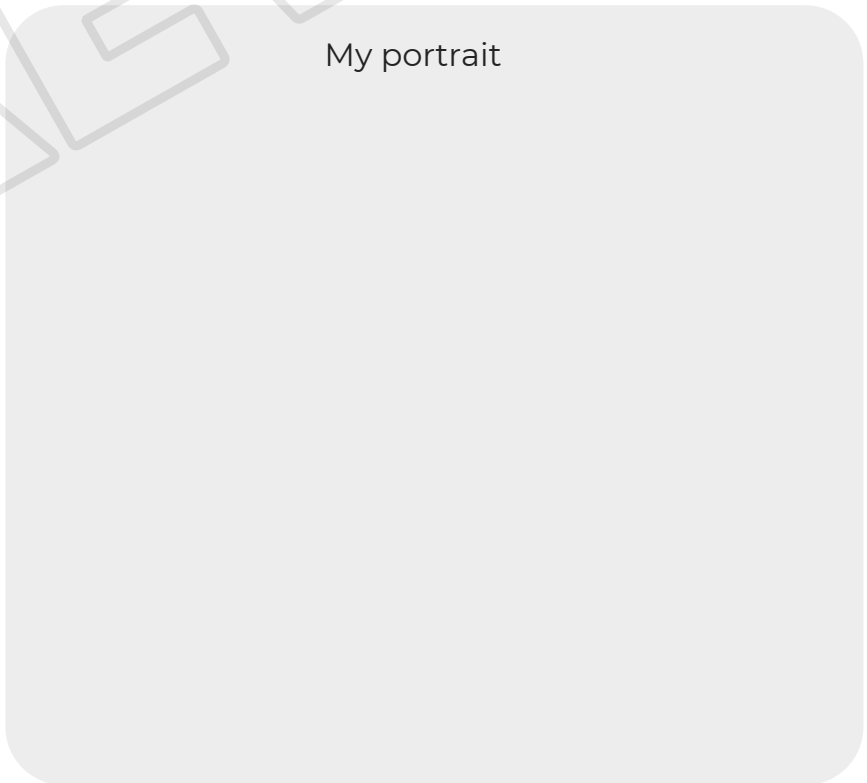
My personality as a child

How I am similar to my family

Something that scares me

My portrait

Something that excites me

Instructions

Jot down what you know about someone you admire in your industry.

Goals

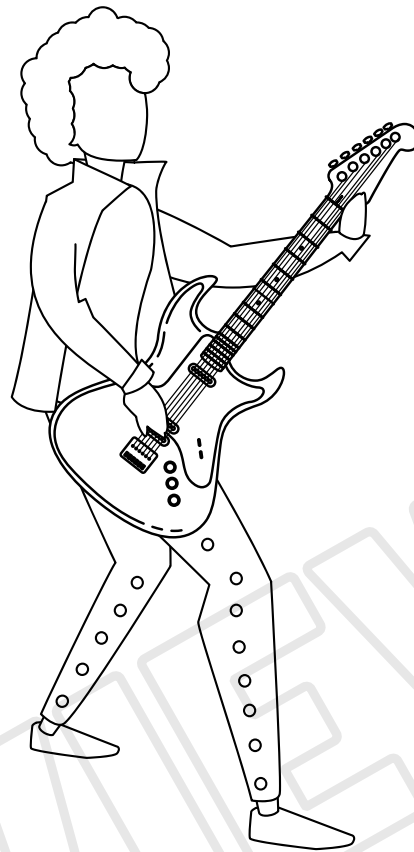See if there are any lessons learned from their careers you can incorporate into your own.

Sara's Career Tip

Emulate
Find what makes you jealous about another person's career… then make a roadmap to get there.

HARD ROCK

Industry Rock Stars

Think about someone you idolize in your career. Maybe it is someone you know personally, such as a former boss or mentor. Perhaps it is someone incredibly famous. Regardless of who it is, take a moment to learn about their professional path to where they are. Look them up on LinkedIn or their Wikipedia page.

- What did they go to college to study -or- did they even go at all?
- How many years were they working before they landed in the role you know them for?
- What was their first job after high school?

When we research how our Industry Rock Stars made it to where they are, we can find inspiration. We often learn that the path for them was rarely easy, they stumbled into the career, and they have their own Industry Rock Stars.
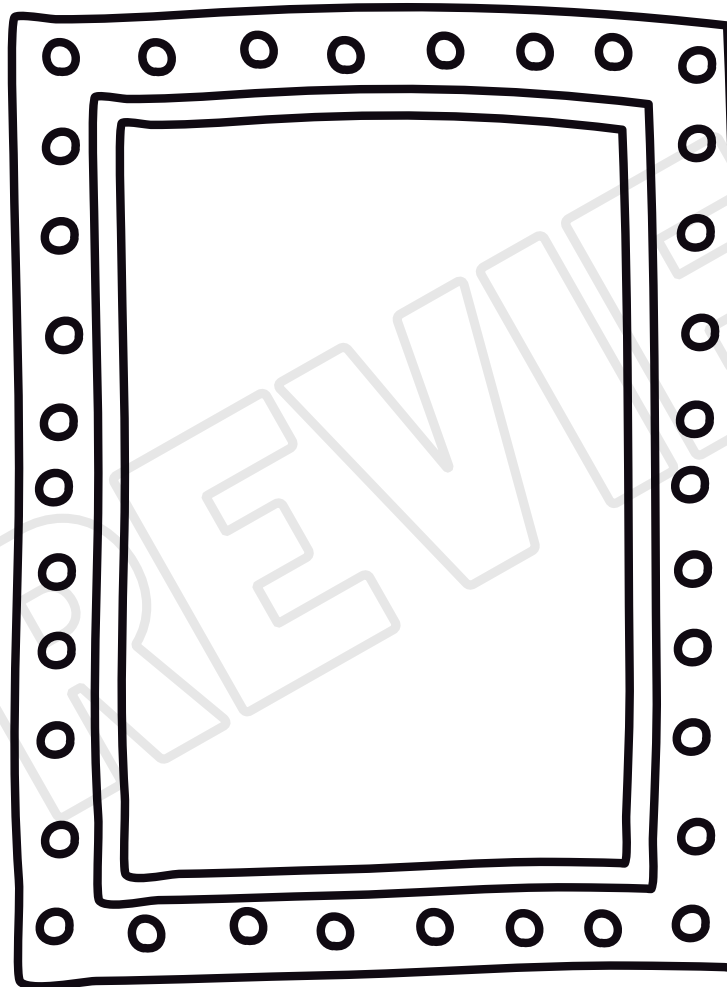
As you doodle this person, think to yourself:
- What would this person do in my situation?
- How would they react, and what advice would they give me?

Industry Rock Stars

Check out the LinkedIn Profile or Wikipedia Page for someone in your industry.

Draw a cartoon version of the person you're researching.

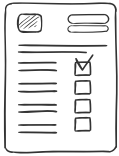What qualities do you admire in this person?

What line of work did they do when they started in their career?

Do they have any books, blogs, podcasts, or content online you can peruse? Or do they suggest any readings for others?

Instructions

Fill in the blanks about your last job and identify what your preferences are for your next one.

Goals

Recognize what may be red flags in a potential new job based on your experiences at your most recent one.

Preferred Work Style

Understanding your preferred work style can help you to visualize what your ideal environment and culture would be. But first, think about your most recent job. Think about what were the driving factors that made you want to leave. Similarly, what were the things that impacted your work but were out of your control? You can ask these questions while trying to envision your ideal job setting. Your answers may be of use during an interview as well.
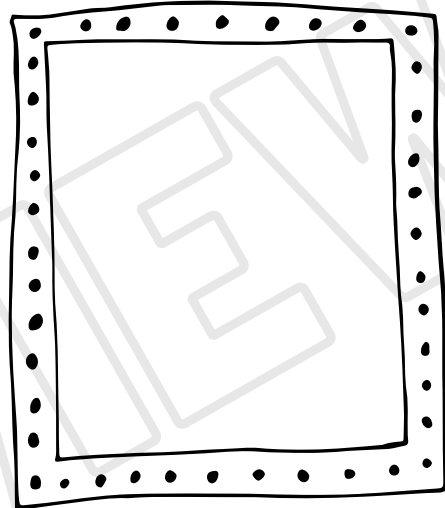
Doodle Area
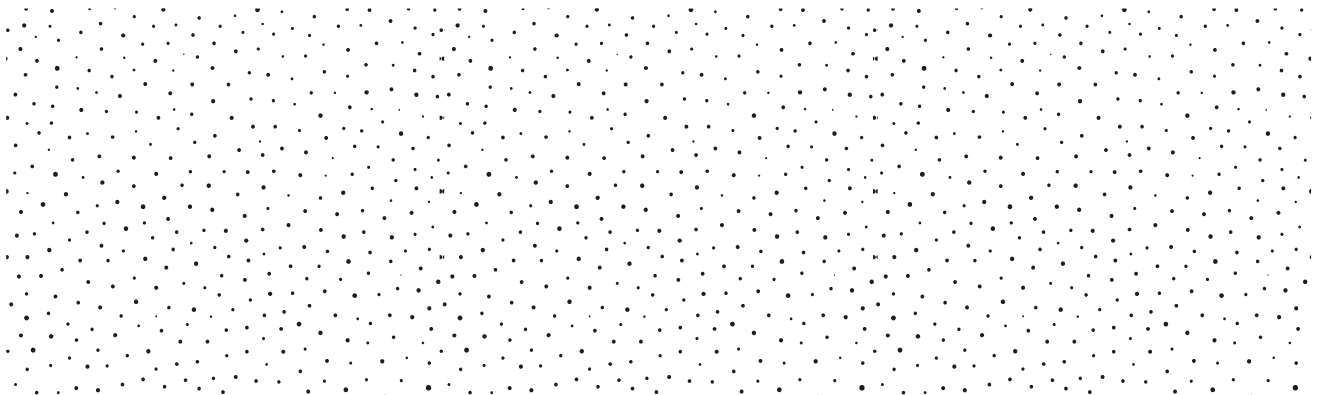
Preferred Work Style

Use this outline to help articulate what your work preferences are based on your most recent job.
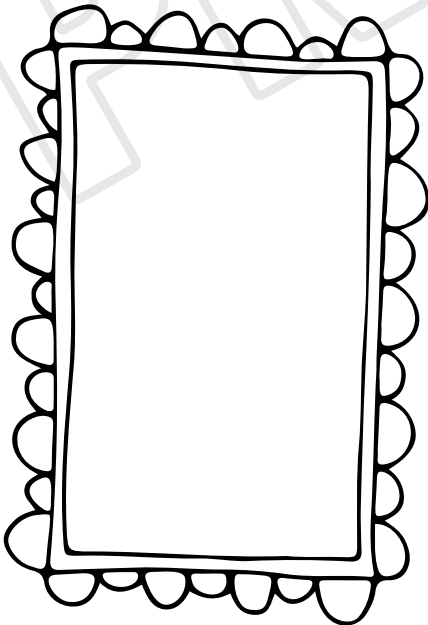
Things I could not control
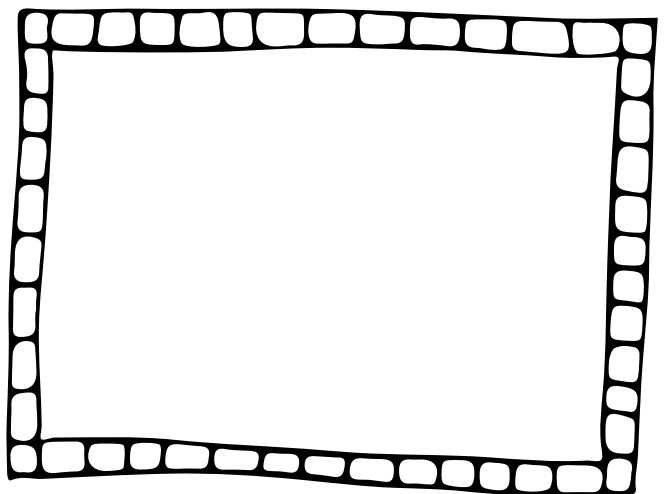(that I wish I could)
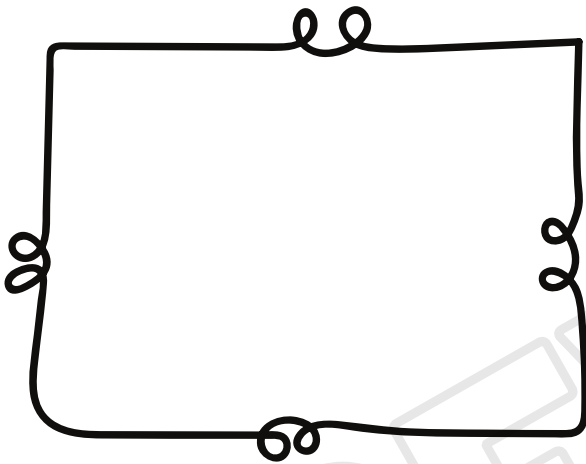
Things that drained me
(and impacted my mental health)

Things that people assigned to me
(but was another person's role)

Things I could never find time to do
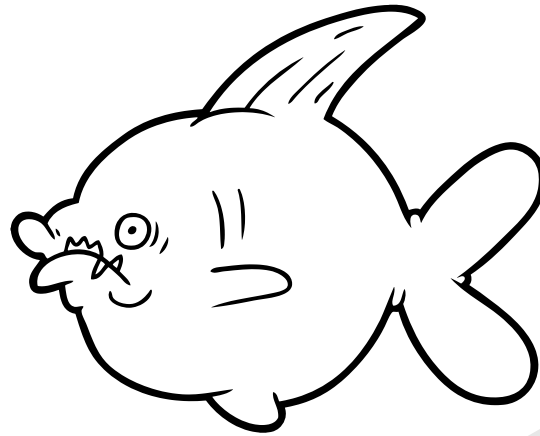(and it impacted my work)

Instructions

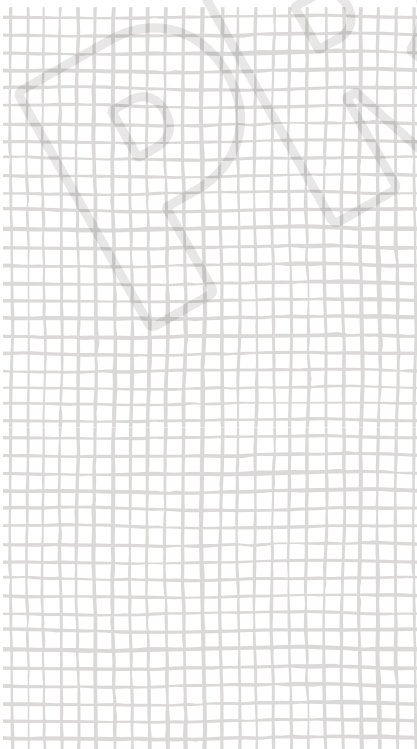DESTROY the vicious "Positive Feedback Loop of Negativity"!

Goals

Recognize your time is better spent in quality applications.

Doodle Area

The Ugly Feedback Loop

One of the most common complaints I hear is that dozens, sometimes hundreds, of job applications received no replies. At first, this startles me. But when I dig deeper into their job application process, I realize they are spending a few seconds applying to each job, not tailoring the application to the description, resulting in generic rejection letters (if they get any response).

Overly applying to jobs that we are not an excellent fit for may get us bombarded with rejection. Those feelings of rejection, combined with the lack of offers, put us into what I call the "*Positive Feedback Loop of Negativity*." Getting into the loop is like getting on a hamster wheel. It is exhausting, and the worst part is counting all the jobs you've applied to and seeing those numbers climb. When candidates apply with just a couple of clicks to dozens of jobs, they are less likely to be noticed.

If this describes you, commit to changing that habit today. Here's why: Let's say you dedicate an hour a night to applying to jobs. You get on LinkedIn or another job board and use your profile to apply to anything you meet most of the qualifications. You have applied to maybe 15 jobs at the end of the night. Challenge your thinking on this approach and employ quality over quantity strategy. From now on, craft a targeted application for two jobs in an hour rather than 15.

Use the Resources Module to improve your overall application and mental health for your job hunt.

The Ugly Feedback Loop

Mission: Destroy the Positive Feedback Loop of Negativity.
Rip it out, throw paint at it, scribble all over it. Don't get sucked in.

Apply to everything to see what sticks. "Easy Applies"

Feelings of negativity and rejection start to set in.

Total number of applications pile up with no traction.

Only receives generic rejection emails.
Or no replies at all.