

# PRE-PROCEDURE

*Please read and initial to agree with the pre-procedures below.*

- No blood thinners, alcohol, caffeine, aspirin, or ibuprofen 24 hours before the procedure.
  - No waxing at least 3 days before the procedure.
  - Discontinue any retinols, Retin-A, Differin, chemical peels and microdermabrasion 2 weeks prior.
  - Botox must be done 2 week prior.
  - Avoid prolonged sun exposure to the face 2 weeks prior.
  - Cannot be pregnant or nursing.
  - Must be off Accutane for one full year.
  - Cannot be undergoing chemotherapy or radiation treatments.
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