

S.M.A.R.T GOALS – FOR THE SMART PLANNER

**PROVERBS 29:18 WHERE THERE IS NO VISION, THE
PEOPLE PERISH ...**

The road map to success ...

Specific



Attainable



Relevant



Timely



Measurable



Proverbs 3: 5-6
Trust in the Lord
with all your
heart, and lean
not on your own
understanding

S – SPECIFIC GOALS MUST IDENTIFY A *TANGIBLE* OUTCOME

Non-tangible

- “I want to make a lot of money.” What does “a lot” mean? \$30,000 annually is a lot to a recent college graduate, but it may not be ideal to support a family. It is vague and short term.

Tangible

- I want to make \$60,000 annually
- I want to do this by working in IT
- After graduating college, and after three years of experience, I can qualify for a such a position

M – MEASURABLE

HAVE A CLEAR DEFINITION OF SUCCESS

Unclear:

- “I will be fluent in Arabic in one year.”

How will progress and achievement be evaluated?

Clear:

I will be fluent in Arabic by doing the following:

- Every day I will learn two letters of the Arabic alphabet
- Every day I will learn one new word. So that by the end of the year I will have a vocabulary of 365 words.

A – ATTAINABLE

CHALLENGE YOURSELF, DON'T DISCOURAGE YOURSELF

- I will major in Chemistry and get straight A's and then go on to medical school. Even though I hate math, and play the piano and sing way better than I can count on my own fingers
- What are my strengths?
- What are my weaknesses?
- What can I improve?
- What are the barriers to my desired outcome? Finances? Lack of motivation?

R – RELEVANT IS THIS WORTHWHILE TO YOU?

- What are my beliefs?
- Does my goal line up with my values?
- How much do I *really* want to spend in time, and money?
- What am I willing to *sacrifice*?

T – TIMELY

SET A TARGET DATE

A date gives:

- A sense of urgency
- Motivation which produces production
- “Someday” is *not* a date

PROVERBS 29:18 WHERE THERE IS NO VISION THE PEOPLE PERISH ...

No matter your goals, talents, socio-economic status, family life, or IQ level, it is important to *always* consider your goals with prayer. You may be surprised at what God has put in you, so be open to his leading. Talk to your parents, and consider setting up a meeting with your pastor if you still need extra help.

Many young (and old) people hop from marriage to marriage and job to job because they did not take the time to visualize (or pray) about what they want out of life. It is ok to dream - that is why God gave you an imagination, use it!

Know that the goal may not look *exactly* like what you had been day-dreaming about when all is said and done (for example, making five or ten grand less at your dream job) but if your goal was God's goal for your life, then you truly accomplished much, much more.



NOW IT IS YOUR TURN – PICK A GOAL

REMEMBER THE 5W'S TO HELP YOU PLAN YOUR GOAL – WHO, WHAT, WHEN, WHERE, WHY, & HOW

- Make it **SPECIFIC** – I want to obtain and maintain a 4.0 this semester
- How can you **MEASURE** your progress? – Teacher feedback, homework assignments, test grades
- Is this **ATTAINABLE**? – Be honest with yourself and consider the personality test I have attached on the next page.
- Is this goal **RELEVANT**? – What are you willing to sacrifice? Does this goal line up with my personal beliefs?
- What is the **TIMELINE** of my goal? – Take one semester one day at a time.

If you obtain and maintain a 3.5 at the end of your timeline do not be discouraged. If this is better than last semester then you made great progress!



GET SOME INSIGHT

Bear in mind that as you move forward with your goal you may have to adjust it to fit your specific need/learning style. This is good! The more you learn about yourself now, the better chance you will have at success later.

- <https://discpersonalitytesting.com/> - select the “free” option
- <https://discpersonalitytesting.com/free-disc-test/>

These personality test are not set in stone. If you see something you want to change make that another goal! If you see something you don't agree with “stick it on the shelf” and maybe consider it later.

