



Fall Ready Menu

 October 4th @ 10:30am 

 October 11th @ 5:30pm 

- Fall Salad with Fig Balsamic Dressing and Quinoa Brittle
- Carrot and Coriander Soup
- Flourless Peanut Butter Cookies
- "Skinny" Apple Fizz
- AND your very own copy of my brand new cookbook ***Everything but the Kitchen Dink: A Mediterranean Lifestyle Cookbook for Pickleball Enthusiasts***