



KONTAKT

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ÜBER MICH

Ich bin Zukunftsgestalterin in den Bereichen Leadership & kulturelle Transformation. Mit einem Hintergrund in Psychologie, Wirtschaft sowie langjähriger Führungs- & Beratungserfahrung begleite ich Menschen & Organisationen im Wandel.

Meine Überzeugung: Nachhaltige Veränderung beginnt bei uns selbst. Neugierig und offen verfolge ich das Ziel, Potenziale zu entfalten und neue Wege zu ermöglichen.

Sympathisch, motivierend und klar in der Haltung: So arbeite ich, so verstehe ich wirksames Handeln.

SPRACHEN

- Deutsch (Muttersprache)
- Englisch (Fließend)

ENGAGEMENT

- Seit 2023 Inner Development Goals Hub Munich
- Seit 2018 Frauen in der Immobilienwirtschaft e.V.

FOKUS & PROJEKTE (AUSZUG)

Fokus: Leadership Design & Development, Teamentwicklung & Inner Development, Strategie- & Geschäftsmodellentwicklung, Change Management, Systemisches Coaching

Projekte: Konzeption & Durchführung diverser Leadership- & Team-Development-Programme; Transformationsbegleitung bei der Einführung neuer Kollaborationsmodelle; Change Lead in M&A-Projekten

BERUFLICHE STATIONEN

- | | |
|-----------|---|
| Seit 2024 | Gründerin Build.Connect.Grow. - Strategische Beraterin, Business Coach, Trainerin & Speaker |
| Seit 2024 | Co-Gründerin (r)e:Lead - Self-Leadership-Programme (revolutionary-leadership.com) |
| 2022-2023 | Senior Managerin Real Estate Transformation & Strategy, Deloitte Consulting GmbH |
| 2015-2021 | Prokuristin & Leitung Portfoliomanagement Immobilien, LHI KVG mbH |
| 2011-2015 | Diverse (Führungs-)Funktionen im Asset Management, LHI Group |

WEITERBILDUNG

- Mindfulness & Resilience at Work (Berkeley University), 2025
- Hypnosystemische Grundausbildung (Gunther Schmidt), 2024
- Profile Dynamics Coach (Profile Dynamics Deutschland), 2024
- Climate Fresk Facilitator (La Fresque du Climat), 2024
- Business Facilitator (Competence on Top), 2024
- Change Managerin (Competence on Top), 2023
- Diverse Leadership- & Kommunikationstrainings, 2014-2020

AUSBILDUNG

- Systemischer Business Coach (Kröber Akademie), 2021-2022
- M. Sc. Wirtschaftspsychologin (FOM Hochschule), 2019-2021
- Immobilienökonomin (IREBS Immobilienakademie), 2012-2013
- Diplom-Betriebswirtin (Universität Regensburg), 2004-2010

REFERENZEN(AUSZUG)



Build.
Connect.
Grow.

CHRISTINA KOCH

"WHEN PEOPLE THRIVE, BUSINESSES TRANSFORM."



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ABOUT ME

I am a future shaper in the areas of leadership & cultural transformation. With a background in psychology, business and many years of leadership and consulting experience, I guide people and organisations through change.

My conviction: Sustainable change starts with ourselves. Curious and open-minded, my goal is to unleash potential and open up new paths.

I am personable, motivating and clear in my approach: this is how I work and how I understand effective action.

LANGUAGES

- German (native)
- English (fluent)

ENGAGEMENT

- Since 2023 Inner Development Goals Hub Munich
- Since 2018 Frauen in der Immobilienwirtschaft e.V.

KEY AREAS & PROJECTS (SELECTION)

Key areas: Leadership Design & Development, Team Development & Inner Development, Strategy & Business Model Innovation, Change Management, Systemic Coaching

Projects: Designing and delivering various leadership & team development programmes; Supporting cultural transformation and new collaboration models; Leading change management in M&A projects

CAREER HISTORY

- | | |
|------------|---|
| Since 2024 | Founder Build.Connect.Grow. – Strategic Consultant, Business Coach, Trainer & Speaker |
| Since 2024 | Co-Founder (r)e:Lead – Self-Leadership Programmes (revolutionary-leadership.com) |
| 2022-2023 | Senior Manager, Real Estate Transformation & Strategy, Deloitte Consulting GmbH |
| 2015-2021 | Authorised Signatory & Head of Real Estate Portfolio Management, LHI KVG mbH |
| 2011-2015 | Various (Leadership) Positions in Asset Management, LHI Group |

FURTHER TRAININGS & CERTIFICATIONS

- Mindfulness & Resilience at Work (UC Berkeley), 2025
- Hypnosystemic Fundamentals (Gunther Schmidt), 2024
- Certified Profile Dynamics Coach (Profile Dynamics Deutschland), 2024
- Climate Fresk Facilitator (La Fresque du Climat), 2024
- Business Facilitator (Competence on Top), 2024
- Change Manager (Competence on Top), 2023
- Various Leadership & Communication Trainings, 2014–2020

EDUCATION

- Systemic Business Coach (Kröber Akademie), 2021–2022
- M.Sc. Business Psychology (FOM University of Applied Sciences), 2019–2021
- Real Estate Economist (IREBS Real Estate Academy), 2012–2013
- Diplom-Business Economist (University of Regensburg), 2004–2010

REFERENCES (SELECTION)

