

Benefits*

- Supports density and strength of bones and teeth
- Immune system function
- Supports heart and artery health and function
- Health and maintenance of skin, hair, and nails
- May assist eyesight, including color vision and night vision
- Thyroid gland function
- Antioxidant activity against free radicals
- May support those with difficulty absorbing fat-soluble vitamins

Highlights

- Supplies vitamin D as cholecalciferol (D3), the same type of vitamin D made in the skin from sun exposure
- Provides preformed vitamin A as retinyl palmitate, a readily usable form in the body
- Offers multipronged vitamin K support, including K1 (phytonadione) and K2 (menaquinone-4 or MK-4), plus geranylgeraniol (oG), which is a building block of K2
- Includes vitamin E isomers as delta and gamma tocotrienols, which are naturally derived



Recommended Use: Take one softgel per day or as directed by your health care practitioner.

Warning: Vitamin K may adversely interact with anticoagulation drugs known as blood thinners. Consult your health care practitioner before using this product if you are taking Coumadin, warfarin, or any other anticoagulant medications.

Consult with your health care practitioner about your specific circumstances and any questions you may have about this product. *These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.