

AKOMA

♡ HEALING + CONSULTATION ♡

community care

Group Guidelines & Expectations

Name:

Date:

Phone Number:

Email Address:

Please review the following group expectations:

Confidentiality: What is said in group, stays in group. We ask that there is no communication amongst participants outside of group during the duration of group to prevent discussions outside of space.

Respect: Akoma Healing & Consultation does not discriminate based on identities including but not limited to race, ethnicity, gender, sexual orientation, religion, and ability. We ask that participants show mutual respect by honoring pronouns and refraining from slurs and insults related to identity.

Communication: Please refrain from cross talk. We want to hear what everyone has to share. You may be asked to hold a thought or jot it down for later so that we may continue with the curriculum as scheduled.

Attendance: We ask that participants appear on time for group therapy. We offer a 10 minute grace period for unexpected delays. If there is a conflict with attendance, please communicate with group facilitators so that we are aware of your needs. We ask that there are no more than two absences for the duration of the six week group. Please note that refunds will not be provided for missed sessions.

- I understand and agree to the terms of group therapy.
- I decline participation in group therapy. If checked, explain:

Participant Signature:

Date:

Therapist Signature:

Date: